## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## SENATE RESOLUTION

No.
73
Session of
2023

INTRODUCED BY SCHWANK, HUGHES, STREET, MARTIN, TARTAGLIONE, COMITTA, KEARNEY, SANTARSIERO, FONTANA, HAYWOOD, BARTOLOTTA, DILLON, BREWSTER AND COSTA, MARCH 15, 2023

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, MARCH 15, 2023

## A RESOLUTION

Recognizing the month of March 2023 as "National Nutrition Month®" in Pennsylvania.

WHEREAS, "National Nutrition Month®" is a nutrition education and information campaign created by the Academy of Nutrition and Dietetics to focus attention on the importance of making informed food and nutrition choices and developing sound eating and physical activity habits; and

WHEREAS, The theme for 2023 "National Nutrition Month®" is "Fuel for the Future"; and

WHEREAS, The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals with more than 100,000 credentialed practitioners; and

WHEREAS, The majority of the Academy of Nutrition and Dietetics' members are Registered Dietitians, Registered Dietitian Nutritionists or Registered Dietetic Technicians; and WHEREAS, Food is the substance by which life is sustained and celebrating flavors from cultures around the world is a tasty
way to nourish ourselves and appreciate our diversity; and WHEREAS, The type, quality and amount of food that an individual consumes each day plays a vital role in overall health and physical fitness; and

WHEREAS, There is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; therefore be it

RESOLVED, That the Senate recognize the month of March 2023 as "National Nutrition Month®" in Pennsylvania; and be it further

RESOLVED, That all Pennsylvanians be encouraged to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for today and tomorrow.

