

HOUSE OF REPRESENTATIVES
COMMONWEALTH OF PENNSYLVANIA

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Prison Health Care

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HOUSE HEALTH AND WELFARE
and JUDICIARY COMMITTEES

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Philadelphia City Hall
City Council Chambers
Broad and Market Streets
Philadelphia, Pennsylvania

Friday, April 23, 1993 - 10:15 a.m.

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BEFORE:

Honorable David P. Richardson, Chairman
Honorable Sabetta Josephs
Honorable Harold James
Honorable Kathy M. Manderino

KEY REPORTERS
149 East Market Street, York, PA 17401
(717) 854-0199 - (YORK)

ALSO PRESENT:

**Phillip Parrish, Majority Executive Director
Health & Welfare Committee**

Jawal Boyd, Majority Research Analyst

John O'Connell, Minority Research Analyst

**David Krantz, Executive Director
Judiciary Committee**

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MR. CHAIRMAN: Good morning. Let me call the House Health and Welfare and House Judiciary Committee public meeting to order. This is a continuation from yesterday where we left Graterford Correctional Institution where we did hear testimony from those individuals who were inmates in the institution, and today we're going to hear from officials and other individuals across the City of Philadelphia dealing with prison health care.

I would like to call this hearing to order. I would like at this time to introduce the Health and Welfare Committee members and staff that are present and also other members of the Judiciary Committee that are here in extenso. The chairperson of the Judiciary Committee Representative Thomas Caltagirone, who will not be here. He did have a doctor's appointment and told us yesterday he had to leave for that and if he was not able to get back today it was because of that. I want to recognize our chairman.

To my left is Representative Babette Josephs, whose district we are in, and also a member of the House Health and Welfare Committee

1 and Judiciary Committee and the Appropriations
2 Committee and Insurance. And to her left,
3 Representative Kathy Manderino, member of the
4 Judiciary Committee and Urban Affairs Committee
5 and Tourism for the Commonwealth of Pennsylvania
6 and also was present with us yesterday.

7 Mr. Phil Parrish, executive director of
8 the House Health and Welfare Committee, and
9 Mr. David Krantz is the executive director of
10 the House Judiciary Committee. To the right of
11 Mr. Parrish, Mr. Jawal Boyd, who is the
12 legislative assistant and also research analyst
13 for Health and Welfare Committee.

14 Mr. Sam McClay is here from the
15 Department of Health for the Commonwealth of
16 Pennsylvania sitting to our right. Mr. David
17 Yurky, who has spent a lot of time in helping to
18 prepare this hearing for us on health care,
19 activist, and also a volunteer staff person for
20 our office. We appreciate his efforts in
21 helping to pull together these hearings. He has
22 spent a lot of time and research hours putting
23 together this hearing.

24 For too many, the issue of how a person
25 received health care once they enter the

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correctional institution here in Pennsylvania was a topic of general discussion. In fact, there seems to be an unwritten concept among the public that once a person is incarcerated they deserve the very worst treatment.

The purpose of this hearing is to hear testimony and have dialogue about the state of our health care delivery system as it relates to the Pennsylvania correctional system. We realize that there are some problems in that health care delivery system. We recognize that some of the problems have to do with overcrowding and recruiting health care providers. We also realize that other major problems are fragmented health care system for our correctional institutions and the lack of clinical leadership. One of my major concerns is how do we address the need for some coordination between the Department of Health, Department of Corrections regarding the provision of health care to the residents of these institutions?

In 1991, the juvenile and criminal justice international consulting service did a survey of three of the correctional institutions

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in Pennsylvania. The recommendations made by this group would seem to have provided a guiding arm for how to improve our health care delivery system.

Another major concern is how do we integrate the health care needs of those who are incarcerated with the needs of those who are not incarcerated, but who have serious problems receiving health care services.

We must also realize that the issue of violence translates into a health care issue and afterwards can result in institutionalization. Most people have a hard time making the connection between the two. Let me give an example of what I am talking about. If a person has a bad encounter with a law enforcement officer and an altercation takes place, who pays for the medical treatment of the person who shows up in a trauma center or emergency room? In most cases, the hospital may have to eat the cost or pass the cost on to those who have the ability to pay. Another example would be if a person has an altercation while incarcerated how can we assure quality care is provided expeditiously.

1 The whole issue of screening,
2 diagnosis, and treatment of those with special
3 needs, such as HIV, AIDS, or TB is also major
4 areas of concern. Such cases may be first
5 indicators of a major health problem within the
6 system.

7 In closing, there are several issues
8 that are major concerns of this committee and to
9 the Judiciary Committee. Some of them I have
10 outlined in this statement, -but there are two
11 that I purposely left for last; they are
12 availability and training. I am very concerned
13 that there may not be adequate medical staff to
14 see and treat those who are really sick. And I
15 am equally concerned that the training of some
16 of our mid-level professionals need to be
17 upgraded so that they can provide better
18 treatment.

19 We want to hear your testimony and
20 begin to resolve these very serious problems.

21 I want to say that we want to also
22 thank Councilman John Street, president of city
23 council, and the city council staff and the
24 members of city council for the use of the city
25 council chambers here today. We are most

2 1 appreciative to be able to be here.

2 I would now ask whether or not there is
3 an opening statement. Representative Sabelle
4 Josephs.

5 REPRESENTATIVE JOSEPHS: Not at this
6 moment.

7 MR. CHAIRMAN: Representative
8 Manderino.

9 REPRESENTATIVE MANDERINO: No. I'll
10 pass.

11 MR. CHAIRMAN: We'll now start with
12 the -- I understand that there was an accident
13 with Dr. Chu Chu Sanders' son and that she is
14 going to testify this afternoon. We'll then
15 proceed with Scott Burris, Temple University
16 School of Law.

17 Do you have written testimony? You
18 don't have written testimony for the members?

19 MR. BURRIS: I only have the one copy.
20 I'll use it first.

21 MR. CHAIRMAN: Why don't you identify
22 yourself for the record then, sir, and then you
23 may proceed.

24 MR. BURRIS: I'm Scott Burris, I am on
25 the faculty of Temple Law School, I'm also

2 1 counsel of the AIDS and Civil Liberties project
2 of the American Civil Liberties Union in
3 Pennsylvania, and I'm a member of the AIDS
4 Coalition on prisons in jail, a relevant
5 organization of actions interested in improving
6 the treatment of HIV in Pennsylvania's prisons
7 and jails. I am the author of two books on AIDS
8 in the law and public health law.

9 As a litigator, I have been involved in
10 litigation against Delaware County Prison which
11 resulted in the development of comprehensive
12 public health policy with respect to AIDS and
13 other communicable diseases. I'm also one of
14 the attorneys involved in the case of Austin
15 against Pennsylvania Department of Corrections,
16 which is a comprehensive initiative confinement
17 lawsuit brought by the ACLU International Prison
18 Project, Institutional Law Project, and others
19 against the Department of Corrections. I'm
20 principally involved in the AIDS and public
21 health issues in that case.

22 What I'm going to talk about today,
23 however, is less litigation and how that can
24 affect prison health care and, in fact, less --
25 not the health care that is provided in prisons,

2 1 but how prisons fit into a sensible effective
2 public health scheme. My message is pretty
3 simple.

4 If you just took down the prison walls
5 and ignored the bars and just looked at prisons
6 as little communities, little towns and cities
7 and you looked at the health conditions and the
8 population of that city and town, each prison,
9 you would immediately identify those prisons as
10 high risk areas as communities that had profound
11 public health needs that had needs for
12 prevention, intervention, that had need for
13 diagnostic interventions, counseling, testing,
14 had need for major education initiatives, drug
15 treatment, things that could reduce the kind of
16 conditions and behaviors that we can develop.
17 You do that long before you thought about how
18 many doctors they had.

19 The fact is in the outside world the
20 best way to have a healthy population is to
21 prevent people from getting sick in the first
22 place. That's something we just haven't done
23 with our prison population and we need very much
24 to do.

25 Let me just explain why that is so.

2 1 Prisons serve to distill at-risk communities
2 into hyper at-risk communities. All the
3 conditions that make people sick are more
4 present among those who are likely to go to
5 prison. The population that is at risk for
6 going to prisons is also generally the
7 population at highest risk for being sick.

3 8 Disease in this society is not spread
9 demographically. The poorer you are and darker
10 you are, the more likely you are to be sick.
11 Similarly, the poorer and darker you are, the
12 more likely you are to be going to prison. That
13 combination leaves the prisons end up holding a
14 lot of the people that is most important to
15 reach from a public health point of view.

16 For example, sexually transmitted
17 diseases are strikingly more prevalent among
18 minority populations in the United States than
19 among non-Hispanic white majority populations.
20 African-Americans, who make up less than 12
21 percent of the population, suffered 76 percent
22 of the reported syphilis cases and 78 percent of
23 reported gonorrhea cases. Hispanics, who make
24 up about 6-1/2 percent of the population,
25 accounted for 12 percent of the syphilis cases

3 1 and 5 percent of the gonorrhoea cases. The
2 prevalence of syphilis was 4.1 per hundred
3 thousand for people with annual incomes less
4 than 6,000, and almost four times less than for
5 people with annual incomes of more than 15,000.
6 The more likely you are -- The poorer you are,
7 the more likely you are to be exposed to any of
8 these diseases. The darker you are, the more
9 likely to be exposed to one of these diseases.

10 It's also true of tuberculosis.
11 Tuberculosis is substantially a disease that is
12 spreading among people of color, particularly
13 poor people of color. In 1990 almost 70 percent
14 of all TB cases occurred among racial and ethnic
15 minorities. Even more disturbing is I think the
16 finding that 86 percent of all cases among
17 children occur in minority groups. By contrast
18 non-Hispanic whites account for only 30 percent
19 of reported TB cases in 1990.

20 AIDS, of course, which came to notice
21 in this country as a quote, gay plague, unquote
22 has now become predominantly a disease of the
23 poor people, poor people of color. 74 percent
24 of the 18,000 women diagnosed with AIDS as of
25 mid 1991 were non-white, primarily

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1 African-American and Latino.

2 By 1988, you want to look at the time
3 when the change really started to become clear.
4 The cumulative number of cases per hundred
5 thousand appear to be three and one half times
6 higher among black men, two and a half times
7 higher among Latino men, 14 times higher among
8 black women than their non-Hispanic white
9 counterpart.

10 Now, if black people, Hispanic people,
11 poor people are more likely to get sick, they
12 are also much more likely than other people to
13 go to prison. The demographics of drug use are
14 a big part of this, and I should say the
15 demographics of drug use as it is punished. We
16 have to recognize that it is much more likely as
17 a drug user to go to prison if you are black or
18 Hispanic than if you are white, if you are inner
19 city as opposed to being urban. Most of the
20 drug use in this country takes place among
21 people who are non-urban whites. Most of the
22 incarceration for drug use is among urban
23 blacks. That's an anomaly, shall we say, of our
24 justice system, but it is a big impact of who
25 ends up in prison.

3 1 Only 1.6 percent of the white
2 population is in custody or under correctional
3 supervision by probation or parole, 7.2 percent
4 of the black population. If you look at some of
5 our worst hardest hit cities. The well-known
6 publicized report of the National Center on
7 Institution as Alternatives found that on any
8 given day in Washington, D.C., 40 percent of
9 young black males were involved with criminal
10 justice system, and it's 70 percent of the black
11 men in Columbia have been arrested by the time
12 they turn 35. The most recent data indicates
13 that less than half of the total state and
14 prison population is white, non-Hispanic, with
15 blacks constituting over 47 percent of the
16 population behind bars. In state prisons,
17 prisoners, black-prisoners exceed the number of
18 white prisoners.

19 Drug use is a big factor in leading to
20 incarceration. The Department of Justice
21 reports that well over half of all jail inmates
22 had used a major illegal drug prior to
23 incarceration. Over 13 percent of all those
24 jailed committed their offense to obtain money
25 for drugs. Nearly 80 percent had previously

4 1 used some illicit drug, such as marijuana.
2 Between one-quarter and one-half of the jailed
3 inmates were daily users of at least one drug
4 prior to committing their offense and merely
5 one-third were under the influence at the time
6 of the arrest. In major urban centers, like
7 Philadelphia, nearly 70 percent of all arrestees
8 tested positive for one or more drugs. It's
9 estimated by 1995, 70 percent of all federal
10 prisoners will be drug offenders.

11 This means that we have in prisons a
12 lot of diseases that poor people get. If you
13 were to, as I said before, to look for a
14 community that you want to intervene with or you
15 want to have public health money being spent and
16 public health officials doing their work, you
17 look at places like Graterford Prison or any of
18 the Philadelphia jails or Dauphin County jail or
19 Centre County jail. You say, what we need to do
20 is reach that population. After all, we know
21 where they are. When a drug user is out on the
22 street, that drug user may be very hard to reach
23 with information about safe drug use or safe
24 sex. That drug user may be under the influence.
25 In prisons, that drug user is located in a fixed

4 1 situation, hopefully not having too frequent
2 access to drugs. That's the time to reach that
3 person.

4 Most people who go to prison or jail
5 don't stay there all their lives. They are in
6 there for a while, they are back in the
7 community. They are part of the community from
8 which they came and to which they will return.
9 So any health problems that they have, any
10 health threats that they face are part of the
11 health threats of the community that they
12 started with.

13 Unfortunately, we have a mentality and
14 a bureaucracy developed that puts prisons
15 separate from everything else. You have a
16 health department that does health intervention,
17 only rarely and only to a small extent does that
18 health department go into the prisons and treat
19 community prisons like communities that need
20 health intervention. The funding streams are
21 different. The concerns are different.

22 As we've seen throughout the state and
23 throughout every state in this country, prison
24 officials may often grudgingly be brought to
25 provide medical care. They are not public

4 1 health figures, they are not public health
2 officials. Their job is not to improve the
3 health of the prison community or, for that
4 matter, by improving the health of the prison
5 community to improve health in the community to
6 which the prisoners will return. That's a
7 health department function.

8 What I'm recommending to the committee,
9 urging you very strongly to investigate breaking
10 down the walls between health work and prison
11 work. I'm suggesting that you fund and help
12 develop programs that make prison's key points
13 for public health intervention. That means key
14 places for AIDS testing and education. It means
15 key points for identifying people with TB and
16 treating TB. It means key points for providing
17 drug treatment. You're going to hear that again
18 and again. Among other things, drug use is a
19 major public health problem that feeds other
20 major health problems.

21 Prisons have got to become a place
22 where that public health problem is addressed.
23 You've got to see prisons as opportunity to
24 provide care that you can't efficiently provide
25 anywhere else. You got to see prisons as a

4 1 place to help change people's behavior, so that
2 when they get out of prison they are healthier
3 and their behavior will pose less of a threat to
4 themselves and others.

5 Better prison health care is an
6 important part of this. It's true. Certainly
7 when we're talking about TB, which is very
8 difficult to identify and to treat in many
9 cases, especially among people who are
10 marginally on society. At least in prison, they
11 have a home over their head, they have three
12 square meals provided, and they can be locked
13 into a good health care pattern for a while
14 before they leave. But I think to focus only on
15 health care and to forget the fact that public
16 health depends on not getting sick in the first
17 place is to miss a major opportunity.

18 I encourage you to call upon the Health
19 Department to put people into every prison in
20 this state, not just the state prisons, even
5 21 more important or just important to put them
22 into county prisons. This happens on a limited
23 extent. Some prisons we find public health
24 nurses. There's been a pilot program to have
25 Department of Health train people to do HIV

5 1 testing in a couple of the prisons in the state
2 2 system. What you don't have is a comprehensive
3 3 system that says there will be a branch of a
4 4 Department of Health in every prison, there will
5 5 be a public health nurse or a public health team
6 6 going into every county prison and provide
7 7 services.

8 Also, an important thing that you can
9 9 do is to provide funding and to help break down
10 10 barriers that prevent community-based
11 11 organizations that do health work in the
12 12 communities from expanding their work into the
13 13 prisons in their community. This again happens
14 14 in some counties. For example, in Delaware
15 15 County, Pin Free, the Grant Program, the Ches
16 16 Plan, employees of Delaware County Prison
17 17 providing education and testing services and
18 18 helping to ease the transition from prison back
19 19 into the community when HIVs were being
20 20 released, but that depended entirely on Pin
21 21 Free. It is only happening because of the pot
22 22 of money got devoted to that purpose.

23 Furthermore, there is considerable
24 24 resistance among some prison officials from
25 25 working with people from the Health Department

5 1 or people from community-based organizations.
2 So that this resource that's there, people who
3 are trained to provide these services are not
4 able to get into the prisons to do the work.
5 Again, this requires leadership pressed from
6 funding from the top from Harrisburg, from the
7 legislature to help create programs that will
8 allow available services in the community to
9 reach into prisons.

10 I think if you can do this, you're
11 going to have two positive impacts. First of
12 all, you're going to help prevent ill health in
13 prisons, which will to some degree reduce the
14 pressure of the strain medical services inside
15 the prison. But even more importantly, you're
16 going to help the health of the community to
17 which the prisoner will return. You will have
18 prisoners leaving prisons detox with some handle
19 on the drug use with much better understanding
20 of their risks for HIV or other diseases and,
21 you know, while we're at it, maybe some job
22 skills and some hope for the future to help keep
23 good behavioral lessons learned being applied.
24 Thanks very much.

25 MR. CHAIRMAN: Thank you very much for

5 1 your testimony. The Chair now recognizes
2 Representative Josephs for questions.

3 REPRESENTATIVE JOSEPHS: I guess I
4 really don't have a question at the moment, but
5 I know where to reach you. I think your idea is
6 just very sensible and stunning in its
7 simplicity. I would like to be able to help in
8 some of my capacities in Harrisburg to see some
9 of that happening.

10 While I have the mike, I want to thank
11 the Chairman of this committee and Judiciary
12 Committee for holding these hearings. I think
13 they are very important. I thank you for the
14 opportunity to hear these witnesses and discuss
15 these problems. Thank you, Mr. Chairman.

16 MR. CHAIRMAN: Thank you very much.
17 Chair recognizes Representative Kathy Manderino.

18 REPRESENTATIVE MANDERINO: Thank you,
19 Mr. Chairman. Mr. Burris, you raised a lot of
20 really interesting points, particularly in light
21 of our tour yesterday at Graterford Prison. If
22 you would to help me and maybe other members of
23 the panel by way of maybe giving a little bit
24 more detailed explanation, could you expound a
25 little bit on your either observations or the

5 1 things that led you to the conclusion that there
2 is resistance from within the correctional
3 community to cooperate with the Health
4 Department, other public health officials, and
5 other possibility of community-based
6 organizational involvement?

7 MR. BURRIS: Sure. I think that one I
8 can refer you to is in my written testimony for
9 some interesting general studies of prison
10 administration and problems of how you bring
11 about change from the outside in prisons. But
12 I'll give you some personal experience on prison
13 and jails in Pennsylvania from my work as a
14 member of the AIDS Coalition and former member
15 of the Department of Health and Private Sector
16 Joint AIDS Task Force.

17 On the county level, the AIDS Coalition
18 of prisons and jails has over the last six years
19 done a three-statewide studies of county jail
20 policies and practices with respect to AIDS. In
21 the course of doing that, we have enacted all
22 the local community-based AIDS health
23 organizations in Pennsylvania and talked to them
24 about their experiences working in the prisons.

25 What both, county and state, what we

6 1 found is a real patchwork. There is a tendency
2 among prison officials whose job is custody and
3 control to see everything through that lens.
4 Outsiders can be threatening on security ground.
5 It is an unnecessary bringing in of people who
6 don't need to be there.

7 Of course, there is also the problem in
8 dealing with AIDS or health care management
9 generally that there may be some concern about
10 the public learning, what is going on in the
11 prison. Last, the worst conditions in prison,
12 the more that they need the education and other
13 interventions that outsiders can bring in, the
14 greater the resistance to bringing in outsiders.
15 Of course, outsiders is going to agree to report
16 to everybody in the world. If conditions are
17 bad, that's going to be embarrassing. I think
18 we get some resistance on that level.

19 If we look at the specifics, we've had
20 excellent intervention in Reading, Berks County,
21 a lot of work is done, work done by Berks
22 County. Testing and providing other assistance
23 really helped the prisoners get the medications.
24 In fact, there was a big flurry a couple years
25 ago when several prisoners with HIV were

6 1 transferred to Graterford and just went through
2 the roof because they had such good care with
3 their certain partnership of prison health care
4 and services, such an awareness of what they
5 needed, when they got to a place where those
6 services weren't available, there was some deep
7 shock in their fear.

8 So I think there are some success
9 stories. Certainly in Philadelphia you have a
10 model program having the Health Department
11 actually having employees inside the prison who
12 are free to move through the prison by
13 education. Having testing programs built right
14 into the prison for HIVs. That's quite, as I
15 say, unusual across the country as a model.

16 On the other hand, I dealt with some
17 communities where the word is simply we won't
18 let you in. Some of the state prisons where
19 community-based organizations have tried to get
20 in. For example, one of the strategies for
21 keeping people out is require that any health
22 worker goes in be on a prisoner's visiting list.
23 You have to find people who will put you on the
24 list. You can only see that prisoner. If
25 you're on that prisoner's list, you can't get on

6 1 anybody else's list. If you are on that
2 prisoner's list, you can't come more than once.
3 That effectively prevents anyone from ever
4 getting in on a reasonable basis.

5 So what I think as a coalition come to
6 the conclusion, there was also the joint DOC,
7 DOH task force and outside people in with the
8 Department of Corrections and Department of
9 Health and help on cooperation. What we found
10 there is the sheer brick wall of prison
11 bureaucracy, and the weight of prison
12 bureaucracy was such that it was taking, you
13 know, two years to implement a simple testing
14 program in two prisons. I mean it's a good
15 program, good idea, people were, I think,
16 sincerely interested in seeing it carried out.
17 But at that rate, we would be somewhere around
18 the Year 2000 before testing would be available
19 for every Department of Corrections in prisons.
20 Since they are building so fast, we might never
21 catch up.

22 I think it has to do with the fact that
23 inevitably for correctional people health is a
24 low priority. What I'm going to be asking for,
25 really urging from people is health is a high .

6 1 priority, health officials and community health
2 workers be allowed to get into prisons to do the
3 work that is so important to them. We don't
4 actually place it on the shoulders of prison
5 officials, who are not trained to do it. They
6 have enough to worry about. I'm really not
7 saying that prison officials should become
8 public health workers. I think I'm saying
9 prison officials should get out of the way, they
10 should see a niche for outside health people in
11 prison health and public health and allowing
12 those people to do their work.

13 REPRESENTATIVE MANDERINO: One other
14 question, perhaps this is somewhat not
15 necessarily for this. I would like your
7 16 observations on the record. This is part of the
17 larger scheme on our health care dollars in the
18 Commonwealth and how everyone's health needs fit
19 into the picture with regard to adequate health
20 care.

21 One of the observations or myths, I
22 think, that often I hear from the general public
23 is that while the average working person is
24 struggling to meet their health care needs,
25 people who are incarcerated get free health care

7 1 and have everything taken care of. I wonder if
2 you had any observations on that kind of
3 dichotomy or that general theory.

4 MR. BURRIS: Well, there is an irony
5 here. Because of the 8th amendment, government
6 cannot deprive prisoners of medically necessary
7 treatment. The level of treatment that's
8 required by the 8th amendment is going to be
9 very low. Nevertheless, it means in some sense
10 prisoners are the only people in this country
11 that have a constitutional right to health care.

12 I'm taking it a step higher, though,
13 and say this, that one of the myths that's going
14 on now broadly in our land as we talk about how
15 to redistribute the \$900 billion we spend each
16 year on health care is the myth that access to
17 health care is the same thing as health. Access
18 to health care is not the same thing as health.
19 In fact, health depends on many factors other
20 than your health care. The most important
21 factors are access to decent food and living
22 conditions, access to clean and sanitary
23 workplaces and so on, and freedom from the kind
24 of desperate want that just drives people down
25 into a state of ill health.

7 1 The record, the pictorial record as to
2 the importance of improvement in the living
3 conditions in improving our health in the last
4 couple of years is just inconvertible. The
5 problem with this myth is that it makes us
6 concentrate on the end product of sickness when
7 someone finally shows up and wants to go to the
8 doctor. We will always have more sick people
9 than care to provide. I don't care how you redo
10 the system. If you concentrate on treating
11 sickness once it's occurred, you're always going
12 to be behind the ball.

13 The key to my saying is the insight of
14 what is considered in one of the health circles
15 and guided public health in the last hundred
16 years is the best way to keep people healthy is
17 to stop them from getting sick in the first
18 place.

19 We're really concerned about stopping
20 TB, for example. We can't just treat the people
21 when they are getting it. We have to look at
22 the fact that TB is spreading now the same
23 reasons that it spread in 1920, because there is
24 too many people that live in dreadful conditions
25 who aren't properly nourished, who don't have

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1 jobs, who don't have any reason to go to the
2 doctor. TB is a disease of poverty,
3 hopelessness, and poor living conditions. It's
4 not a disease of the TB bacillus. There will
5 always be plenty of bacilli. If we really want
6 to stop TB here, constrict the supply of life as
7 it is today.

8 So I think here when we talk about
9 prisons, it's very much a social issue, as well
10 as a medical issue. There are too many poor,
11 drug using, hopeless, undernourished people
12 waiting to get sick. It's really hard on the
13 public health program to help those people stop
14 being drug users, help them stop being poor,
15 help them get into jobs, get into homes, roof
16 over their head, help them get three square
17 meals a day. Those people would be a lot less
18 likely to get sick and less likely to need
19 doctors.

20 Prisons have become a big housing
21 program for us. They become the place we send
22 people we can't treat anywhere else. Yes,
23 medical care, it's absolutely essentially. It
24 also helps them stop being so poor, help stop
25 them being so desperate, help them stop being so

7 1 deprived so that they can be strong and healthy
2 enough to resist the source of ill health,
3 engage in behaviors that are safe rather than
4 behaviors that are dangerous.

5 REPRESENTATIVE MANDERINO: Thank you.

6 MR. CHAIRMAN: Recognize the presence
7 of Representative Harold James, who is member of
8 both the House Health and Welfare Committee and
9 also the House Judiciary Committee, serving as
10 subcommittee chairman on Corrections and also
11 serves as the subcommittee chairperson on
12 African-American and Minority Rural Health Care
13 issues for that committee.

14 Chair would like to recognize
15 Representative James for any questions.

8 16 REPRESENTATIVE JAMES: Thank you,
17 Mr. Chairman. I just have one question. If a
18 prison official or correctional official was to
19 say to you that there are no cases in TB in the
20 institution, what would be your response?

21 MR. BURRIS: Well, I think it's
22 conceivably true. I know that there is a
23 terrible undercounting of HIV cases in our
24 correctional system. With TB, we know there
25 have been lots of people exposed. They could .

8 1 easily have been exposed outside. Since the
2 Austin preliminary injunction was granted last
3 fall, there have been a consistent attempt to
4 try and impose what is a good system of TB
5 control in the Department of Corrections. I
6 can't say at this point how successful it's been
7 imposed. Assuming that it has been carried out,
8 I think it's quite possible there are no cases
9 at the moment.

10 The TB epidemic is getting a lot of
11 media attention now. And it's certainly
12 something that has to be seriously worried
13 about. But it's still in the early stage. It's
14 still in some sense stoppable. Certainly in
15 Pennsylvania, we don't have the problem that
16 they have in New York, where it's really getting
17 to the point of being out of control.

18 The fact that they don't find any cases
19 today doesn't mean anything in severity of the
20 problem. Because TB is the kind of conditions
21 that people are leaving from the communities
22 when they go to prison are the kind of
23 conditions that can really cause TB to grow.
24 Furthermore, being in prisons, especially some
25 of our poorly ventilated prisons, some of our

8 1 dormitory type setting, are also prime places to
2 spread it once somebody has it. They may not
3 have it today, but they can have it tomorrow,
4 and day after tomorrow it can be a major
5 problem.

6 REPRESENTATIVE JAMES: Just so that I
7 can understand, because it brings me to another
8 follow-up question. If someone is exposed to
9 TB, is there a difference from someone being
10 exposed to TB and someone who has TB?

11 MR. BURRIS: I'm not a doctor, I'm only
12 a doctor of law. I know you can play one on TV.
13 My limited understanding is that there are --
14 people who are exposed but do not develop the
15 disease and then there are people who develop
16 the disease. In fact, one of the key factors in
17 terms of developing the disease is your overall
18 health. That's why TB is a double threat to
19 people with HIV. Not only are they more likely
20 to die if they develop it, but if they are
21 exposed they are more likely to develop it.

22 Anybody who would come from living out
23 on the street in the rain for the last year or
24 so may have enough of the compromise more likely
25 to develop once exposure occurs.

8

1 **REPRESENTATIVE JAMES:** With your
2 understanding as a doctor of law, so an official
3 can say I don't have no cases of TB, but that
4 does not mean that there are not cases of
5 someone that's exposed, and if someone is
6 exposed, are they on medicine, they are going to
7 have to take medicine?

8 **MR. BURRIS:** Again, as I understand,
9 people that have been exposed will have a
10 positive skin test, and there is prophylactic
11 treatment that can be given to prevent people
12 from developing active TB after they've been
13 exposed. That treatment, I believe, is
14 Department of Corrections new TB protocol, which
15 was imposed after the Austin decision last fall.
16 So that should be going around. As I say,
17 monitoring, testing, prophylactic treatment and
18 vigilance is crucial right now to prevent
19 ourselves from having a large outbreak of TB in
20 the Department of Corrections.

21 **REPRESENTATIVE JAMES:** Thank you.

22 **MR. CHAIRMAN:** The Chair would like to
23 recognize Mr. John O'Connell, who is the
24 legislative research analyst for the House
25 Health and Welfare Committee on the Republican

8 1 side, sitting to the right of Mr. Parrish.

2 Mr. Burris, let me ask you another
3 question. My concern is that we had had a
4 chance to visit Graterford yesterday, and it
5 seems to me that the Attorney General's Office
6 is very much concerned about the present lawsuit
7 being filed by the ACLU with respect to health
8 treatment and overall conditions that you
9 brought earlier in your testimony.

10 Can you give us some idea as to where
11 that lawsuit is now, if you have any information
12 on it, and do you believe that this is something
13 that will help correct the conditions inside the
14 institution as you see it now?

9 15 MR. BURRIS: The schedule is roughly as
16 follows, the discovery period, which has been
17 over a year now, ends in the middle of May.
18 There will be an opportunity for motions, such
19 as motion for summary judgment, in June. The
20 trial is scheduled to begin, I believe, in
21 September and could continue for as long as two
22 or three months, depending on what issues are
23 made for trial.

24 Of course, we do believe that this will
25 lead to a major improvement in conditions in the

9 1 Department of Corrections. Again, I think the
2 brunt of my testimony is to say that even if
3 there is good medical care provided through a
4 court order or otherwise, even if we start to
5 have enough room for all the inmates that we're
6 sticking in prison, even if, in fact, we start
7 to develop more alternatives to incarceration,
8 the task remains to stop seeing prisons as
9 different from communities and start to take the
10 next step of realizing that these are people who
11 need public health prevention and we need to
12 provide them consistent across the board, not
13 because it's a lawsuit, not because it's
14 required by a judge or even the constitution,
15 because it's the best thing, not only for
16 prisoners, but for the entire population of the
17 Commonwealth.

18 MR. CHAIRMAN: Let me ask this question
19 because that leads me to further development of
20 this area of questioning, that is, do you
21 believe that there is a psychological deficiency
22 with respect to those who work in the system who
23 truly believe that the persons that are
24 incarcerated are so low life that they don't
25 believe that they have to give every respect or

9 1 care to those individuals in the system?

2 MR. BURRIS: Well, yes, that's a
3 reprehensible view from a moral standpoint. I
4 think also it partakes a throw-away society
5 quality that we bring to this problem. We
6 cannot afford to throw human beings away, and we
7 can't use jails as garbage cans for human
8 beings. We have to start reclaiming, recycling
9 people that have gone backwards. We have to go
10 back to communities that are producing. So many
11 people who end up going to prisons and ask, wait
12 a minute, they can't all be bad apples, they
13 can't all be pathological killers. I mean, if
14 you have 70 percent of the population being
15 arrested before the age of 35, there's got to be
16 a social cause going here, folks. They not all
17 somehow just decided to be criminals.

18 What happens is you have a very unfair
19 society and you have a great deal of injustice
20 and you have the sources spread in a very uneven
21 way. We've got to learn a lesson the way to
22 give -- the way to have people behave the way
23 you want them to behave as good members of
24 society is to get them a stay, to give them a
25 new chance so they can play. It doesn't take

9 1 much... At this point we're not giving anything.
2 The health problem is they are making too many
3 poor desperate people in this country. We got
4 to stop making them.

5 MR. CHAIRMAN: We saw a gentlemen
6 yesterday that had a skin disorder and started
7 off very small in his joints and his arms and
8 legs, now spread all over his body. He has yet
9 to see, we were told, he was yet to see a
10 dermatologist to deal with this particular
11 problem. And since it spread all over his body
12 he may go down the sick hall two and three times
13 a week but he can see three or four different
14 doctors and never be given a diagnosis as to
15 what his actual problem is.

16 In cases like that, is there a better
17 way to handle the kind of sicknesses that do
18 exist where there is overt action that has not
19 been taken to give in these times of severe
20 health care problems that are pointed out that
21 we know that there is a grievance procedure, it
22 gets so comminuted with the long-needed process
23 that the inmate could continue to suffer
24 irreparable damage to their health unless they
25 fall down and have to be taken out on a

9 1 stretcher? What do you see as a kind of
2 molding, that type of health care that we
3 believe needs to be added to the health care
4 package that we're trying to put together for
10 5 the Commonwealth of Pennsylvania?

6 MR. BURRIS: Short-term things like
7 lawsuits can regress those problems to the
8 extent that they arise from chronic shortages of
9 qualified personnel.

10 MR. CHAIRMAN: Why do we always have to
11 go to lawsuits? I'm here to inform you that if
12 you look at me, you see I'm sick, and you
13 recognize that there is a problem, why do I have
14 to force a lawsuit to correct the inevitable? I
15 mean, it seems to me we go beyond the scope of
16 reasonableness, that we have to be forced by a
17 court of law to do what we should be doing in
18 the first place. That comes from the top.

19 MR. BURRIS: I agree with you. That's
20 why I said short-term. A word of caution here,
21 perhaps it's an analogy, you know, we haven't
22 really succeeded in finding a way through law to
23 eliminate medical malpractice. Only one in
24 eight who are actually the victims of medical
25 malpractice ever even sue. How do you have good

10

1 doctors on the outside? You have good doctors
2 on the outside in hospitals and in practices
3 where there is a culture of respect and concern
4 for the patient and ethic and professional
5 limits.

6 That's what we need in prisons. That's
7 all that would work. We have to have medical
8 providers and a system of health care and in
9 hospitals and prisons that throws away that idea
10 that you mentioned before, the prisoners aren't
11 worth anything. These prisoners who are
12 important, worthwhile people are as entitled as
13 any other patient to good care.

14 How did you get that, sir? Challenging
15 cultures requires about 50 things. It requires
16 prison administration Department of Corrections
17 that sets forth that as its ethic that embraces
18 and encourages and requires that kind of
19 behavior. It requires enough spending in
20 obtaining and training of personnel that you
21 have practitioners who are out of the caliber
22 and are being taken to handle those attitudes.
23 It requires an atmosphere in the practice in
24 which you're not expecting one doctor to look at
25 500 people trampling by the sick hall and make

10

1 an instant diagnosis. And as an attitude we
2 can't do everything, let's try and find the
3 worst.

4 Certainly you can't have the kinds of
5 limitations that often appear in prisons. We
6 can't send everybody to a specialist or even
7 send three people to a specialist a week or also
8 I think a limit of it. Overall, I think, we can
9 get a different set of doctors but it's not
10 going to change unless the expectations change
11 in every level.

12 MR. CHAIRMAN: One final question,
13 Mr. Burris, that is, that we were told yesterday
14 that there is a new concept coming from the
15 Department of Corrections dealing with
16 regionalism for letting RFPs for the purpose of
17 being able to deal with the health care delivery
18 system to the prisoners, it's going to be broken
19 down into central region, eastern region,
20 western region. 67 institutions each one of
21 those will probably allow the health care
22 provider or vendor to be able to deal with six
23 or seven prisoners as opposed to individualized
24 contracts for individual prisons as they are
25 done now.

10

1 What is your feeling on the
2 regionalization of the concept and you believe
3 that that is something that will work without
4 placing certain parameters at the level of at
5 least the RFPs before they are met?

6 MR. BURRIS: Regionalization in theory,
7 trying to at least reduce the number of
8 different contractors and concentrate their
9 territory makes some administrative sense. I
10 think the larger problem is whether or not
11 contract medical care is the way to go. What we
12 are talking about here is HMO, we're talking
13 about managed care. We are going to have, and
14 we know from the outside that some HMOs can be
15 really good. We also know that some HMOs can be
16 dreadful.

17 I think that if we are going to have
18 managed care in our prisons, we got to have some
19 sense that the HMOs we're contracting with are
20 really able to provide the care in a good way.
21 Track record is one thing. We don't have too
22 many HMOs of track record in the prison.

11

23 Are we going to let the same old people
24 continue to form their little companies and
25 contracts under another name or key players,

11

1 political connections that are sometimes
2 involved in these contracts? All those have to
3 give us cause as to whether or not the contract
4 process is looking at the right thing. I'm
5 doubtful, quite frankly, that the new system
6 will get us better HMOs. So I'm not sure the
7 regionalization will make any great difference.
8 The problem will be easier to identify.

9 MR. CHAIRMAN: Thank you very much. We
10 appreciate your testimony today, very valuable.
11 I'm sorry. Mr. Parrish.

12 MR. PARRISH: Thank you, Mr. Chairman.
13 Mr. Burris, I want to revisit your testimony for
14 a minute. A couple of observations that you
15 made that I would like to pursue with you. You
16 made first the observation that while there were
17 the consumption of drugs was one that was at
18 large, there were more drugs being consumed by
19 the non-African-American community than the
20 African-American community, but conversely, most
21 of the African-Americans who were in prison have
22 some trail of drug use.

23 It seems to me that one of the things
24 that is at the center of this is that drug use
25 is looked at as a judicial issue rather than

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1 looking at the cause of such drug use, as you
2 pointed out later in your testimony when you
3 spoke about economic deprivation and
4 hopelessness as part of your cause for drug use.

5 My question then is, do we need a
6 redefinition of drug use as a mental health
7 issue rather than a judicial issue.

8 MR. BURRIS: I think absolutely. I
9 would say partially mental health and physical
10 health. Addiction is physiologic. I don't
11 think we have to get into a fight over saying
12 whether drug use is an illness, somehow condones
13 drug use or supports drug use. There is no
14 particular evidence in that in so heavily drug
15 use.

16 Let's just talk to another practical
17 manner. We know we have to have prisons where
18 everybody tried to block out the war on drugs.
19 We can't afford to keep doing that. We know
20 we can't afford to keep people in essence on
21 prison welfare for the rest of their lives.
22 What we need to do is take people who are now
23 disabled for whatever reason and reenable them,
24 help them find their own way.

25 Drug use is an illness, at least gives

11

1 us the responsibility and the opportunity for a
2 cure. It's out there. Drug treatment works.
3 Studies for the last 20 years show that drug
4 treatment works. Drug treatment can very easily
5 be integrated in the criminal justice system
6 from arrest right through incarceration. It's
7 only a matter of will and money. And it will
8 work. We can guarantee it will reduce the
9 number of people who end up in prison, back to
10 prison, and staying in prison. It's not a
11 complete solution. It will go a long way.
12 Seeing drug use as a health matter is the first
13 step.

14 MR. PARRISH: Thank you very much.
15 Moving along to the comment you made about the
16 8th amendment and medically necessary treatment
17 for residents of our correctional institutions.
18 Is this an interpretation of the 8th amendment
19 that we can make reference to or is this a
20 personal interpretation?

21 MR. BURRIS: Well, the 8th amendment
22 has been interpreted by the Supreme Court as
23 cruel and unusual punishment. That's been
24 interpreted in the health care area in court to
25 serious medical needs.

11.

1 Now, there is two parts to that
2 definition of case law. One is the serious
3 medical need. That has been by the Supreme
4 Court. It doesn't mean just, and to lower
5 costs, it doesn't just mean life threatening
6 condition or very painful condition, it means
7 actual noticeable serious medical need.

8 Rar infections, lots of things that
9 cause serious discomfort and other complications
10 are serious medical needs. That I think was
11 fairly broad. The area we're running into
12 trouble now is the first part of that phrase
13 indifferent part.

12

14 Always it seems to suggest something
15 more than mere negligence. Malpractice was not
16 necessarily forbidden by the 8th amendment. It
17 was inadvertent. So you had really terrible
18 medical judgment being made. They would not
19 rise to an 8th amendment violation unless they
20 happened in such a pattern that it can be clear
21 that the prison officials were negligent to
22 serious medical needs.

23 In a recent case against Snyder, the
24 Supreme Court has injected further levels of
25 ambiguity in here, further weakened the

12

1 standards by saying the deliberate indifference
2 is a subjective standard. In other words, we
3 actually have to prove to get a violation, that
4 establishes violation that the prison officials
5 really knew and were really indifferent
6 personally as it were. We're not sure what this
7 means yet.

8 There is a fear that sends condolence
9 letters to every prisoner saying, we really feel
10 bad about the lousy medical care we're
11 providing, we wish we could do better, we just
12 can't. It might not be indifferent, because
13 they are sad. They are not indifferent, they
14 wish they could do better, they just can't.
15 We're going to have to see how that plays out.
16 I think Austin will be one of the early cases to
17 test the meaning, new meaning of deliberate
18 indifference.

19 I think it's always been the case to
20 successfully litigate poor medical conditions
21 you've got to have some funds, you've got to
22 have a pattern of bad medical care. One or two
23 incidents or complaints just won't do it.

24 Courts are reluctant to intervene in
25 prisons. They want to see a real good reason.

12

1 So it's always prisoners are supposedly getting
2 good medical care have to really being suffering
3 in a big way for the courts to intervene that
4 way.

5 MR. PARRISH: While you're here, with
6 the indulgence of the Chair, I have one final
7 question to pick your brain and ask you about
8 two terms that have been kicked about as we've
9 been going throughout the Commonwealth on this
10 health care reform, inquiry and the term medical
11 malpractice and tort reform have been banded
12 about with regularity. We've asked a couple of
13 officials to define for us or give us some
14 parameters for the use of those terms.

15 In my estimation, I've come up lacking
16 in terms of some specificity as to how the
17 committee can then operate when it goes back to
18 the drawing board. Could you lend us your
19 talents and your observations with regard to
20 what medical malpractice and tort reform would
21 mean within the parameters of developing a
22 legislative format?

23 MR. BURRIS: Well, the court system was
24 developed as a way to deal with the assaults and
25 batteries and trespasses. It's very odd that

12

1 we're still using the same system in the 20th
2 century to regulate some of the most complicated
3 highly technological behaviors we engage in.

4 My personal view, based on a couple of
5 major recent studies that have been developed,
6 come back to the system that it fails to deter
7 bad medical behavior by doctors. It does not
8 even identify malpractice victims or much less
9 compensate the vast majority of people that are
10 injured by that bad behavior, and it drives
11 doctors crazy. And they have some large impact
12 on the cost of medical care.

13 So I don't think -- When I hear tort
14 reform and medical malpractice, I actually kind
15 of think of -- I kind of combine the need for
16 malpractice regulation before. In my view, we
17 have to start grappling with the fact that
18 everybody is right to some degree or another.
19 The lawyers are right when they say a lot of
20 people are being injured, and they need to be
21 able to do something about it. The doctors are
22 right when they say, to a certain degree, they
23 are certainly right when they say they are very
24 upset about malpractice.

25 The studies don't prove that, in fact,

12 1 malpractice suits are frivolous. As I say, the
2 studies prove that probably there aren't enough
3 malpractice suits. The bottom line is we ought
4 to have a system that does better for the
5 victims and doesn't terrorize the medical
6 profession so much.

7 I don't think it helps you to say
8 professional safety is to simply cap damages or
9 to prevent contingent fee arrangement or
10 something like that, that sort of tort reform.
11 That's just a relevant act.

13 12 I also am not convinced that defensive
13 medicine is the cause of the rise in our health
14 care system. So I guess ultimately,
15 Mr. Parrish, I sort of think that tort reform is
16 the wrong answer to the wrong problem.

17 MR. PARRISH: Thank you very much,
18 Mr. Burris. Thank you, Mr. Chairman.

19 MR. CHAIRMAN: Thank you very much. We
20 appreciate your testimony here today. Chair
21 would like to recognize the presence and absence
22 of City Councilperson Herb DeBeary, who was
23 here, wanted to recognize him and also his
24 staff.

25 The Chair now will go back to

13

1 Dr. Robert Ross, the commissioner of the
2 Department of Health for the City of
3 Philadelphia and Dr. Chu Chu Sanders.

4 Good morning, would you identify
5 yourself for the record, Doctor, and also those
6 who are sitting with you.

7 DR. ROSS: Yes. Good morning. Thank
8 you, Representative. My name is Dr. Robert K.
9 Ross, Philadelphia Health Commissioner. To my
10 right is Dr. Ronald Rahman, R-a-h-m-a-n, he is
11 our Philadelphia Prison Medical Director. And
12 to my left, Dr. Chu Chu Sanders, who is deputy
13 health commissioner in Philadelphia County.

14 MR. CHAIRMAN: You may proceed, sir.

15 DR. ROSS: Thank you very much
16 representative and members of the committee for
17 allowing us to testify and present our thoughts
18 and concerns on the issue of prison health. I
19 have brought Dr. Sanders with me, deputy
20 commissioner. She has oversight, just recently
21 assumed oversight of our prison health care
22 system. She is on loan from the Federal Center
23 of Disease Control, is a nationally recognized
24 expert in injury prevention, problems
25 prevention, and preventive medicine in Atlanta.

13

1 She will be with us for a one to two-year period
2 in leading us on those fronts.

3 Dr. Ronald Rahman, who is a former
4 colleague of mine at the school of medicine.
5 He's also well-known for his work at prison
6 health, trained at the Hospital University of
7 Pennsylvania in anesthesia and was the assistant
8 professor of anesthesia and critical care
9 medicine at Bunkers at Columbia University. He
10 was also director of pulmonary laboratory and
11 pulmonary consultant and has served prison
12 facilities in both Pennsylvania and New Jersey
13 for the last four years.

14 Let me begin by making a general
15 statement about the health status and major
16 health concerns of prison inmates in major urban
17 centers, such as the City of Philadelphia, and
18 that we see prison health as a microcosm of what
19 is happening in health care in the general
20 community, particularly urban setting like the
21 City of Philadelphia, and that we know the
22 health care is a national disaster, is a
23 national crisis and everyone agrees on that from
24 the President of the United States, who has
25 taken that as a major policy issue, to the

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1 physician communities to hospitals to health
2 care experts. And prison health because prison
3 inmates tend to come from devastating inner city
4 neighborhoods, quite frankly, is not that much
5 different from other communities.

6 I outlined essentially four major sets
7 of health problems that are faced by prison
8 inmates, particularly prison inmates that come
9 from urban settings. Number one is substance
10 abuse, number two is HIV disease, number three
11 is tuberculosis, and number four, serving a
12 collection of chronic diseases, such as
13 hypertension, diabetes, asthma, epilepsy.

14 Let me begin with substance abuse.
15 Substance abuse I see as the major and number
16 one public health concern of the last four
17 decades of this country. There is no public
18 health problem that had more devastating impact
19 on neighborhoods than substance abuse.
20 Substance abuse is the number one public health
21 problem in this country right now.

22 To give you an example of the impact of
23 crack cocaine. Since crack cocaine came on the
24 Philadelphia scene in 1985, we've seen about a
25 60 percent increase in tuberculosis, we've seen

13 1 measles come back, which was previously
2 irradiated, we've seen syphilis increase by 500
3 percent, we've seen infant mortality rate
4 increase in some neighborhoods, and the low
5 birth weight increase in many neighborhoods as
6 well. So the introduction of crack cocaine into
7 our city and neighborhoods has caused a
8 tremendous impact on the health of Americans.

14 9 In prison health, it is also a number
10 one health problem. In fact, a recent survey of
11 detainees in intake screening for the presence
12 of drugs in the urine in Philadelphia prison
13 revealed that prison had the highest, the
14 highest rate of illicit drug presence in urine
15 than any other major urban city that was tested.
16 And the state represented two years ago it was
17 as high as 81 percent. Recent data revealed
18 that in males, the presence of drugs in the
19 urine, illegal drugs in the urine is around 75
20 percent, in females around 76 percent.

21 This does not mean that 76 percent of
22 all inmates coming to Philadelphia prisons have
23 a hard core drug addiction problem, but it does
24 mean that at least three-quarters of our inmates
25 have abused an illicit drug in some recent time

14 1 prior to their arriving to the prison health
2 system. It's a white problem as well.

3 We see an optimal drug and alcohol
4 program in prison health as consisting of five
5 basic components. Number one, the importance of
6 having adequate intake and screening facility
7 for all physical health issues, not just drug
8 and alcohol. We can't determine a drug and
9 alcohol problem until you have a good physical
10 examination and evaluation by physicians.

11 Number two, adequate detoxification
12 facilities so that intoxication and quality of
13 manner within a short period of time of the
14 inmate arriving to the facility, we know that
15 about 1 percent of all prison inmates will need
16 immediate detoxification from a hard core drug
17 problem.

18 Number three, the presence of a
19 therapeutic community in a facility to provide
20 24 hour a day treatment within the walls of that
21 prison facility.

22 Number four, the importance of
23 therapeutic groups for counseling and support so
24 that both recovering addicts and addicts who are
25 in the early stages of recovery and treatment

14

1 can support one another inside the prison
2 facility. Prison facility is a community as
3 well. We need to recognize that.

4 And finally, the ability to move
5 clients into community-based, neighborhood-based
6 treatment programs which have adequate support
7 and case management services... Recognizing that
8 these inmates may be in detox and treatment
9 facilities, they are not going back to the
10 community once they came. We need to have those
11 support mechanisms in the community.

12 The second major health problem, health
13 concern is HIV disease or AIDS... These are the
14 components of important and effective HIV
15 education counseling treatment programs. Many
16 of which are up and running in the Philadelphia
17 prison system now.

18 Number one, as on the outside,
19 importance of education and counseling to every
20 single inmate and every single inmate, because
21 these are persons that are coming from high risk
22 neighborhoods and have high risk behaviors,
23 whether it's drug use, intravenous drug use, or
24 other high level behavioral issues, but every
25 single inmate must be receiving education

14

1 counseling on the issue of AIDS, as well as
2 voluntary screening. We don't mandatorily
3 screen everyone, but everyone gets offered
4 voluntary screening. Therefore, to be very
5 effective, we screen as many as 2,000 inmates
6 every year in our system for HIV.

7 As in substance abuse and as in TB,
8 there is an even higher rate of HIV positivity
9 due to population and the population on the
10 outside. It may be as high as 5 percent.
11 That's what our data shows, as high as 5 percent
12 in most urban prison settings. In addition to
13 the opportunity for education and counseling for
14 every inmate and voluntary screening, optimally
15 there should be prison facilities and HIV
16 specialty clinic on site. The purpose of that
17 HIV or AIDS specialty clinic would be to
18 institute protocols for treatment and management
19 of the disease, to begin the appropriate
20 prophylactic treatment, for example, the use of
21 ART, and also to follow these patients that have
22 a variety of chronic health problems, to follow
23 a patient's medical services, to make sure that
24 they are receiving quality health care.

25 The third major problem, certainly

15

1 potential problem in prison settings is
2 tuberculosis. As all of you know, tuberculosis
3 has gone through some of the resurgence in urban
4 setting. New York has it severe right now. The
5 City of Philadelphia I would not qualify as an
6 epidemic or even an outbreak, but it is in
7 danger of becoming epidemic.

8 We do not have at this point hard data
9 on the rate of TB in our prisons. We are
10 collecting that data now. I can give you some
11 information to give you a ballpark of where we
12 are. We know that in the general population --
13 And again, let me just make sure that we're
14 clear on terms.

15 When I talk about screening for TB, I'm
16 talking about putting a skin test on someone's
17 arms and waiting 48 hours to see if your arm
18 swells up the appropriate amount, we call that a
19 positive skin test or positive converter. That
20 doesn't necessarily mean that that person has
21 active tuberculosis. It means that at some
22 point in their life they were exposed to the
23 bug, that their immune system has reacted
24 against it, and further evaluation from the
25 department to see if they have active TB.

15

1 Fortunately, the rate of positive TB
2 screens are much, much higher than the rate that
3 goes up after disease. In the general
4 community, the screening positivity rate for TB
5 is about 8 to 10 percent. In the inmate
6 population, we believe that figure is as high as
7 20 percent. That figure has been corroborated
8 by some data that came from Graterford Hospital
9 and the study that was done in Montgomery County
10 Health Department there and prison department.
11 Our prison is the same way. Somewhere between
12 10 and 20 percent of all inmates are going to
13 screen positive for TB. Right now we have very
14 few, less than three active cases of TB
15 identified in Philadelphia prisons, but again,
16 this is a population that is at great risk.

17 We are finalizing our comprehensive TB
18 plan for the city, but the major components of
19 prison, of effective prison tuberculosis
20 initiative include the following, number one,
21 screening of all new prison detainees for TB by
22 skin test or perhaps even a chest X-ray;
23 secondly, to screen or review the TB status of
24 all current inmates, making certain that they've
25 had certainly in the last 6 to 12 months a TB

15

1 screen test; thirdly, immediate hospitalization
2 of any detainee or inmates suspected of having
3 active tuberculosis, which we do right now;
4 fourthly, there should be an active infection
5 disease nurse specialist on the ward of prison
6 facility system to identify and follow suspected
7 cases of TB, as well as the establishment of a
8 TB specialty clinic in the detention center or
9 somewhere in the prison facility; finally, the
10 establishment of clear treatment protocols for
11 the administration of anti-TB medication with
12 emphasis on compliance and DOT. I can't
13 underscore this final recommendation any more
14 fully.

15 The problem of tuberculosis is those
16 individuals that are at risk to get TB come from
17 a list of persons of HIV disease, homeless
18 individuals, prison inmates, those that are at
19 drug and alcohol treatment facilities or
20 addicted to drug and alcohol. That is a
21 population of individuals that are not known for
22 being fully compliant. Perhaps with the medical
23 system, we tend to disfranchise poor, we tend to
24 be black. Now we are asking these individuals
25 to take a medication or two or three every

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1 single day for a period of 6 to 12 months,
2 because that's what the treatment for TB looks
3 like. That has posed a difficult problem for
4 public health in this country. We'll be
5 wrestling with it now. We'll be wrestling with
6 its runoff.

7 Certainly in the prison facility we do
8 have the opportunity, to use the phrase in
9 derogatory fashion, counter population. We
10 have them in our facility. There is no excuse
11 for not getting that person's medication on a
12 timely basis of providing quality care.

13 Very clearly those folks would screen
14 positive for TB, being treated for tuberculosis,
15 you need to get their medication every single
16 day, we need to have that documented, need to be
17 observed. That treatment takes up to 12 months.

16

18 Finally, the last group of health
19 problems I will term as chronic diseases. And
20 those chronic diseases which affect poor people,
21 African-Americans, and the general community,
22 such as asthma, hyperextension, diabetes,
23 epilepsy. Those focuses are very high risk in
24 African-American communities, minorities. Our
25 education of the patient, health promotion

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1 activities change behavior, close medical
2 follow-up, administration of medication.

3 Every once in a while we'll be in some
4 prison facility, doesn't matter if it's
5 Philadelphia or other urban centers, an inmate
6 will die because they didn't get their
7 hypertension medication. There is no excuse for
8 that. We know that happens. It should never
9 happen. Certainly, we should be doing close
10 follow-up of medical care and getting that
11 medication.

12 So in summary, at a time when health
13 care in this country is a national crisis, and
14 health care industry, communities and
15 neighborhoods is a national shame. Actually, a
16 prison facility, this may be the first time that
17 many of these inmates have access to consistent
18 and appropriate and quality medical care on a
19 timely basis and consistent basis. And the
20 companies at our prison facility, we see them as
21 our patient and they should be getting quality
22 care, just as our citizens in the community
23 should be getting quality care as well.

24 We think it's an opportunity for the
25 first time for inmates to get quality preventive

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1 care and managed opportunities. So at this time
2 I'm open to any questions. Both Dr. Rahman and
3 Dr. Sanders here as resource persons in case
4 anybody has any more detailed questions.
5 Representative, we would be glad to answer any
6 questions you have.

7 MR. CHAIRMAN: Thank you very much,
8 Dr. Ross. Chair would recognize Representative
9 Manderino for questions.

10 REPRESENTATIVE MANDERINO: Thank you,
11 Mr. Chairman. Dr. Ross, if I may, before I
12 start asking questions, ask for a little bit
13 more information from you with regard to
14 Drs. Sanders and Rahman and yourself, how
15 everybody works together. If you heard part of
16 the last person's testimony, I was left with an
17 impression that here was the public health
18 official and here were the prison health
19 officials and there wasn't too much kind of
20 coordination between. I guess before I start
21 asking questions, how is it working in
22 Philadelphia?

23 DR. ROSS: Basically, the prison health
24 services in the City of Philadelphia is provided
25 according to contractual basis. The delivery of

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1 those health systems in Philadelphia is
2 Correctional Health Systems. They provide
3 direct health care delivery to the inmates and
4 have done so since 1989. However, the oversight
5 in management of that contract rests with the
6 responsibility of Philadelphia Department of
7 Public Health and is under my jurisdiction and
8 is ultimately my responsibility.

9 The way it works is that we hire, we
10 have a prison medical director from the Health
11 Department that oversees the contractor and
12 makes certain that effective communication is
13 going on between the City Health Department and
14 the contractor who provides the health services,
15 That person as the director is Dr. Rahman. He
16 reports to Dr. Sanders as deputy commissioner,
17 who has other responsibilities. And Dr. Sanders
18 in turn reports to me.

19 Both Dr. Rahman, whose only been on
20 board two months or so, Dr. Sanders has only
21 been on board with prison health a week, we are
22 just pulling this, actually significant
23 reorganization in the department. Part of that
24 reorganization is with the intent to improve the
25 quality of prison health services and to improve

16 1 the emphasis of prevention in prison health .
2 services, which we think is important.

3 REPRESENTATIVE MANDERINO: So that the
4 coordination that you described in your
5 testimony and that we're seeing right here is a
6 new kind of coordination, we should expect
7 things from the future, or were these positions
8 in this type of system in place for a while?

9 DR. ROSS: No. The positions have been
10 in place for a while, the persons are new. In
11 addition, for example, our AIDS unit in the
12 health department known as the AIDS activities
13 coordinating office, we provide on-site
14 counseling education and screening of inmates
15 for HIV disease. We also do -- We're working
16 with our new TB control director that came on
17 the Health Department recently. He will be
18 working constantly with Dr. Rahman to make sure
19 the tuberculosis protocols and the management of
20 that program is well coordinated.

17 21 So I think there is some legitimate .
22 criticism that prison officials and public
23 health officials have not been working hand in
24 glove. I think that's legitimate criticism,
25 maybe not just in Philadelphia, major urban

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1 settings. We're trying to improve that with
2 time.

3 REPRESENTATIVE MANDERINO: Let me move
4 on to a few specific health areas that you
5 touched on and that I am concerned with based
6 specifically on what I saw and heard yesterday
7 at Graterford.

8 One of the things you talked about was
9 the TB program for prevention and treatment and
10 in your comments talked about the need for
11 taking of the TB preventative or prophylactic
12 treatment of the TB through medication and
13 problems with compliance by the inmate
14 population. Yesterday I heard a little bit
15 different story, which was of numerous people in
16 the inmate population who wanted to comply and
17 didn't have the availability of the medication
18 as it was necessary and would go for days and
19 even weeks knowing that they were supposed to be
20 taking daily medication and never having it
21 available for them, even though, from their side
22 of the story, they reported every day to get it.
23 I guess I want to know if, A, you were aware of
24 that, and B, if there is some problem that we're
25 working the glitches out of.

17

1 DR. ROSS: I'm not fully versed in any
2 detail on what is going on in the Graterford
3 Prison. I can tell you that I would not be
4 surprised if there were occasional complaints
5 from inmates about our own prison system, I know
6 that we've had in the past inmates not get their
7 medication on a timely and daily basis for a
8 variety reasons.

9 I'll give you one example of a case we
10 had, it was about a year ago, where an inmate
11 was on a medication for a chronic condition.
12 The inmate didn't like to take the medication.
13 He was a diabetic, was getting insulin. And the
14 inmate would get a pass to come down to the
15 medical clinic to take his insulin, the inmate
16 would get the pass, leave his cell, and not show
17 up at the clinic, would probably take a walk
18 around the prison facility, and then come back.
19 That inmate went several days without getting
20 his insulin and suffered from a complication of
21 diabetic shock and subsequently died.

22 What that particular case showed us was
23 the number of places and number of opportunities
24 for the system to break down and someone to get
25 their medication, whether they want to get it or

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1 whether they don't want to get it. One of the
2 things that we're trying to work on in the
3 Philadelphia Prison System is to institute a
4 system that essentially fool-proof and
5 human-proof, that the system is effective enough
6 and well enough established that anyone who gets
7 their medication gets it.

8 There is a whole host of reasons why
9 they might not get their medication. - Sometimes
10 there is a lockdown. If there is a lockdown, as
11 I understand it, Dr. Rahman can talk more about
12 this, we think there is no excuse for a patient
13 not to get their medication if there is a
14 lockdown. Sometimes a lockdown, medication, the
15 med line, as we call it, is not held and prison
16 inmates don't get their medication. So there is
17 a whole host of reasons and opportunities for
18 inmates not to get their medication.

19 I think as a physician and as a public
20 health practitioner that there is really no
21 excuse for it. It really should never happen.
22 We're aware that it does happen, whether at
23 Graterford or our own facility. We need to
24 continue to improve the system.

25 **REPRESENTATIVE MANDERINO:** I appreciate

17 1 the story that you did relate because it does
2 show some faults in the system. However, it
3 doesn't point to the potential fault in the
4 system that I was trying to get to, because that
5 is an incidence of non-compliance or
6 non-willingness on the part of the inmate.

7 My concern is when an inmate is willing
8 and the medication is not available, and one of
9 the real concerns I have in probing this issue
10 is, and we talked about contracting out and
11 contracting services with medical providers and
12 even in the private health care delivery
13 community, we know that there are good managed
14 care providers and have managed care providers
15 and availability of all the treatment that you
16 need if you're with a good provider and maybe
17 sometimes the reason we define bad providers
18 because you're not getting what you need.

18 19 I'm wondering whether or not part of
20 our problem when I hear stories about medication
21 that just isn't there to be taken, if it has to
22 do with how we've structured our contracting,
23 how the contractors get paid, what kind of
24 profit margins they are looking for, and if they
25 really have a medication shortage that's tied to

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1 the way we've designed and contracted out our
2 health care delivery in the prisons. That's
3 really the core of where my concern is coming
4 from.

5 DR. ROSS: Well, let me answer the
6 specific question first and then the general
7 one. In the circumstances of medication not
8 being available for an inmate, I would have to
9 look at that on a case by case basis. Maybe the
10 medication was there, somebody didn't have the
11 key or the key was missing. Maybe they actually
12 ran out of that medication, maybe the
13 pharmaceutical dispensing was not well done.
14 I'm not sure why that inmate didn't get that
15 medication. I'm sure there's a reason for it.
16 It's probably not an acceptable reason.

17 In general, in terms of the provision
18 of quality medical care in prisons, I don't
19 know, maybe Dr. Rahman can put his comments in,
20 but I do know enough about it to say this, it is
21 very difficult to deliver health services in
22 prison centers. It's not easy. There are a
23 whole host of issues from the population that
24 you're dealing with, which can often mean
25 difficult problems to the circumstances of

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1 providing medical services.

2 Sometimes there are issues for the
3 medical provider that are out of their control,
4 such as reliance on the guards, such as reliance
5 on the transportation of inmate from one
6 facility to another, from one hospital facility,
7 from a medical setting, from outpatient
8 specialty provider, activity on prison facility.

9 The real bottom line in delivering
10 quality care in prison health services is total
11 commitment from the top of the prison facility
12 administration right on down to the prison
13 guards and to the folks who mop the floors. If
14 you don't have that total and complete
15 commitment, the system will break down
16 somewhere. And the medical provider may be
17 trying to do the best job they can in providing
18 quality service, but if the prison guards are
19 not being fully cooperative, they can't do their
20 job.

21 I don't know if I'm answering your
22 question. All I can say is it takes a total
23 commitment from a good quality provider and
24 health department in our case that is totally
25 committed to overseeing the contract serves as

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1 a provider. Dr. Rahman, do you have anything?

2 REPRESENTATIVE MANDRINO: As a matter
3 of fact, I would like to ask Dr. Rahman a couple
4 questions following up on that. Dr. Rahman,
5 have you in your oversight of the Philadelphia
6 County Prison System noticed any systemic
7 problems or glitches that might need to be
8 worked out with regard to, following on that
9 same train of thought, with regard to the
10 availability of medication that's already been
11 prescribed and needed by inmate population, and
12 if you are aware of any problems, explain to me
13 how it occurs and what we can do to fix it?

14 DR. RAHMAN: We have looked at these
15 issues that you're now mentioning, in fact. The
16 difference between here and what you probably
17 saw on the state level was that we in
18 Philadelphia tend to have what we call a stock
19 of medication as a reserve in case there are
20 problems at the pharmacy. There are times when
21 the pharmacy itself may have trouble receiving
22 medication from its distributor, something of
23 this nature. Once a prescription is written, it
24 is processed in a timely fashion. Because we do
25 use this stocking procedure, we rarely have had

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1 a problem, such as you're describing,
2 particularly on something as readily available
3 as INA.

4 REPRESENTATIVE MANDERINO: Again, I may
5 be asking beyond your knowledge, whereas we have
6 this coordination between our city health
7 department and our county prison system, do you
8 feel that, do you know whether that kind of
9 coordination is lacking at the state level, and
10 do you have any comments about whether or not
11 that would -- what the coordination you have
12 here would facilitate maybe the concern that I
13 was just expressing when it comes to our state
14 prisons?

19

15 DR. RAHMAN: Are you asking me for an
16 opinion regarding what we do in Philadelphia,
17 would it be applicable to the state level?

18 REPRESENTATIVE MANDERINO: Yes. I'm
19 really just looking for some advice. I
20 recognize you're relatively new there, but I
21 would love to hear it.

22 DR. RAHMAN: I think what Philadelphia
23 does is actually, I believe it is very
24 beneficial of public health people overseeing
25 the contracts. What I mean by that is, it's

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1 very difficult for people who are non-medical
2 and who don't know the real public health
3 concerns to oversee the contracts. I think that
4 the concerns that the public health department
5 have frequently are different from the concerns,
6 for instance, the state may have. I believe
7 that the public health department has a better
8 overview of what the real concerns of the
9 population at large are. I believe they have
10 the expertise to monitor the contracts
11 appropriately.

12 I think that what is being done in
13 Philadelphia points directly to that and the
14 fact that you can bring up many problems that
15 are not clearly delineated to the health care
16 provider, but they will understand it better
17 coming from another physician or for someone who
18 they respect as authority and realize that the
19 interest is their interest as well as the people
20 at large. So I do believe that this will be
21 very helpful to you on the state level. But
22 just my opinion.

23 REPRESENTATIVE MANDERINO: Just so that
24 my questions aren't inappropriate. I realize I
25 started off with a wrong assumption in my head

19

1 perhaps. No one here that's testifying to us at
2 this particular time, none of you doctors are
3 specifically involved in provision of health
4 care at the state prisons, we're talking just
5 city and county prisons right now?

6 DR. ROSS: Dr. Rahman was formerly with
7 the Graterford Prison system and has recently
8 left that system to join us. Basically, we
9 stole him.

10 REPRESENTATIVE MANDERINO: Dr. Sanders,
11 if I may. A person, an inmate within the prison
12 population has full-blown AIDS where they are
13 exhibiting outward signs of the disease or
14 maybe --

15 Let me ask you an even more basic
16 question. When we say full-blown AIDS as
17 compared to someone that is HIV positive, what
18 health symptoms would be exhibited by an active
19 full-blown AIDS case and in the case of a
20 prisoner that has it, where should that person
21 be, in terms of in the prison itself?

22 DR. SANDERS: I think Dr. Rahman would
23 be better at answering that question.

24 REPRESENTATIVE MANDERINO: Whoever is
25 appropriate.

19

1 DR. RAHMAN: Let's understand that when
2 the initial screening is done, this is done by
3 AACO, A-A-C-O is their abbreviation, and those
4 inmates receiving a positive test are then
5 referred to the medical department. Now, when
6 you say full-blown AIDS, I assume you're
7 speaking of someone who presents with an
8 opportunistic infection.

9 REPRESENTATIVE MANDERINO: I guess what
10 I'm asking you is, when somebody says full-blown
11 AIDS in the medical community, what does that
12 mean?

13 DR. RAHMAN: That usually means for us
14 that his CDC comes below a certain level and
15 that he has the potential to exhibit any of the
16 opportunistic infections most commonly
17 associated with very, very low counts. Now, in
18 the community, however, when someone says
19 full-blown AIDS, they usually mean the wasting
20 syndrome that is seen. This is a subjective
21 type of thing. You see someone who looks
22 debilitating and who is not able to really
23 ambulate very well, he may have non-specific
24 complaints. Pretty much you can identify them
25 because of the wasting more than the internal

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1 infections.

2 REPRESENTATIVE MANDERRINO: If I as a
3 lay person see somebody in a wasting condition,
4 it's very likely that this person is in active
5 AIDS state, correct?

6 DR. RAHMAN: I don't know if I would
7 say that. AIDS is still a relatively rare
8 disease. Tuberculosis will present like that.
9 If you are untreated, you get a tremendous
10 wasting. They are both defined as debilitating
11 disease, even the cariconomas that are
12 presenting. Anything that obstructs your
13 ability to consume food or forces you to have a
14 high metabolic rate would give you this. I
15 wouldn't say that. In this society right now,
16 if you look like you lost a little bit of
17 weight, that's what the overall thing would be.

18 REPRESENTATIVE MANDERRINO: Within the
19 prison community, to the best of your knowledge,
20 what is the standard operating procedure, in
21 terms of where prisoners are housed when they
22 have an active case of AIDS and are not just
23 testing positive to those symptoms?

20

24 DR. RAHMAN: We do not segregate
25 prisoners on this basis. What we're really

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1 talking about is blood and body fluid
2 proportions. That is to inform the inmate not
3 to use someone else's razor, ask them not to
4 engage in activities, such as sharing needles,
5 et cetera, that would compromise others or
6 expose others to blood and body fluids.

7 It's really a counseling to the inmate
8 themselves, because we really can't control that
9 level of individual activity. But if you can
10 counsel them and let them know the risk involved
11 to those in association with, usually they will
12 cut back their activity.

13 REPRESENTATIVE MANDERINO: But there is
14 no policy that the person with an active AIDS
15 case should be in the medical part of the
16 facility, they should be in the regular general
17 population sharing cells with other people?

18 DR. RAHMAN: Let me explain. The
19 people that you're describing are usually too
20 debilitating to be out in the general
21 population, so they would be housed in our
22 detention center, medical facility. We have a
23 large infirmary there.

24 Where someone is housed depends on
25 their ability to handle the normal circumstances

20

1 that they are required to do in a prison
2 setting. They must be able to go get their
3 trays, they must be able in a timely fashion to
4 go to the front of the line, to go up and down
5 stairs. There are certain requirements that
6 people with chronic disease, some of whom are
7 not able to do. Those situations they are
8 housed in a special area.

9 REPRESENTATIVE MANDERINO: Thank you.

10 MR. CHAIRMAN: Chair recognizes
11 Representative Josephs.

12 REPRESENTATIVE JOSEPHS: Thank you,
13 Mr. Chairman. I'm very encouraged to hear of
14 the way the public health folks in the city,
15 yourselves, are overseeing the provision of
16 medical care in the prisons here. And I think
17 to follow-up on Representative Manderino's part
18 of the questions, it would be very helpful for
19 me, and I think for all of us, if we could have
20 something in writing that sort of described that
21 model, a narrative or a chart.

22 Because like Representative Manderino,
23 I'm not going to be sure what we're doing on the
24 state level. If I had a better idea of what is
25 going on here, I could ask some more intelligent

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1 questions of our public health officials and
2 Department of Correction officials on the state
3 level. If you would be able to forward
4 something like that to the chairman of the
5 committee, I would appreciate it very much.

6 DR. ROSS: Sure. We would be glad to
7 provide you with written copy of my testimony,
8 as well as what we think a model system should
9 look like. Let me just go on record by saying
10 that we do not believe, and we, the City of
11 Philadelphia, yet have a model prison health
12 system. We have some pieces of it that are very
13 good and some other pieces of it that need a lot
14 of work. My role here is not to say that we're
15 doing better at Graterford and come and see what
16 we're doing. I think that we want to be a good
17 model of excellence on prison health service
18 delivery as a city. Obviously, we would like to
19 see the same for our colleagues at Graterford.
20 If we could work together, that's fantastic. We
21 historically had some problems with our own
22 prison health system. We're trying to make some
23 changes to get to a model of excellence, and
24 we're not there yet.

25 DR. SANDERS: May I say something?

20 1 REPRESENTATIVE JOSEPHS: Certainly.

2 DR. SANDERS: Dr. Rahman and I are
3 committed to -- I should say we're in the
4 process of putting together a standardization
5 manual that we would like to put in place. We
6 would be happy to share that with the committee
7 when that is completed. We don't expect it to
8 be completed until sometime during the summer.
9 We would be happy to share that with you.

10 REPRESENTATIVE JOSEPHS: Thank you. I
11 would be happy to get that and anything else you
12 have before that. I do understand that these
13 systems are not perfect, we're getting there. I
14 would like to know what is happening in
15 Philadelphia just the same.

16 I also would like to know very much
17 what your model system would be, because that
18 would be the kind of thing that we could use as
19 a guidepost on standards when we're asking
20 questions and doing investigations and passing
21 legislation, appropriating money and so on.

22 I'm also very interested in what you
23 are able to do. You touched on this just a
24 little bit in the way of preventive, intervening
25 them in the prisons, and what you would like to

1 be able to do and what that involves. And
2 specifically, among part of your answer, if you
3 would tell me what cooperation that you have
4 with community groups that are interested in
5 providing health care or counseling or some
6 steps in integrating of Pennsylvania. I guess
7 anybody on this panel or all of you who have an
8 answer to that we would be happy to hear from
9 anyone.

10 DR. ROSS: An excellent question. Your
11 question points to the mission of public health
12 in general, that is to access more prevention
13 and education to prevent these diseases. The
14 key to public health in this decade or the '90s
15 is going to be connecting with individuals and
16 families and communities to aid (Phonetic)
17 themselves the ability to managerial health
18 through behavior and public health and has not
19 done a very good job of that in the past 40
20 years. We're trying to do better.

21 We see opportunities. Although we
22 don't have such programs, we see opportunities.
23 We have them in bits and pieces. We don't have
24 a real consistent basis. The opportunities for
25 model programs that can be done within the

1 1 prison facilities. For example, we know that a
2 2 lot of inmates smoke, we know that a lot of
3 3 individuals who are, I've never met, I used to
4 4 work at a drug treatment program in Brooklyn, I
5 5 never met a recovering addict who didn't smoke.
6 6 They all smoke. There may be one or two out
7 7 there, I just haven't met them. A lot of them
8 8 have particular personalities, and they smoke
9 9 cigarettes.

10 Why couldn't, I'm not saying this isn't
11 11 happening, Dr. Rahman is relatively new to these
12 12 situations, why couldn't the inmates themselves
13 13 organize or be trained to organize smoking
14 14 cessation courses or support group within their
15 15 prison facility? That could be run by the
16 16 inmates where the inmates are actually educating
17 17 and training each other. We see that for other
18 18 health issues as well.

19 Why couldn't all the diabetics in the
20 20 prisons organize themselves as support groups or
21 21 where everyone has HIV disease should have these
22 22 kind of support groups on the outside for HIV
23 23 disease get together one or two nights a week
24 24 and support each other and educate each other?
25 25 That can be done inside the prison facilities.

1 These were the kinds of programs that
2 don't take a lot of money, are effective, it's
3 important for behavior, that improve quality of
4 life, that could carry over to inmates once they
5 leave the facility. These we see as kind of
6 model components for model program. I think
7 that's some of the reasons why Dr. Rahman in his
8 opinion, and I agree with that opinion, says
9 public health should have a strong presence in
10 the administration oversight of any prison
11 health program because those public health
12 issues need to be emphasized.

13 **REPRESENTATIVE JOSRPHS:** Our community
14 groups, I did ask for some comment on that.

15 **DR. ROSS:** It happens. It happens on a
16 spotty inconsistent basis. For example, drug
17 and alcohol treatment, we do have programs set
18 up whereby an inpatient that has been
19 intoxicated or has been into the therapy
20 community inside the prison walls, they get
21 released. We try to make certain that they are
22 released to a program that is based in a
23 neighborhood, for example, someone who is
24 Latino. Philadelphia Prison Facility has a drug
25 problem, is in recovery, Progresso or some other

1 1 Latino Philadelphia politically-based
2 organization may have a support group or
3 counseling program for addicts who are
4 recovering. We try to lead them to that program
5 so once they leave they can immediately go to
6 someone who is in the community and can support
7 their recovery process for them.

8 REPRESENTATIVE JOSEPHS: I think I
9 maybe didn't make myself clear. I was thinking
10 more of groups that come into the prison and
11 ideally, as Mr. Burris described, were allowed
12 to perhaps help inmates to set up smoking
13 cessation programs and so on. Is there anything
14 like that, how --

15 DR. ROSS: I'm not aware that we're
16 doing anything like that right now. Dr. Rahman
17 or Dr. Sanders, if you're aware of any. I think
18 it's an excellent recommendation.

19 REPRESENTATIVE JOSEPHS: My last
20 question. I am always interested in women. I
21 know that the population of women inmates is
22 rising without any sign that it will cease to
23 accelerate. I know that women's health concerns
24 are very much different than men's. And it was
25 pointed out at another hearing that we had on

2 1 health, people on the outside that women, for
2 instance, don't have one primary care physician.
3 If we could afford it, we have two. We have a
4 gynecologist and we have a general person.
5 Women come to prison, not only the substance
6 abuse problems and all of these diseases, but
7 they come pregnant or they come at risk of
8 pregnancy.

9 And I would like to know where your
10 thinking is around the special needs and very
11 important needs of women because it seems to me
12 if we're talking about taking better health
13 habits and better knowledge about health from
14 the prison to the community, that a prisoner
15 that's going to do that is probably going to be
16 the woman prisoner.

17 DR. ROSS: I'll make a brief comment
18 and Dr. Sanders and Dr. Rahman a comment.
19 Clearly, and this data has been verified in
20 urban centers as well, the likelihood of a
21 female prison inmate having a drug problem or
22 alcohol problem is higher than that of male
23 inmate population. We also know there is some
24 hard data to support this. But also, if you've
25 ever had the opportunity to talk to a drug

2 1 counselor counseling female addicts, there is
2 data that reveals that a significant proportion
3 and some counselors tell me as high as 75 or 80
4 percent of the women in their drug program have
5 been sexually or physically abused at some point
6 in their lifetime, which means that there is
7 probably a greater need for ongoing mental
8 health counseling and support services. I'm not
9 familiar with --

10 Come back to what we're doing in
11 Philadelphia, I can tell you that I agree with
12 you because there is a great need in those two
13 areas, both in drug and alcohol treatment and
14 counseling support, there is a tremendous need
15 for women in the prison system to get those
16 services.

17 I will now invite either Dr. Sanders or
18 Dr. Rahman to comment what they feel is going
19 on, in terms of women's health services in
20 Philadelphia or elsewhere.

21 DR. SANDERS: I'll just say that I
22 agree with what you said. I think one of the
23 reasons that it's so is because there's not been
24 enough women to advocate for women's health
25 issues surrounding them. I think one of the

2 1 positive things that has happened in
2 Philadelphia is that I am now responsible for
3 prison health. Another positive thing is that
4 there will be a standardization manual and that
5 will be in place.

6 Let me just say to you that we are very
7 aware of that. We are planning to fix that. As
8 Dr. Ross has said, even though Philadelphia does
9 have some pluses, it does have some minuses.
10 That's one of the areas we're really concerned
11 about fixing.

12 REPRESENTATIVE JOSEPHS: If I could
13 just with the indulgence of the Chair, you
14 reminded Dr. Ross I was about a year and a half
15 ago at a symposium or conference or something
16 about one of the prisons and an expert got up
17 and started to describe an incidence of violence
18 and sexual abuse and so on. In the
19 background . . . The typical woman prisoner. And
20 a woman in the back stood up, raised her hand
21 and stood up and broke into the presentation and
22 she was a volunteer at a battered woman
23 sheltered and she said that sounds just like my
24 clients.

25 Thank you, Mr. Chairman.

2 1 MR. CHAIRMAN: Thank you. Chair
2 recognizes Harold James.

3 REPRESENTATIVE JAMES: I thank you,
4 Mr. Chairman. Just a few questions. Let me
5 thank you all for being here to testify.
6 Dr. Rahman, is that right?

7 DR. RAHMAN: Dr. Rahman.

8 REPRESENTATIVE JAMES: What is your
9 area of specialty?

10 DR. RAHMAN: I'm an intensivist.

11 REPRESENTATIVE JAMES: That means what?

12 DR. RAHMAN: Intensive care is my area
13 I have special interest in. I also have special
14 interest in pulmonary disease, HIV, and
15 tuberculosis. Correctional medicine.

16 REPRESENTATIVE JAMES: You were at
17 Graterford, you were working for the state at
18 that time or were you working for independent
19 vendors?

20 DR. RAHMAN: Yes, I was working for
21 independent vendors.

22 REPRESENTATIVE JAMES: Would you say
23 that maybe -- If I had the opportunity to work
24 for an independent vendor or a state and
25 Dr. Ross called me to work for him, I would go

3 1 with Dr. Ross. Aside from that --

2 DR. ROSS: That's your opinion.

3 REPRESENTATIVE JAMES: Aside from that,
4 would you or could you say that maybe one of the
5 reasons you left Graterford because you saw a
6 frustration, in terms of improving health
7 services there within an institution either by
8 administration or by government?

9 DR. RAHMAN: I'm not sure.

10 REPRESENTATIVE JAMES: You're not sure
11 why you left?

12 DR. RAHMAN: No, I'm not sure that my
13 response will be helpful.

14 REPRESENTATIVE JAMES: It would be
15 helpful if you said that yes, that would be
16 helpful.

17 DR. RAHMAN: I left Graterford because
18 I was asked to do something that I thought
19 required my skills and abilities more so than
20 what was currently occurring at Graterford. I
21 thought that the need was in Philadelphia City,
22 there was an opportunity for Dr. Ross's desire
23 to actually really turn the system over and you
24 see, by bringing in quite a few new people. I
25 believe that his intentions will actually occur.

3 1 I believe that this will actually be a model
2 system in one year for the entire country.
3 That's why I came.

4 REPRESENTATIVE JAMES: Thank you. I'm
5 trying to get an understanding of sometimes in
6 bureaucracy of administrations, sometimes
7 administrations don't like to admit about some
8 of the problems they may have.

9 In discussing TB in the institutions,
10 what I'm confused about is I heard yesterday
11 that Graterford, that one of the officials said
12 that there were no cases of TB and yet I heard
13 from inmates that said that they were exposed
14 and that they knew of cases and that they knew
15 of someone or some number of them, a small
16 number that may be isolated.

17 So I'm just wondering, in terms of
18 administrative response from Graterford, not
19 from you presently, if a person is exposed, does
20 that not count as a person that may have TB?
21 You, as an official, you would say that person
22 is not. If I just came up to you and said, do
23 you have any TB cases and you know of four
24 people that are exposed, would you say you don't
25 have any TB cases?

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DR. RAHMAN: I would ask for a more careful definition. If you were to come to me and ask me that question, I would ask you to be more specific about your request.

REPRESENTATIVE JAMES: My request would be, do you have any TB cases in Graterford.

DR. RAHMAN: You're not framing the question such that it can be answered.

REPRESENTATIVE JAMES: We need to be taught how to frame our question to get the appropriate response from officials.

DR. ROSS: If I can interrupt for just a second. We're having council hearings in this very room in about two weeks to talk about our TB plan. Part of it is the use of phrases and terms and language, and we all know people play games with language.

The correct question would be, are there any active cases of TB in the prison. The question then is, is anyone in the prison right now that you know of that is sick, that actively has TB, is in danger of spreading it in a facility that has historically poor ventilation those living conditions, that kind of thing.

Almost by definition, I may be giving

3 1 away a potential trick of some trade, but you
2 need to be able to ask the right questions.
3 Almost by definition, no prison official or
4 prison health official would ever say yes to the
5 question, do you have any active TB in your
6 prison, because if you know you have active TB
7 in your prison that guy shouldn't be there. He
8 should be either in isolation or in a hospital
9 getting treated.

10 Almost by phrasing the question, do you
11 have any TB in your prison or active TB in
12 prison, the answer should always be no. It's
13 like saying, did you beat your wife this
14 morning, because anyone who has got active TB
15 shouldn't be in the prison... They should be out
16 of there. So maybe the question is, are you
17 aware of any cases of active TB, and then the
18 answer should be, well, this past year we
19 identified five cases of active TB, and all of
20 them perhaps were treated.

21 So when Dr. Rahman says, learn to
22 phrase the question, that's the way the question
23 ought to be phrased. I can tell you that this
24 year in Philadelphia prison over the course of
25 this year we identified very, very few active

4 1 cases of TB either in detainees or prison
2 inmates. I'm sure it's less than five,
3 somewhere between two and five. However, we do
4 know from the Graterford data that as many as
5 one in five inmates screen positive on a TB test
6 at some point during their lives.

7 So I hope that clarifies a little bit
8 to get some sense of the appropriate question to
9 ask and how to ask it. The appropriate question
10 might be, how many active cases of TB have you
11 identified in your prison in the last year.
12 That's a very different kind of response than do
13 you have any active cases of TB in your prison
14 right now. That answer should always be no.

15 REPRESENTATIVE JAMES: Thank you. Then
16 the follow-up would be, if, in fact, let's say
17 so there is no prison facilities that can have
18 any prisoners in isolation with active TB, they
19 don't have the facility to house?

20 DR. ROSS: There are some, and again, I
21 invite Dr. Rahman to expand on this. We are
22 looking at for Philadelphia prison systems, we
23 are looking at a device whereby a prison cell
24 can become an environmentally controlled cell.
25 There are a couple of things you can do with

4 1 patients who either have active TB, meaning that
2 they are infectious, they can spread TB to other
3 inmates or other persons, then there is someone
4 else who not only has active TB but is very ill,
5 not only do they have active TB, but they may
6 need oxygen or may need some other kind of
7 intensive therapy. Okay.

8 For patients who we suspect may be
9 active, have active TB, meaning we suspect they
10 might be able to spread TB to another person,
11 but they are not sick enough to be in a
12 hospital, we would like a facility or a group of
13 rooms in a prison facility that we can put them
14 in where the air flow is controlled, where the
15 air is exchanged six times an hour, where they
16 are not capable of spreading TB to another
17 inmate.

18 There are now devices on the market,
19 we're looking at purchasing some of these
20 devices now, we can turn a prison facility into
21 one of these rooms without having to have to
22 completely overhaul and revamp the entire
23 ventilation system or an entire prison system
24 which can take lots and lots of money.

25 I suspect that Dr. Rahman can answer

4 1 this, the state correctional institutions are
2 looking into this kind of devices as well.

3 MR. CHAIRMAN: Excuse me just a moment.
4 I would like to recognize the presence of City
5 Councilperson Herb DeBeary, my councilman, and
6 also the chairperson of the public safety
7 committee here, city council, and also to
8 recognize the presence of City Councilperson
9 Michael Nutter, since we are in the chambers,
10 make a lot of sense to recognize these two
11 gentlemen, 8th and 34th districts, and also
12 Councilperson Manderino. Glad to see you here.

13 DR. ROSS: Dr. Rahman, do you want to
14 comment on the issue of TB?

15 DR. RAHMAN: Since you did visit
16 Graterford, you are aware that they do have
17 negative pressure rooms and also at Camp
18 Pendleton institutions they do have negative
19 pressure rooms that can be used to isolate
20 respiratory-wise, isolate inmates until such
21 time as a diagnosis is achieved without hurting
22 the remaining inmates with the possibility of
23 spreading of this infectious disease.

24 REPRESENTATIVE JAMES: So if I was an
25 inmate and I tested positive and then you would

4 1 classify me as being exposed, would I still be
2 in population?

3 DR. RAHMAN: Anyone who gets a
4 positive -- What I mean by positive, positive
5 can be defined in many ways. Let's assume for
6 our intense purposes this means that the
7 individual has a significant reading and has the
8 TB germ in their body. This individual then
9 receives a chest X-ray. The chest X-ray is
10 pulmonary tuberculosis, active tuberculosis is
11 present. It's not 100 percent, but it's at
12 least 99 percent.

13 At that point if the chest X-ray is
14 negative, the individual is usually sent to a
5 15 tuberculosis clinic. He is seen in a clinic by
16 a physician that is very familiar with
17 tuberculosis. At that time, the inmate, the
18 entire history is obtained as to when he first
19 turned positive. It could have been 20 years
20 ago when he was first tested and he actually
21 turned positive. Once you're positive, you're
22 positive for life.

23 REPRESENTATIVE JAMES: Good. What
24 about positive s-p-u-t-u-m-s?

25 DR. RAHMAN: Sputums?

5 1 REPRESENTATIVE JAMES: What are they?

2 DR. RAHMAN: Let's understand we have
3 to be -- Again, once we get into the medical
4 side of it, it has to be very specific. Sputums
5 are obtained in a setting where, for instance,
6 someone has a positive skin test and chest
7 X-ray. Sputum is secretions from the bronchial.
8 We don't want spit from the mouth, we want it to
9 come from the bronchial track. This is mucous
10 that comes up that is basically by the lining
11 cells of the respiratory track.

12 We obtain this and look under it at a
13 microscope. Tuberculosis has particular
14 staining characteristics, which I won't go into.
15 For all intense and purposes, what we test for,
16 we obtain the sputum. Sometimes we'll do it
17 randomly. For instance, if someone has a
18 positive skin test and a negative chest X-ray
19 but he's coughing, he might be that 1 percent of
20 people who has a normal chest X-ray.

21 We'll do a sputum and we'll smear it
22 first to see if there are organisms present just
23 by looking at it. That's to smear. That's what
24 is done in this country. We use the smear to
25 determine how active someone is. If the smear

5 1 is negative, meaning that we don't see any
2 individual germs on the smear, we still culture
3 it. The culture takes six weeks sometimes to
4 come back, even eight weeks. So that this
5 individual is essentially not isolated.

6 This is one of the hardest parts about
7 treating tuberculosis. There are many people
8 who are asymptomatic, you have no real way to
9 know, other than to wait for the sputum culture
10 to come back. But we do know that this
11 individual, it is very unlikely that this
12 individual will infect anyone. You have to put
13 out a certain number of germs to actually infect
14 someone. By rule, it has been shown that it
15 takes months of contact within a given facility
16 or in your own household to actually transmit
17 this germ. It's a very special germ, very
18 special.

19 REPRESENTATIVE JAMES: That is
20 certainly good to hear, because I was concerned
21 because what I was hearing was that you could be
22 on the subway and somebody sneeze or cough and
23 we can be in a room and the same thing happening
24 somebody could be infected. Of course, in the
25 prison population it would be worse. That's

5

1 good to know.

2 DR. ROSS: Let me interject for a
3 second because we have our council hearings here
4 in two weeks. It's going to be a source of --
5 It's going to be an important piece, because TB
6 is a significant public health problem, in terms
7 that a level hysteria that may be generated that
8 may be unwarranted does not occur. TB is a
9 contagious disease. There are varying degrees
10 and levels of contagion with contagious disease.

11 For example, the measles is one of the
12 most contagious diseases known to mankind, such
13 that if you were not vaccinated against measles
14 or you never had measles, you never seen the
15 measles virus before, if you walk into a room a
16 half-hour after a kid with measles had been in
17 that room and that kid is gone, that kid has
18 been out of the room for a half-hour and you
19 walk into the room half-hour later you could get
20 measles. Measles is that contagious. TB is
21 contagious in stages but not as contagious as
22 measles.

23 Is it possible in the realm of
24 possibility, is it possible to get TB at a
25 subway stop or bus stop? Yes. It's also

5 1 possible you can walk outside and get struck by
2 2 lightning. We're talking about that kind of --
3 3 those kinds of odds. If you live with someone
4 4 whose got TB, those odds go up dramatically. If
5 5 you live with someone that's got TB and you have
6 6 AIDS, those odds go up much more dramatically.
7 7 So that there are levels.

6 8 It is possible to get TB at a bus stop,
9 9 it is very unlikely that that is the way that
10 10 you'll get TB. We have about 350 applications
11 11 in the City of Philadelphia, most of them fall
12 12 into the category of either health care workers
13 13 who have been exposed, persons with HIV disease,
14 14 homeless individuals, persons who have drug and
15 15 alcohol problem. Most of them are at risk and
16 16 disenfranchised employee. If you happen to have
17 17 a decent place to live and happen to have a
18 18 decent level of health care, you're probably not
19 19 going to get TB. That's sort of a general rule.

20 REPRESENTATIVE JAMES: Thank you,
21 21 Dr. Ross. The same thing the previous doctor of
22 22 law said, that one of the causes of TB was
23 23 related to a lot of conditions. Of course, we
24 24 always can count on you to kind of put the
25 25 record straight. I really appreciated that.

6 1 I can note, because of you, the
2 Philadelphia prison system can be ahead in terms
3 of if that happens. I would ask that the
4 testimony you're going to present to city
5 council in a few weeks that if a copy of it can
6 be sent to our chairman of the Health and
7 Welfare and the Judiciary Committee will be -
8 appreciated. Thank you.

9 --MR. CHAIRMAN: Thank you very much.
10 Very quickly, Mr. Parrish has a question. It
11 looks like we're going to be working through
12 lunch.

13 MR. PARRISH: The Chairman has put the
14 onus on me to be brief. Dr. Sanders, my
15 question primarily was for you. I do have one
16 question of Dr. Ross. Dr. Ross, could you tell
17 me what the average cost of a resident of
18 Philadelphia prison system is per year?

19 DR. ROSS: The average cost per inmate
20 in the Philadelphia prison system, I can give
21 you an approximate number and come back to you
22 with an exact number of how much. Prison's
23 health cost is approximately \$12 million. We
24 have approximately 5,000 inmates in our system.
25 So if someone is smart enough to divide 12

6 1 million by 5,000, we could figure that out.
2 Probably around 2-1/2 thousand dollars a year
3 per inmate. Roughly \$2,000 per inmate per year,
4 maybe a little bit more. We can make sure we
5 get back to you on that, Representative, with
6 that exact number.

7 MR. PARRISH: Thank you very much.
8 Very quickly, Dr. Sanders, welcome to the City
9 of Philadelphia. I understand that you have
10 come with a great deal of information and
11 direction when it comes to translating the issue
12 of violence into a health issue.

13 Could you as quickly as possible for
14 the committee give us some background as to how
15 we can view violence as a health issue and what
16 are some of the parameters on structuring that
17 view?

18 DR. SANDERS: Well, the mission of
19 public health is to prevent unnecessary
20 morbidity and mortality. We have come to the
21 recognition that violence or death due to
22 violence or sickness or injury due to violence
23 is a preventable process, that we can prevent
24 that through public health strategies and
25 promising strategies that we know of.

6 1 The reason we got this issue was
2 because of the fact that more than 50,000 people
3 lose their lives as a result of violent abusive
4 behavior in this country each year. The other
5 factor you have to remember is that 3 million
6 people each year suffer some sort of restricted
7 activity as a result of violent behavior.

8 Because of this and because of the
9 epidemics, we've decided we're going to get on
10 this bandwagon. We do realize that this is a
11 complex psychosocial issue that's going to take
12 complex multi-disciplinary solutions. But we
13 believe that a lot of the solutions are
14 promising and we can prevent a lot of this.
15 That's why we're in this business. Does that
16 answer your question?

17 DR. ROSS: Let me just say. We're
18 trying to put together a plan for violent
19 prevention. Dr. Sanders is chairing that. The
20 problems that we think of public health and
21 public health problems doesn't necessarily have
22 the answers. We think that part of the answer,
23 part of the plan is recreation, employment, and
24 mentoring and jobs and role models. I don't
25 think the public health has all of the answers

6 1 within our own fields.

2 What is going to be important about
3 this plan is making sure the entire community is
4 committed top to bottom in every neighborhood to
7 the issue and trying to get committee input and
6 the plan, as well, don't have that many in
7 short.

8 DR. SANDERS: Their community input
9 does not necessarily mean creating just a
10 portion of us, it means all of us as a
11 community. Because we have researched and we
12 know geography, there is no rational ethnic
13 which lives within the confines of the United
14 States that is immuned to it. We all need to
15 get on board.

16 MR. PARRISH: Just as a very quick
17 follow-up. We understand that the Secretary of
18 Health has also taken this on as a priority
19 issue within his own agenda. We would ask that
20 the city officials of Philadelphia cooperate
21 with the Health and Welfare Committee and
22 hopefully Judiciary Committee as we develop a
23 mutli-dimensional or dynamic plan for the
24 Commonwealth of Pennsylvania. This is something
25 that needs to be addressed. Thank you very

7

1 much.

2 MR. CHAIRMAN: Thank you very much. We
3 want to thank all three of you, Dr. Ross,
4 Dr. Rahman, and Dr. Sanders for being here
5 today. A number of areas of concern that we're
6 going to tackle. I hope that we will be able to
7 get you back again, particularly Dr. Rahman, we
8 talked a little bit about Graterford. I really
9 need to talk to you about the whole state prison
10 system from your perspective, in terms of how
11 that works. We'll have some person from the
12 Department of Corrections to testify right after
13 you.

14 But also we get a better prospective
15 from you, Dr. Sanders, with respect to this
16 overall issue of health and how it's really
17 going to meet with overall universal health care
18 plan for us and the Commonwealth of
19 Pennsylvania, which is why we're doing prison
20 health. We think that's also tied into
21 universal health care plan no matter what is put
22 together in Washington, no matter what is put
23 together by the government. We as legislature
24 have a responsibility to our constituents and
25 also we want to also get your best reading of

7 1 that. Because we believe it dovetails to our
2 overall plan.

3 You, Dr. Ross, were out of town, you
4 were not able to be here when we had it at the
5 University of Pennsylvania. I mean at
6 Children's Hospital. I wanted to pursue that
7 with you. We'll hopefully get a chance to do
8 that at a later time. Thank you all of you for
9 being here this morning.

10 DR. ROSS: Thank you, Representative,
11 for hearing for prison inmates being a forgotten
12 population and forgotten community. It's really
13 wonderful to see someone paying attention to
14 this issue.

15 Second is the issue that a legislator
16 may want to pursue, that is, the cost of prison
17 health is going to continue to be burdensome,
18 particularly we have no more prisons. The cost
19 of care is going up. The cost of treating TB,
20 treating AIDS is expensive. We're going to try
21 and find ways to stretch our dollars to go
22 further.

23 One of the things I have as a special
24 concern, I understand most state prisoners do
25 not qualify for medical assistance coverage.

7 1 There may be one state where prisoners may
2 qualify for medical assistance reimbursement.
3 We assume all those costs, as you know. We as a
4 City of Philadelphia and us as a State of
5 Pennsylvania.

6 I would like to know why is it that we
7 cannot have prison inmates qualify, to qualify
8 for medical assistance on the outside, qualify
9 for medical assistance reimbursement on the
10 inside. I would be happy to sit down with you,
11 Representative, at any time to take that
12 discussion further. That is going to be a clear
13 issue of burden for all those jurisdictions,
14 whether state or county, in the provision of
15 quality on medical services.

16 MR. CHAIRMAN: We'll approach that with
17 Representative Caltagirone. And Representative
18 Manderino is also a member of the Judiciary
19 Committee, she can probably go back with one of
20 the discussions that needs to be had. And also,
21 Representative Babette Josephs sits on the
22 Health and Welfare Committee and Appropriations
23 Committees.

24 With all that in mind, we'll have an
25 opportunity to sit down hopefully for the end of

7 1 the fiscal year to approach that. We appreciate
2 it very much. Thank you. We will take a short
3 recess.

4 (Recess)

5 MR. CHAIRMAN: The time of the recess
6 having expired on our short break, we would like
7 to call the hearing back to order. At this time
8 we would like to recognize the presence of
9 Ms. Diane Marks, director of Health Care
10 Services for the Department of Corrections. And
11 if she's going to have someone sit with her,
12 choose to sit with her, would you identify
13 yourself, Ms. Marks, and identify counsel for
14 the department?

15 MS. MARKS: Yes. Good morning. Thank
16 you. My name is Diane Marks, as Mr. Chairman
17 said. I am the director of the new bureau for
18 Health Care Services, Department of Corrections.
19 Joining me at the table is Ms. Sheri Young,
20 chief counsel for the Department of Corrections.
21 They are located at Central Office in Camp Hill,
22 Pennsylvania. I have a prepared statement to
23 read you today, which I understand has been
24 distributed to you.

25 MR. CHAIRMAN: You are in order. You

8 1 may proceed.

2 MS. MARKS: This morning I want to
3 provide a brief overview of some of the changes
4 the Department of Corrections is making with
5 regard to prison health care. Unfortunately,
6 given the Austin class action lawsuit and the
7 ongoing litigation with the former provider of
8 health care services at the State Correctional
9 Institution at Camp Hill, which involves the
10 death of an inmate, based upon the advice of
11 legal counsel, the scope of my participation at
12 this hearing must be limited. I am restricted
13 in what I am able to both offer and respond to
14 Nonetheless, the department intends to cooperate
15 with your inquiry concerning health care within
16 the state prison system. Because this public
17 hearing is informational in nature, my remarks
18 will focus on what the Department of Corrections
19 is doing today to improve its health care
20 delivery system.

21 The Department of Corrections has
22 recently established a new inmate health care
23 bureau with direct line authority to the health
24 care administrators in the institutions. The
25 bureau position complement is provided in the

8 1 attached table of organization. The bureau is
2 directly accountable to the Commissioner of
3 Corrections.

4 The department's health care delivery
5 system has been divided into three regions with
6 eight state facilities per region. Two
7 institutions in each region will be designated
8 as the primary and secondary health care
9 facilities. Three assistant directors have been
10 hired to supervise operations in each region.

11 Medical services and operational
12 procedures will be standardized in each facility
13 statewide. Dialysis service and a Hospice
14 program will be centralized for the entire
15 system.

16 A statewide quality assurance plan,
17 developed cooperatively by the bureau quality
18 assurance chief and National Capital Systems,
19 Inc., and an infection control plan developed by
20 the bureau infection control coordinator will be
21 implemented.

22 A centralized quality assurance
23 committee will be established to review
24 monitoring results, formulate corrective action
25 plans, and provide physician peer review of

8 1 clinical practice. The bureau is also
2 developing procedures for the monitoring of
3 vendor contract compliance in accordance with
4 the National Commission on Correctional Health
5 Care Standards.

6 The changes in our system will provide
7 us with an enhanced capacity to manage the
8 functions more efficiently while continuing to
9 ensure that quality care is provided to those
10 incarcerated.

11 And again, I regret not being able to
12 respond to specific questions today, but I do
13 want to assure you that the department will work
14 closely with this committee in its review of our
15 prison health care delivery system. Thank you.

16 MR. CHAIRMAN: What do you mean that
17 you're not able to respond to specific
18 questions?

19 MS. MARKS: As I had indicated in the
20 statement, because of our ongoing litigation and
21 based upon the advice of legal counsel, I am not
22 able to respond to questions here today.
23 However, any specific questions can be forwarded
24 to the department through Scott Lawrence's
25 office for review and response.

8 1 MR. CHAIRMAN: Let me just say this.
2 Evidently -- How many months have you been with
3 the department?

4 MS. MARKS: I've been with the
5 department for two years and specifically in
6 this position three months.

7 MR. CHAIRMAN: Three months. You were
8 advised by counsel that you do not answer any
9 questions relevant to what?

10 MS. MARKS: Relevant to the status of
11 our litigation in the two cases that I
12 mentioned.

13 MR. CHAIRMAN: So other questions that
14 this committee has relevant not to concerns of
15 the litigation are certainly subject to mutual
16 respect?

9 17 MS. YOUNG: If I may. The scope of the
18 Austin litigation, as we have discussed
19 previously, is very broad. To the extent that
20 it involves the provision of medical services to
21 inmates, it covers the entire delivery system in
22 every aspect. That is the case that the
23 gentleman testified about earlier where we are
24 still in discovery in that particular
25 litigation. That discovery process will close

9 1 in mid May.

2 The other aspect to that concern is
3 that the federal court upon the filing of this
4 lawsuit by ACLU imposed a protective order by
5 order of Judge DuBois, who is sitting on this
6 case, neither of the parties can disclose
7 information absent Court approval. That is the
8 nature of that Court Order.

9 To the extent that the department has
10 invited the committee to submit any questions or
11 concerns in writing, that is so that we may
12 review those inquiries, determine whether or not
13 they are covered by the scope of the protective
14 order, determine whether or not they are issues
15 that actually are in litigation and to the
16 extent that we can respond provide those
17 responses.

18 But because of the fact that in this
19 particular lawsuit we have been in discovery
20 since 1991, it would be very difficult, I
21 believe, for any one of my clients to
22 extemporaneously say that particular question is
23 or is not covered by the scope of that
24 litigation.

25 We are also in active litigation with a

9 1 health care provider, a former health care
2 provider in Camp Hill. That is pending before
3 the state courts. There is no protective order
4 in that particular case. But again, when
5 matters in litigation, I'm sure the Chairman and
6 the other committee members appreciate, it is
7 not unusual to limit responses that are made
8 publicly, and that is the nature of the
9 department's concern.

10 MR. CHAIRMAN: Well, I'm glad that you
11 have taken a position. What I will say to you
12 is that then we will put forth any question we
13 want on the record today and will indicate that
14 you are sitting here and that you choose not to
15 answer. The scope of my question was going to
16 be relevant to the new proposal in
17 organizational charts to go this way by regions
18 and the regional health care. Is that a
19 question in litigation you can't answer?

20 MS. YOUNG: Can we take it one question
21 at a time?

22 MR. CHAIRMAN: That's what we're
23 saying. We are a Health and Welfare and
24 Judiciary Committee, we are the House of
25 Representatives. I don't know who has advised

9 1 who, whether it's the Attorney General's Office
2 that was impeding us yesterday or the Department
3 of Corrections that deal with a major health
4 care problem we have in the Commonwealth of
5 Pennsylvania and for the department to take
6 position that pieces under litigation, which we
7 have not raised subject before they were raised,
8 to say that you can't answer any questions. I
9 just find that to be awful stringent.

10 Not only do we submit persons at a
11 subsequent later time, but there are other major
12 issues that we encountered yesterday, aside from
13 the litigation, are subject to some response by
14 the department with respect to what we observed,
15 what we saw, and what we are dealing with as
16 legislators. And to say that they cannot answer
17 them till we put them in writing, I think it
18 ludicrous.

19 I went to Superintendent Vaughn
20 yesterday, and there was a gentlemen who had
21 symptoms of a hernia and he should be seen right
22 away. If that is something that you can't
23 discuss in terms of health care overall for
24 inmates in general and the way we should frame
25 our direction futuristically, I don't understand

9 1 why there would be a reluctance on either one of
2 2 you to deal with something that you have been in
3 3 for three months so that we can't even have a
4 4 feeling for your direction for the health care
5 5 system for the Commonwealth of Pennsylvania for
6 6 its prison system.

7 MS. YOUNG: If I may, Chairman
8 8 Richardson, I'm not in a position to speak for
9 9 the Attorney General's Office, as I am not an
10 10 employee of the Attorney General's Office.
11 11 However, I can say to you that the department in
12 12 no way, shape, form, or fashion has any intent
13 13 to impede this committee's activities. But as I
14 14 indicated, we also have no intent to violate the
15 15 order of a federal court judge. We cannot do
16 16 that. That is the advice that I have given my
17 17 client, that is the advice that the Attorney
18 18 General's Office has given my client.

10 And absent the time it takes to analyze
19 19 the wealth of information and wealth of issues
20 20 that are on the table in active litigation, so
21 21 that we don't jeopardize our position in these
22 22 ongoing lawsuits, which, in fact, if we lose,
23 23 you will be appropriating a great deal of money
24 24 for.
25 25

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1 MR. CHAIRMAN: Unfortunately, because
2 we shouldn't have to go that way in the first
3 way.

4 MS. YOUNG: We did not initiate the
5 lawsuits.

6 MR. CHAIRMAN: I know that. It's
7 unfortunate that the Commonwealth of
8 Pennsylvania citizenry always has to file suits
9 against the Commonwealth of Pennsylvania in
10 order to get action taken. Therefore, if it had
11 been preacted as opposed to being reacted, you
12 would not be in this position at all. That is
13 the case, I'm not going to go through that.

14 Chair recognizes Judiciary Committee in
15 the presence of Representative Manderino at this
16 point.

17 REPRESENTATIVE MANDERINO: Thank you,
18 Mr. Chairman. First, let me say that I'm
19 disappointed in the least by the position taken
20 by the department. And to the extent that that
21 was advised by the Attorney General's Office,
22 I'm doubly disappointed.

23 My experience with litigation is that
24 while individual case matter and individual
25 cases of individuals that might be subject to a

10 1 lawsuit might understandably be off limits with
2 regard to questioning, particularly in light of
3 a court order, I see no reason that that should
4 maintain with regard to both general practices
5 and procedures of our Department of Corrections
6 at the current time, as well as practices and
7 procedures with regard to future plans.

8 With those remarks being made, I would
9 like to ask at least a few questions that I
10 have, and if counsel so sees to it to advise
11 Ms. Marks not to answer, then certainly that
12 will be part of the record.

13 MR. CHAIRMAN: You're in order. You
14 may proceed.

15 REPRESENTATIVE MANDERINO: Thank you,
16 Mr. Chairman. Based on what I heard and learned
17 yesterday at Graterford about the proposal by
18 the Department of Corrections to regionalize, to
19 divide the Commonwealth within regions for the
20 purposes of providing health care, I think we
21 raised some concerns yesterday about whether or
22 not regional RFPs that serve six to eight
23 institutions each would improve the delivery of
24 health care systems. And my concerns are even
25 greater today than they were at the beginning of

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1 yesterday.

2 And I guess my first question is, what
3 is it about the regionalization of health care
4 that the Department of Corrections believes will
5 result in the improved delivery of health care
6 to the prison population?

7 MS. YOUNG: If I may, Representative,
8 that is one of the areas that is currently in
9 litigation. As I suspect, this is not a
10 surprise to you, as we talked about this at
11 length yesterday.

12 REPRESENTATIVE MANDERINO: You're
13 instructing Ms. Marks not to answer the
14 question?

15 MS. YOUNG: Yes.

16 REPRESENTATIVE MANDERINO: Thank you.
17 My second question is, with regard to the
18 regionalization of contracts, can you explain to
19 me how, whoever is the successful contractor,
20 how they are proposed to be paid for the
21 services rendered to the prison inmates?

22 MS. YOUNG: Your question is how will
23 the vendors be paid?

24 REPRESENTATIVE MANDERINO: Yes. For
25 example, will they be paid a particular lump sum

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1 for the institution based on the number of
2 inmates in the institution, will they be paid
3 for each health care need met? And if that's
4 the case, how will that be documented. Will
5 they be paid in addition for the provision of
6 medicines or will the cost of medicines be
7 included in an overall package, those kinds of
8 issues?

9 MS. MARKS: I can answer that question.
10 They will bill monthly, first of all, the
11 department monthly. It will be based on
12 physician hours. There are certain salaries
13 that are set for physician services per hour and
14 the amount of hours that is put in based on
15 need. So that, in fact, if we inform a
16 particular vendor that -- In this particular
17 region, as I said in my statement, we will have
18 dialysis. For that particular vendor, they know
19 up front that that is a service that we plan to
20 centralize and that is in their particular
21 region. So unlike the other two vendors, for
22 example, they would have to supply us with
23 proposed costs to deliver the dialysis services.

24 Given that then, in addition to
25 regular, say, general practitioners, their

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1 salaries per hour, we know that in that
2 particular region that our costs vary because in
3 that region we have dialysis. When we tell the
4 vendors or those interested vendors in this
5 region we're going to have centralized whatever
6 service, they must provide that, that that is
7 how we want it set up. So they will bill
8 monthly based on physician time and hours put on
9 in. However, those hours put in are based on
10 the needs that we have determined.

11 REPRESENTATIVE MANDERINO: Let's use
12 your dialysis example for further exploration.
13 If in the eastern region you determine that
14 dialysis service is part of the package on which
15 they are bidding, did you in your RFPs give them
16 a particular number of estimated patients on
17 which for them to base that cost, and if that's
18 what you did, how did you come up with the
19 number of people in need, and what flexibility,
20 if any, is built into the contract if the need
21 is determined to be greater or lesser than that
22 outlined proposal?

23 MS. MARKS: Yes, we provide statistics
24 to the -- Well, we did to the region. Using
25 dialysis in the east, we most certainly would

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1 provide them with that data. We do know how
2 many people are on dialysis, we know how many
3 inmates came into the system on dialysis, those
4 that went on dialysis while incarcerated, and
5 those with chronic renal disease that there is
6 an anticipation without improvement that they
7 will also go on dialysis. That provides us with
8 some projection to give us those costs.

9 REPRESENTATIVE MANDERINO: My second
10 part of the question had to do with once the
11 contract is let, if the demand is identified by
12 the health care contractor to be greater or
13 lesser than what it is, how could the payment
14 then happen?

15 MS. MARKS: It is established and set
16 up in such a fashion that with the understanding
17 that, obviously, our need will change, so that
18 what you see now -- And then the vendor --
19 That's how they negotiate with any potential
20 company that's going to provide a dialysis
21 service. They know that our need will change
22 and will vary. And then again, based on the
23 numbers that we gave to them with the ones with
24 long-term renal disease, they know that based on
25 that number that at some point in time those

11 1 gentlemen or women are going to need that
2 service.

3 REPRESENTATIVE MANDRINO: The way it's
4 proposed for the future to contract out such
5 specialty items like you just said with regard
6 to dialysis, is that a continuation of the way
7 it works in the current system or is that a
8 change, and if so, if there is a change, can you
9 explain how it changed?

10 MS. MARKS: That is a change.
11 Presently, each institution who may have an
12 inmate in need of dialysis, the individual
13 vendors in those institutions are responsible to
14 find dialysis units, freestanding community
15 units to provide that service. So that
16 presently through our system we have inmates
17 among our institutions receiving that service in
18 various centers.

19 The reason for centralizing that
20 particular service, number one, coincides with
21 our plan for the standardization approach.
22 Number two, we do believe that, and from some
23 preliminary discussions, that it will be more
24 cost efficient to use one center who will on a
25 regular basis have available beds for us,

11 1 because when it's determined that someone needs
2 to go on dialysis, they need to go on quickly.
3 We will have that assurance that we can provide
4 that service quickly and that it will be an
5 ongoing service available. And of course, as I
6 had indicated, that it has preliminary
7 discussions shown to be more cost efficient.

8 REPRESENTATIVE MANDERINO: So under the
9 current system where each individual contractor
10 vendor within an institution would recognize a
11 need and send the person out somewhere else for
12 the treatment, who pays for that, does that come
13 out of that contracting vendor's contract with
14 the state or is that something additional over
15 and above what they now get paid that the
16 Department of Corrections picks up the cost of
17 sending them out?

18 MS. MARKS: The situation has been up
19 until this point that -- Well, it's two-fold.
20 Number one, the vendor is responsible for any
21 service that an inmate needs. And the reason I
22 say up until this point, in that up until about
23 six months ago, perhaps, I believe, maybe a
24 little longer, the Department of Health had been
25 paying for a portion of those costs through the

12 1 rehab division, long-term renal program of the
2 state. However, there has been changes made in
3 that -- The Department of Health has made some
4 changes in that and that they are no longer
5 going to be paying for that component. That
6 does not change the fact that the vendor still
7 is responsible. Previously a portion was made
8 by the Department of Health program and the
9 vendor paid the balance. But the vendor would
10 still be responsible totally.

11 REPRESENTATIVE MANDERINO: So if I'm
12 interpreting what you're saying right, right now
13 in the Commonwealth of Pennsylvania we have
14 structured our system such that there is an
15 economic disincentive to our vendors to provide
16 necessary care -- Let me strike that question.
17 Let me just make it a statement. I don't really
18 want you to answer it and then get into trouble
19 with your counsel. And I could see I was
20 leading that way.

21 For the record, my concern is that
22 whenever you're in any type of vendor situation,
23 and I say this in full recognition that across
24 the Commonwealth, whether we're in our
25 correctional institutes or otherwise, we are all

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1 grappling with controlling health care costs and
2 that's a part of reality of our budget. But my
3 concern is that when we contract out vendor
4 services we lose additional control with regard
5 to the provision of necessary services.

6 And what my concern is that if we're
7 saying to vendors, this is the fixed price of
8 your contract to provide, using the example you
9 were using earlier, dialysis services and we've
10 pushed the whole responsibility onto you on this
11 fixed cost, that what we in essence have just
12 done is created a system whereby I'm going to
13 identify less of a need that there is or I'm
14 going to ignore health care problems that might
15 exist because my contract, there is a
16 disincentive in my contract to identify those
17 needs and pay for them, because then I won't
18 have any money left from which to have made a
19 profit.

20 So to the extent that that is something
21 that has happened in our past contracting
22 practices within the Commonwealth, I hope that
23 it's something that you're aware of in trying to
24 change when we're letting new RFPs and changing
25 the way we have health care delivery being done .

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1 within our correctional institutes.

2 I guess my second question along that
3 line with regard to our current practices and
4 our future practices deals with the dispensing
5 of medicine. As it is right now, the cost of
6 medicines within our correctional institutes, is
7 that a cost that's bore by the vendor within
8 each institution based on a lump sum or is that
9 something that the Commonwealth picks up the tab
10 separate from the cost to the vendor? Is my
11 question clear?

12 MS. MARKS: I think so. I think it is.
13 The vendor will be paying that cost. Up until
14 this point, the state was paying that cost.

15 REPRESENTATIVE MANDERINO: So up until
16 this point, if I am working on an assumption or
17 at least if I'm working on an assumption that
18 there have been instances or a pattern,
19 whatever, if I'm working on an assumption that
20 there have been cases where prescribed medicine
21 was not available, am I correct in assuming that
22 the problem lie not with the -- and if I assumed
23 that the medicine wasn't available because no
24 one had the money to pay for it or for some cost
25 reason as compared to some ordering problem,

12 1 that that cost responsibility fell on the
2 Commonwealth, our Department of Corrections and
3 not on the vendor?

4 MS. MARKS: Payment to a medication has
5 been the department's responsibility.

6 REPRESENTATIVE MANDERINO: How about
7 ordering the medicine?

8 MS. MARKS: Ordering the medicine,
9 obviously, a physician must write the order.
10 However, nursing staff processes that order to
11 the company.

12 REPRESENTATIVE MANDERINO: And that's
13 Commonwealth people, not vendor?

14 MS. MARKS: That's Commonwealth nursing
15 staff with the exception of two institutions, as
16 I mentioned yesterday.

17 REPRESENTATIVE MANDERINO: I guess with
18 the indulgence of the Chair, one final statement
19 for the record. In your opening remarks,
20 Ms. Marks, and I recognize that you are new, but
21 I think it's important to point out that we
22 talked about changes in the delivery system, not
23 only to deal with management efficiencies and
24 oversight, but also to assure the continued
25 quality of health care delivered to the

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1 prisoners-- That's my paraphrase of your opening
2 remarks.

3 I guess my concern is that I have real
4 questions about the quality of health care we've
5 been delivering and so I hope that any change in
6 the system will not further compromise that but
7 will truly enhance that delivery. Thank you,
8 Mr. Chairman.

9 MR. CHAIRMAN: Chair recognizes
10 Mr. David Krantz.

11 MR. KRANTZ: Ms. Marks, my question is
12 since we're going to a health care provider, and
13 I was under the impression that prior to that we
14 had individual physicians, why don't we go back
15 to individual physicians where the state can --
16 they might be able to, the cost might be a lot
17 less than going to a provider that has to deal
18 in the proper.

19 MS. MARKS: I would like to offer
20 clarity before I respond. In that, presently,
21 we have contracts, when I use the word
22 individual, I mean --

23 MR. KRANTZ: Institutions?

24 MS. MARKS: Yeah, institutions. Each
25 institution has a contract with a company.

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1 MR. KRANTZ: I mean, prior to that. In
2 other words, at one time I'm sure the systematic
3 individual physicians were on the state payroll,
4 no?

5 MS. YOUNG: On occasion, but very
6 little.

7 MR. KRANTZ: I thought it would be a
8 lot easier to employ individual physicians,
9 state physicians, I guess you would call them.

10 MS. YOUNG: In my experience with the
11 department, I've had more than Ms. Marks, so I
12 will explain that history to you to the extent
13 that I can. There have always been the contract
14 arrangements to provide care to inmates, simply
15 because of the numbers of physicians that you
16 need, the types of services that you need
17 provided, and whether or not the agency can
18 provide those services inside. So contractual
19 arrangements are nothing new.

20 MR. KRANTZ: Do you know if other
21 states in the country, are they all contracted,
22 do any of them have individuals?

23 MS. YOUNG: I couldn't respond to that.

24 MR. KRANTZ: Thank you.

25 MR. CHAIRMAN: Mr. Parrish.

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1 MR. PARRISH: Thank you, Mr. Chairman.
2 Two very quick questions. Ms. Marks, in the
3 past from all of the material that I have been
4 able to peruse, staff turnover has been a major
5 problem within the Department of Corrections.
6 In your estimation, with this new plan that's
7 being developed, will this reduce or enhance
8 staff turnover in your estimation?

9 MS. MARKS: I've been advised by my
10 counsel not to answer the question. I'm sorry.

11 MR. PARRISH: One of the issues that
12 the Chairman raised yesterday, and I don't know
13 that anyone took the time to read his opening
14 statement that was just entered into the record,
15 if my recollection serves me correctly, was the
16 issue of fragmentation.

17 The LPNs as it was described to us
18 yesterday are employees of the Commonwealth.
19 Those people that keep records for the
20 Department of Corrections with regard to medical
21 services are staffed to the Commonwealth of
22 Pennsylvania. The doctors are, for the most
23 part, I guess, employees of the vendors who have
24 contracts with the Commonwealth of Pennsylvania.
25 That to me is a highlight of fragmentation in

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1 our system.

2 How does -- Let me try to get around
3 Ms. Young's advice here. How does one propose
4 to undo the fragmentation that the Chairman
5 highlighted in his statement yesterday?

6 MS. MARKS: I've been advised by my
7 counsel not to answer.

8 MR. PARRISH: Thank you very much.
9 Thank you, Mr. Chairman.

10 MR. CHAIRMAN: Thank you.
11 Mr. O'Connell.

12 MR. O'CONNELL: No questions at this
13 time.

14 MR. CHAIRMAN: I want to put on the
15 record that after yesterday's meeting with the
16 department there were a number of concerns that
17 were raised by individuals of whom testified
18 before these respective committees that you're
19 before today. And I want the record to reflect
20 that I'm now directing that you take back to
21 Commissioner Lehman that there was some major
22 concerns that should not have been answered and
23 questions that we believe that were relevant to
24 our scope of work to deal with health care for
25 inmates in the Commonwealth of Pennsylvania.

13 1 And since you're not permitted to
2 answer these questions, you can take back this
3 information to the commissioner, and I expect an
4 answer for Representative Caltagirone,
5 chairperson of the Judiciary Committee, and to
6 the Health and Welfare Committee, myself, and we
7 will disseminate it to the members of Health and
8 Welfare Committee.

14 9 There were a number of complaints that
10 were raised, in terms of medical conditions of
11 the following persons. I want to first list the
12 names of the individuals and their numbering.
13 And I want to indicate that for the record upon
14 meeting with the Judiciary Committee and Health
15 and Welfare Committee members that were present
16 that no punitive action be taken against these
17 individuals because they cared about their
18 health and had the fortitude and the stamina to
19 come before our committee and at least share
20 these concerns with us, which should be a
21 concern of yours if you want to be the Bureau of
22 Director for Health Services for this
23 Commonwealth.

24 I do not take lightly the health
25 conditions and concerns of those individuals,

14 1 whether they are staff or inmates, and that our
2 committee is very committed to doing whatever it
3 is necessary to assure the safety and the health
4 of those individuals inside of the institution.

5 One is Mr. Lonnie Roberts, BR5804;
6 Mr. Jerry Rice, AS1796.

7 I want to point out for the record I
8 specifically spoke to Superintendent Vaughn
9 about this gentleman who had a hernia diagnosed
10 over three years ago, no corrective surgery
11 despite constant pain and the fact that he had
12 numerous times been called down to sick hall and
13 he gets different diagnosis frequently. That is
14 a concern that I ask to have taken care of
15 immediately. I do not even want to see anybody
16 play with someone who has either symptoms of or
17 complaining of what they believe may be a hernia
18 and was diagnosed by a doctor that he did have a
19 hernia but then was counteracted by another
20 doctor saying he didn't have one. That's just
21 playing games with people's health.

22 Mr. Eugene Watson, AM7601; Mr. Donald
23 Reel, R-e-e-l, AF7267; Mr. William Warren,
24 AM5892; Mr. Laurence Quinn, AS2761; Mr. Geary
25 Turner, that's G-e-a-r-y, Turner, BS2748;

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1 Mr. Allen Young, AY5037; Mr. Theodore Schell,
2 S-c-h-e-l-l, AF7923; Mr. Wayne Thomas, AP9127;
3 Mr. William Saab, S-a-a-b, AF1902; and
4 Mr. Grover Sanger, S-a-n-g-e-r, AH8015.

5 I want an immediate response to those
6 inmate's health conditions. We will submit for
7 the record and to the Commissioner other names.
8 These were the worst case scenarios. We pulled
9 out a list of many health concerns at the
10 institution. Whether or not they are real or
11 unreal is sort of like in the eyes of the
12 beholder and some of those individuals that
13 testified before our committee yesterday, there
14 is some truth to some of the concerns that were
15 raised, and that's why we're raising them with
16 you so that corrective action can be taken.

17 Relevant to the RFPs, reform proposals
18 for the Commonwealth of Pennsylvania,
19 regionalization concept by the department, I
20 would reiterate the discussion that I had
21 yesterday, which was an informal discussion and
22 not on the record, that my overall concern is
23 the fact that in many of these institutions
24 across the Commonwealth of Pennsylvania, as the
25 population of African-Americans, Hispanics, and

14 1 other minorities that represent a
2 disproportionate number of individuals that make
3 up the entire Commonwealth of Pennsylvania,
4 particularly by the location of the institution
5 and their locale of where they may be presently
6 in the Commonwealth of Pennsylvania.

7 With that in mind, it would seem to me
8 that one of the overall concerns of any request
9 for proposals would be the fact that those kinds
10 of quality assurance piece is indicated. For
11 example, where applicable and where pushed, we
12 should be seeing that African-American doctors,
13 physicians, dentists, and other technicals,
14 psychologist and other services that can be
15 rendered should be at least sought. Where there
16 are female prisons, there should be female
17 doctors sought to take care of those inmates in
18 those institutions where we have women
19 incarcerated.

20 That overall contracts, in terms of
21 what is meant, whether it is done by joint-
22 venture or subcontracting out, consideration
23 should be given to African-Americans and
24 minorities for opportunities to receive those
25 contracts. What we have found is that many of

15 1 these contracts continue to follow the old boys
2 network, take care of my boy, you take care of
3 your boy, and I'll take care of them in the
4 east, you take care of them in the west. They
5 are all the same people. Most of the time what
6 happens is that the people who needs to be
7 rendering the service are not concerned about
8 the service but are concerned more about the
9 dollar profits and profit motives.

10 Our concern, Representative Manderino
11 was trying to raise with you was the fact -if
12 we're going to overhaul the system and we're
13 going to change it, then the compassion at the
14 top has got to be in such a way that it doesn't
15 seem to always be a punitive type of action that
16 has to be taken because somebody says I'm sick.
17 It's almost like because you locked up, boy, you
18 stay locked up. Just because you say you're
19 sick, I ain't got time to see you today. I
20 think that's a nasty attitude. If that is one
21 that permeates throughout the system, then it
22 needs to stop and needs to be changed.

23 I think that Commissioner Lehman needs
24 to hear that from those individuals who are
25 raising, because if you can cover up or simply

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1 feel that you're covering up or hiding or
2 shielding or protecting those individuals who
3 are not given the kind of treatment that they
4 are supposedly seeing, then we're doing
5 something wrong.

6 I would hope that since you have been
7 silenced here today that perhaps maybe when
8 you're unsilenced that we could really get into
9 the depths of the health care delivery system
10 for inmates in the Commonwealth of Pennsylvania
11 that will have a tremendous impact on our
12 direction as legislative body and as state
13 employees who work for the constituency here in
14 the Commonwealth of Pennsylvania, which is the
15 people of the Commonwealth.

16 And finally, I would indicate that the
17 questions that will be submitted, will be
18 jointly submitted by Representative Caltagirone
19 and myself to the department dealt with by staff
20 and other concerns that may be raised and would
21 hope that there would be placed a time limit
22 with respect to when the questions are submitted
23 in a timely fashion to have those questions
24 responded back to me within a two-week period.
25 It seems to me that that should be ample time to

15

1 respond to the questions that will come out from
2 our respective committees.

3 I am upset. I hope that the message
4 will be taken back to Commissioner Lehman that
5 the committees both are upset that this was the
6 course of action that legal counsel advised the
7 Department of Corrections to respond to and that
8 we want to get on with the business of the
9 Health and Welfare Committee to try to place
10 what we thought was a vicious and eager way to
11 try to see how we could shape health care for
12 all of the citizens, whether they were indigent,
13 whether they were incarcerated, whether they
14 were long-term care residents, AIDS victim,
15 whatever they were, to put together our own
16 universal health care plan, and we run into a
17 snag with our own Department of Corrections to
18 try to get that vital and necessary information
19 to shape that for the Commonwealth of
20 Pennsylvania.

21 I'm just mainly concerned that that is
22 the position and hope that after these hearings
23 that people who will read this testimony will
24 have the availability of the department to share
25 on the record the concern that we raised today

15 1 about humanity, compassion, and understanding.
2 Those individuals who normally don't have anyone
3 to defend themselves or fend for them because of
4 the way they are. If we've gotten so big and so
5 uppity and some capricious in our thinking that
6 we don't have any human compassion in our heart
7 anymore, aside from what legal says to us, but
8 our own ability to be able to respond and see
9 how we want to deal with our own population of
10 those who are incarcerated, I believe that we
11 are in a sad state of affair if we cannot get to
12 that human side of element. So this would not
13 have been necessary. We just had a few open
14 dialogue because many of our members, just like
15 anybody else, they know that there is a problem.
16 All we want to do is correct the problem with
17 that.

18 Recognizing that we appreciate your
19 presence of you all coming down here today, but
20 the commissioner should have just said, I ain't
16 21 testifying, and I would have understood that
22 much better than wasting your time having you
23 come back to answer these questions and not
24 having answered the questions. With that in
25 mind, you're excused. We hope that you take the

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1 information back.

2 MR. CHAIRMAN: Mr. Gene Boyle, I hope
3 that you will be able to talk to us. You're the
4 last person to testify and then we're going to
5 take a quick break out for lunch, then we're
6 going to come back. Just quickly. That's all.

7 For both of you gentlemen, since I know
8 you best, Sam McClay, why don't you identify
9 yourself for the record and then ask Mr. Boyle
10 to identify himself and then both of you will be
11 in order to proceed.

12 MR. McCLAY: Sam McClay, policy
13 coordinator for the Secretary of Health,
14 Commonwealth of Pennsylvania.

15 MR. BOYLE: My name is Gene Boyle, I'm
16 with the Office of Drug and Alcohol programs,
17 Pennsylvania Department of Health.

18 MR. CHAIRMAN: You're in order. You
19 may proceed.

20 MR. BOYLE: Good afternoon,
21 Representative Richardson. As I said, my name
22 is Gene Boyle, I'm the director of the bureau of
23 program services, and I'm here this afternoon
24 representing the Pennsylvania Department of
25 Health Office of Drug and Alcohol Program.

16

1 Representative Richardson, Deputy Secretary
2 Peterson asked me to give her regards. She
3 would have been here this afternoon, however,
4 due to a conflict she could not.

5 MR. CHAIRMAN: Thank you for that.

6 MR. BOYLE: I am pleased to be with you
7 and have the opportunity to provide comments to
8 the committee. As we continue, and we're all
9 aware that to combat the substance abuse problem
10 we have to realize that if we are going to be
11 successful we all must work together, all
12 agencies of government, agencies of government
13 with local communities, and certainly bringing
14 it on down the grass roots organizations.

15 Serious drug use continues and
16 certainly heels other criminal behaviors. Drug
17 addicts, for example, are involved in
18 approximately three to five times the number of
19 crime events as arrestees who do not use drugs.
20 And they have a significantly greater number of
21 arrests than non-drug involved arrestees.

22 Following conviction, the overwhelming
23 majority of substance abusing offenders are put
24 on probation in their community under
25 supervision. Those recognized to be more

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1 serious offenders are incarcerated. It is clear
2 that for some offenders incarceration is
3 necessary, for others regular supervision may be
4 a very appropriate sanction. For many more
5 substance abusing offenders, however, the choice
6 between incarceration or probation is not
7 sufficient. A range of programmatic options must
8 be offered.

9 Pennsylvania Department of Health,
10 Office of Drug and Alcohol Programs has and will
11 continue to impact upon this problem. Today
12 over 750 prevention, intervention, and treatment
13 facilities provide services statewide. I will
14 attempt this afternoon to focus on some major
15 issues of mutual interest.

16 Our enabling legislation in
17 Pennsylvania Drug and Alcohol Abuse Control Act
18 63 of 1972 as amended essentially requires the
19 department to have coordinating responsibilities
20 for all drug and alcohol prevention,
21 intervention, and treatment services. Our
22 charge is universal for Pennsylvania citizens.
23 It includes responsibility to insure that
24 services are provided to persons who are under
25 the primary jurisdiction of other state

16 1 agencies. To formalize this process, to provide
2 for this process as well, that coordinated
3 responsibility we have put into what we call
4 memorandums of agreements, which recognize that
5 the primary responsibility for identifying and
6 providing needed services belongs with that
7 state agency. The principal responsibilities of
8 the Office of Drug and Alcohol is to offer
9 technical assistance in determining service
10 needs, recommending service models, and in the
11 instance of treatment, visiting those programs
12 annually as a part of licensure review to ensure
13 conformity with our licensing standards.

14 The Department of Health, Office of
15 Drug and Alcohol is a single state agency
16 designated by the Governor to receive and
17 disburse, not only the state funds, but the
18 federal funds in addition. Generally, the
19 department's philosophy is that the service
20 needs and funding priorities should be
21 determined at a local level. And we have
22 accordingly developed decentralized system which
23 we call single county authorities.

17 24 It is important, also, to note that our
25 funding is based on annual appropriations and is

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1 not entitlement funding. It is also important,
2 I think, to state that a third primary funding
3 source in addition to the state and the federal
4 government's funding stream is Medicaid dollars,
5 which are administered through the Department of
6 Public Welfare for hospital-based, residential,
7 and outpatient care.

8 Recent passage of Act 152 has allowed
9 us to expand Medicaid coverage services to
10 include today beyond hospital-based residential
11 care settings in certain counties in the
12 Commonwealth.

13 For the adult offender population, the
14 department offers assistance in four primary
15 areas, first dealing with the state correctional
16 institution. Beginning in 1973, the department
17 helped establish a therapeutic community program
18 which was designed to provide intensive drug
19 treatment for acknowledged drug abuse offenders
20 and in that case in SCI, Camp Hill.

21 Over the past five years, ODAC has
22 provided the Department of Corrections with
23 \$6.5 million to expand these services throughout
24 other state correctional institutions.
25 Therapeutic communities now exist at Graterford,

17 1 Crescent, Huntington, and Muncy.

2 We also provide funds to the Department
3 of Corrections in the last two fiscal years to
4 hire 45 drug and alcohol trained staff personnel
5 to provide drug and alcohol treatment services
6 throughout the SCI system. Over 535 inmate
7 clients received services in therapeutic
8 communities last year. This number does not
9 include the number of inmates who received drug
10 and alcohol education, intervention, and/or
11 treatment provided by the above-mentioned
12 treatment specialists in those 45 physicians.

13 We know that the number of inmates that
14 can benefit from drug and alcohol education and
15 counseling services is quite large. Our mutual
16 resources may not be sufficient to meet the
17 demand. However, much of the programming that
18 we have been involved with is still new and we
19 must together do more evaluation to determine
20 its effectiveness and to determine what more
21 needs to be done.

22 Presently our major concentration in
23 working with the Department of Corrections is in
24 the licensing of the five therapeutic
25 communities and working also with the department

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1 to establish appropriate treatment relative to
2 their boot camp initiative. Our respective
3 staffs have been working together for more than
4 a year in the Department of Corrections
5 Licensing Policy Manual. And our site visits
6 are expected to begin sometime in June of this
7 year.

8 The department also hopes to
9 collaborate with the department to respond to
10 some federal funding initiatives provided
11 through the center for substance abuse treatment
12 in Washington to provide additional dollars for
13 initiatives for the incarcerated population.

14 A relatively new development is the
15 creation of community correctional facilities,
16 mostly operated by the private sector, mostly
17 through contracts with the Department of
18 Corrections. The facilities have significant
19 cost savings potential for the correctional
20 system, and we are trying again to work
21 cooperatively with the department to ensure that
22 proper treatment services are met based on
23 licensing standards.

24 In addition to working with the
25 Department of Corrections, we have been involved

17 1 with the Bureau Board of Probation and Parole
2 through a joint funding initiative, which
3 provides over \$600,000 to our single county
4 authorities here in Philadelphia and in
5 Pittsburgh. The initiative is to provide for
6 inpatient and outpatient funding for treatment
7 services.

8 The project also allows in particular
9 from the Board of Probation and Parole an
10 intensive program of supervision to parolees who
11 have had a history of drug dependency and who
12 are considered to be of high risk through the
13 use of the board's client assessment process.
14 Last fiscal year over 1,172 clients in
15 Philadelphia and an additional 461 clients in
16 Pittsburgh received such services.

17 Treatment alternatives to street crime
18 is the third area that I wish to discuss with
19 you this afternoon. Task, as it is commonly
20 referred to, is a project designed to be a
21 catalyst between state and county criminal
22 justice agencies and drug and alcohol treatment
23 services. It is to reduce substance abuse
24 related crime and criminal recidivism among the
25 drug and alcohol abusing offender by providing a

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1 mechanism for assessment referral and
2 monitoring.

3 Currently, there are 12 Task programs
4 in 13 counties throughout Pennsylvania. In
5 1991-'92, 4,943 evaluations were completed for
6 individuals to enter Task and over 2,000
7 individuals received treatment as a result of
8 those coordinated efforts at the local level.
9 ODAC is currently working with the Pennsylvania
10 Commission on Crime Delinquency to expand the
11 number of counties presently providing Task.

12 The Pennsylvania Commission on Crime
13 and Delinquency also provides from their block
14 grant funds in conjunction with us what is
15 called the drug control systems improvement
16 initiative, whereby ODAC and PCCD jointly fund
17 programs at the local level. Grants that go to
18 develop comprehensive prison overcrowded
19 reduction programs and have hopefully an impact
20 on individuals, both not only at the tail end of
21 incarceration, but also at the front end. These
22 dollars have allowed 730 individuals to receive
23 again either inpatient or outpatient treatment
24 services last year.

25 In closing, I would like to thank the

18 1 commission for allowing me the opportunity to be
2 here today and for your continued efforts in
3 leadership in addressing the challenges that we
4 face in dealing with the criminal justice
5 population. Thank you.

6 MR. CHAIRMAN: Thank you very much. We
7 appreciate your testimony. Chair recognizes
8 Representative Manderino.

9 REPRESENTATIVE MANDERINO: Thank you,
10 Mr. Chairman. I just have a few questions. As
11 a baseline, maybe it would be helpful to me to
12 know what responsibilities does the Department
13 of Health have with regard to hospitals and
14 clinics and other health care providers outside
15 of the prison system, in terms of licensing or
16 looking at the care that's being given there.

17 MR. McCLAY: Mr. Boyle can comment on
18 the responsibilities with drug and alcohol. But
19 they are very similar to our other
20 responsibilities in general. There are some
21 exceptions. But in general, the department has
22 been given the statutory responsibility to
23 license certain health care providers,
24 hospitals, nursing homes, drug and alcohol
25 treatment providers, and so forth. It is a

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1 licensing, in some cases a certified
2 responsibility.

3 REPRESENTATIVE MANDERINO: When you're
4 licensing or certifying these kinds of
5 institutions, what are you measuring, what are
6 you looking for?

7 MR. BOYLE: In the institutions, we
8 just began to develop those processes. It was
9 up until right now it was never -- Let me step
10 back. We started about two years ago to work
11 with the Department of Corrections to begin
12 licensing. It was always a question whether or
13 not we had the right to license another state
14 action. Typically, we were licensing providers,
15 drug and alcohol community providers.

16 It was agreed by both the Health
17 Department and Corrections that we would begin
18 licensing about a year ago. Part of that
19 licensing process at this point where it was at
20 was they needed to develop a manual for us to
21 begin to review based on the types of services
22 that they were offering. We are at that state
23 right now. We are also going to move forward to
24 developing, I think, your question specific
25 standards for correctional institutions which do

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1 not exist now.

2 REPRESENTATIVE MANDERINO: You're
3 talking about with regard to provisions of
4 services for drug and alcohol treatment?

5 MR. BOYLE: Yes.

6 REPRESENTATIVE MANDERINO: Heretofore
7 there's been no oversight, can I take it from
8 your comments, or responsibility by the
9 Department of Health with regard to standards of
10 provision of health care within the correctional
11 institutes in general, general health care?

12 MR. McCLAY: General medical care, we
13 do not license the state or the county prison
14 facilities.

15 REPRESENTATIVE MANDERINO: Do you
16 license as an entity their contracting service
17 for vendors of providers?

18 MR. McCLAY: The individual physicians
19 licensing is done by the Department of State as
20 with nurses and mid-levels.

21 REPRESENTATIVE MANDERINO: That's my
22 license to practice medicine.

23 MR. McCLAY: If they are contracting
24 with a Health Maintenance Organization, that
25 Health Maintenance Organization must be licensed

18 1 and is licensed by the Department of Health. If
2 they are contracting with an individual doctor
3 for a service that is not licensed, there is not
4 a specific license for that, the Department of
5 Health is involved.

19 6 REPRESENTATIVE MANDERINO: You were
7 with us yesterday, sir. Do you see any value in
8 the future to us as a Commonwealth looking at
9 whether or not the Department of Health should
10 have a more active role in licensing the general
11 provision of health care services within our
12 correctional institutes?

13 MR. McCLAY: I would say several
14 things. One, that the relationship between
15 state health departments and state departments
16 of corrections vary from state to state. There
17 are generally two broad models, one is where
18 they are separate and where the prison system is
19 responsible for those services and the health
20 department is in an advisory capacity without
21 any official jurisdiction.

22 The other is where the Department of
23 Corrections in certain states are not
24 responsible for the management in the
25 development of health care services. So there

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1 is a range throughout this country between those
2 different relationships. I would say that in
3 Pennsylvania, the Department of Corrections has
4 been in contact with the Department of Health
5 over a variety of health care issues,
6 Tuberculosis, AIDS, and so forth. I would say
7 that over the past several years, since at least
8 Secretary Noonan has been with the Department of
9 Health, there's been a very active dialogue back
10 and forth between the two departments.

11 It affected itself in two ways. One,
12 they are asking us for our medical expertise,
13 and two, they are using the information when we
14 give it to them. Unfortunately, I can't say
15 that's always been the case that I've had
16 reported to me that's not always been the case.
17 This has been a very instructed improvement. I
18 do not mean to say by that that they are
19 mandated to have to accept our price. That they
20 are not.

21 REPRESENTATIVE MANDERINO: Thank you,
22 Mr. Chairman.

23 MR. CHAIRMAN: Chair recognizes
24 Mr. David Krantz.

25 MR. KRANTZ: I don't have any other

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1 questions.

2 MR. O'CONNELL: No questions.

3 MR. CHAIRMAN: I just want to approach
4 with you this discussion around regionalism for
5 a minute. What is your feeling about the
6 Department of Corrections going to a more
7 regional system on the delivery of health care
8 services for inmates in the Commonwealth of
9 Pennsylvania?

10 MR. McCLAY: The mechanism which you
11 contract out for services, via health care
12 services or other, should be weighed against
13 what is the actual provisions of services,
14 specifics of the contract. First, the request
15 for proposal that's being administered and is
16 being led out for review and then bidding, and
17 then second, the actual provisions of the
18 contract.

19 I think you all have just naturally
20 because of the way the demographics of
21 Pennsylvania exist, you will have in some areas
22 where you will have an easier ability to find
23 providers than in others. You will have areas
24 where costs will vary from one point to another.
25 With both of those differences, you can still

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1 accomodate contracting, as well as individual
2 contracting.

3 The guts of what the tests that you
4 value yourself is what will the service be to
5 the consumer. It's going to be the end consumer
6 of that service, what is going to be expected of
7 that provider, whether it is the state agency
8 that contacts directly with Dr. X or whether it
9 is the state agency contracting with a
10 management organization. The trend around this
11 country, as I'm aware of, is to have a more
12 managed approach. That's why you do have some
13 of these national organizations, and the one the
14 Department of Corrections uses at this moment is
15 nationally based out of St. Louis. They are a
16 national buyer for health care services.
17 There's been a growing trend to that. I think
18 in part the difficulty is in finding a provider.
19 They can subcontract out physicians and health
20 care providers usually in that local community
21 if they can find them.

22 There are also varying degrees around
23 the country as to what level are those
24 employees, are they employees of the system or
25 are they private individuals who they then

19 1 contract in? Again, whether they are state
2 employees or the department of corrections or
3 whether they are private individuals who
4 contract with the department and, as you heard
5 yesterday, there is a mixture, and the state is
6 moving to make more of them, state employees at
7 the nursing level, not at the physician level.

8 MR. CHAIRMAN: You believe that the
9 correctional institutions in the Commonwealth of
10 Pennsylvania with respect to the numbers that we
11 have inside these institutions will ever really
12 get to qualitative assurance in health care for
13 inmates in Pennsylvania?

20 14 MR. McCLAY: I think that's probably a
15 relative question, in that will it be quality
16 compared to what?

17 MR. CHAIRMAN: Compared to nothing.

18 MR. McCLAY: Compared to where they
19 are?

20 MR. CHAIRMAN: Compared to where they
21 are. I don't want to say nothing. Strike that.
22 Compared to where they are now and where they
23 should be.

24 MR. McCLAY: Again, I think that
25 ultimate test of that, the ultimate answer to

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1 that is what is it you're requiring them. What
2 are they requiring in this case they are
3 contracting out to their provider, and two, do
4 they have the resources, literally the
5 individuals to do the watchdog to make sure the
6 providers provide that service.

7 I thought it was very encouraging what
8 I heard the last couple of days to hear that the
9 department is starting to create positions to do
10 watchdogging. I think the whole idea of Bureau
11 of Health Services has never existed in the
12 Department of Corrections before and to have it
13 at that level and then have staff meetings at
14 regional levels. They don't provide any
15 service. All they do is watchdog to make sure
16 that those services are there. It at least has
17 the potential, greater potential than I've been
18 aware of in the past. But, of course,
19 ultimately the legislature has the ultimate
20 oversight.

21 MR. CHAIRMAN: Mr. Krantz has a
22 question.

23 MR. KRANTZ: Thank you, Mr. Chairman.
24 Can you tell me, the Department of Corrections
25 mentioned that inmate health services cannot be

1 paid for by federal funding.

2 MR. McCLAY: Federal assistance.

3 MR. KRANTZ: Is that a decision by your
4 department or by the United States or what?

5 MR. McCLAY: The restrictions for that
6 is both a state law and in federal law. Federal
7 law would supersede. The state couldn't
8 override it. But the Commonwealth adopted also
9 the restrictions that exist, not just in
10 Pennsylvania, but around the United States.

11 There is a case pending relating to
12 Texas that's been pending for a couple years
13 regarding this matter, but that is correct, it
14 is federal.

15 MR. KRANTZ: Across the whole country,
16 the public assistance cannot be used to pay for
17 health care services for any inmates?

18 MR. McCLAY: Not public assistance in
19 the meaning of taxes, but medical assistance for
20 medical health care in an institutional
21 residential setting. That's right, be in a
22 prison or be in our state mental hospitals,
23 although there is some suits filed regarding
24 mental hospitals.

25 MR. KRANTZ: Yet the federal government

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1 will pay for an individual off the street?

2 MR. McCLAY: That's correct. They make
3 a clear distinction.

4 MR. KRANTZ: Would you find it
5 advisable for the states to put together a class
6 action suit against the federal government to
7 provide those services?

8 MR. McCLAY: The Commonwealth has
9 filed, I believe, I haven't been involved, I
10 believe that they had filed an amicus brief, as
11 well as other states, on the Texas case. They
12 have joined in in support of the State of Texas
13 in that suit.

14 MR. KRANTZ: Thank you.

15 MR. CHAIRMAN: Would you send the
16 committee that brief, if you can?

17 MR. McCLAY: I'll see -- The
18 Department of Health did not file that that I'm
19 aware of.

20 MR. CHAIRMAN: Just tell us where we
21 can get it. We need it.

22 MR. McCLAY: I'll try to assist you in
23 entertaining that.

24 MR. CHAIRMAN: Thank you very much.
25 Appreciate your testimony here today. Send our

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1 regard back to Secretary Noonan, Anderson, and
2 Deputy Secretary Reese. We will now break for a
3 half-hour for lunch, give our stenographer a
4 break, and we'll have a quick lunch and be back
5 with Dr. Lewis Polk.

6 (Recess)

7 MR. CHAIRMAN: The time of recess
8 having expired the Health and Welfare and
9 Judiciary Committees will come to order.

10 For the record, Mr. Bill Faust,
11 F-a-u-s-t, Alliance for the Mentally Ill, could
12 not stay. Therefore, he has submitted
13 testimony. The following document was to be
14 issued into the record and that we indicate
15 title concerning violence and relationship to
16 mental illness by Madeleine Goodrich, forensic
17 executive committee, and has a start and end to
18 it. That's the only thing I would like to have
19 submitted for the record.

20 (Submitted testimony of Mr. Bill
21 Faust, Alliance for the Mentally Ill)

22 Dr. Lewis Polk, director of the Gordian
23 Ehrlacher, public health administrator, Bucks
24 County Health Department.

25 Would you gentlemen identify yourself

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1 for the record?

2 MR. POLK: Yes. I am Dr. Lewis Polk,
3 the director of the Bucks County Health
4 Department. With me is Mr. Gordian V.
5 Ehrlacher, E-h-r-l-a-c-h-e-r, the public health
6 administrator in Bucks County Health Department.
7 I have an opening statement, if I may, sir.

8 MR. CHAIRMAN: Please proceed.

9 MR. POLK: In my opening statement, I
10 will focus on why we believe that the health
11 services that we provide to the inmates of the
12 Bucks County Prison are of good quality.
13 Mr. Ehrlacher in his opening statement will
14 focus on why we operate our prison health
15 services ourselves and have chosen not to
16 privatize it. He will also discuss a number of
17 measures that we have taken to control the costs
18 of the program.

19 In the fall of 1987, just about one
20 year after I arrived to lead the Bucks County
21 Health Department, we had a site visit from
22 representatives of the National Commission on
23 Correctional Health Care. At the end of a
24 multi-day inspection, the visitors from this
25 national accrediting organization gave us a

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1 verbal report of their findings. The terms they
2 used included, quote, the Bucks County Prison
3 Health Program is the state of the art, closed
4 quote. And it is at the, quote, cutting edge of
5 excellence, closed quote. When the official
6 written report arrived, it did not include those
7 exact words. However, to describe our present
8 health program, it did use the words, quote,
9 fine, closed quote, and, quote, outstanding,
10 closed quote.

11 I said that we were inspected soon
12 after I started working in Bucks County, because
13 I wanted you to understand that I was not
14 attempting to take the credit for the excellent
15 evaluation since the Bucks County Prison Health
16 Services was already in place before I got
17 there. However, Mr. Ehrlicher had already been
18 working with the Bucks County Health Department
19 for about a decade and a half by then and he
20 does deserve credit for helping to make it a
21 program of superior quality.

22 The Bucks County Prison Health Program
23 had been inspected and accredited a number of
24 times prior to 1987 and has been inspected and
25 accredited a number of times since. To date, we

1 have been accredited for a total of 14 years.

2 I have chosen not to stress the opinion
3 of those of us who work for the Bucks County
4 government that we have a good program.

5 Instead, I emphasized a formal evaluation by an
6 outside agency and national accrediting body for
7 correctional health care that the Bucks County
8 Prison Health Program is a quality operation.

9 Now Mr. Ehlacher will give you his
10 opening statement.

11 MR. EHRLACHER: Thank you. Very
12 simply, my statement will focus on two things.
13 We had the opportunity to privatize several
14 years back and opt not to do so, and also I
15 will share with you some of the things that we
16 have attempted to do to reduce costs in the
17 prison health system, which is a major concern,
18 but also to maintain a level of care that we
19 have consistently provided since we've been in
20 the health care business in the prison.

21 The Bucks County Prison is a
22 two-segment vehicle. It has approximately 550
23 inmates in the prison structure itself but also
24 has a rehabilitation center that houses 250 plus
25 inmates. We are responsible for the health care

1 for that total population.

2 November of 1989 we had brought in a
3 private contractor who specializes in prison
4 health services. We asked them to do assessment
5 of our program and to provide us with cost
6 estimate of what it would cost to privatize the
7 program. He came back to us and he gave us an
8 estimate of our program that would run about
9 \$1.6 million a year. We were currently spending
10 a little over \$1.6 million at that time
11 ourselves. His proposal, however, would reduce
12 the number of staff that was going to be used in
13 the health care system and would also reduce
14 somewhat the type of services that we would and
15 could provide, such as methadone clinic and
16 things of that nature. Subsequently, we opt not
17 to privatize it. And the reason being that all
18 the other arguments for privatizing did not fair
19 with our system, because the county had seen the
20 wisdom of turning the health care services on
21 the prison over to the health department.

2 Subsequently, our philosophy of care,
23 our tradition of dealing with low income
24 minorities and population based that helped, we
25 were probably a better system of looking at

2 1 these people and providing them with the health
2 care they needed and did not get involved in who
3 is in here for what and all the other things,
4 the arguments we talked about.

5 At that point in time we made the
6 decision we would not privatize and then we
7 began looking at our own system, and we have
8 what we feel is a quality system. We're still
9 able to do a quality system but we're still
10 cognizant of rising costs.

11 Some of the things that we have done,
12 we've established a prison health advisory
13 committee, which is made up of administrators
14 from the correction system, from the health
15 department, and most of all employees either
16 under the contract or of our agency who provide
17 the hands-on care to the inmates. We meet
18 quarterly. We discuss policies, procedures,
19 and, of course, we also look at the costs of the
20 operation.

21 In doing this, we're able to
22 communicate between the correction system and
23 the health system, minimize all the problems
24 that come up when you have different people
25 working within an organization. And we made

2 1 recommendations to the commissioners as to where
2 we should be going and how we should deal with
3 the situation.

4 Out of this committee has come a number
5 of things, we have a very astute quality
6 assurance program. Our medical doctors and our
7 nursing staff review all the medical records or
8 most of the medical records which are randomly
9 sampled of the inmates. They make sure that the
10 inmate is getting the type of care he or she
11 needs with the medical problem that's addressed,
12 they make sure that the pharmaceutical regime is
13 appropriate, they make sure that the person has
14 been seen by appropriate specialist. And it's
15 also another factor, we want to make sure we're
16 not doing overkill either. It's worked quite
17 successfully. The number of errors you come up
18 with has been very minimal, mostly in the
19 recordkeeping.

20 The other factor that we have been able
21 to do as a result of that committee is that we
22 initiate a pharmaceutical formula, which means
23 that the doctors can only prescribe medications
24 at the lowest cost unless they justify doing
25 otherwise. The reason for this is the cost of

2 1 pharmaceuticals are very expensive, and there
2 are a number of drugs on the market that are
3 just as suitable for the inmate. However, no
4 inmate is denied the drug that medical protocol
5 requires just to save money. In other words, if
6 the doctor can substantiate that this is the
7 drug that is going to give this person the
8 relief to correct the situation and give him the
9 comfort that he or she needs, that will be the
10 drug they will get. In implementing that, we
11 were able to substantially save I would say in
12 the area of 80 to \$90,000 a year in drugs alone.

13 We also brought in mobile X-ray units,
14 which cut in half our X-ray services by costs of
15 the X-ray itself and the reading. In addition
16 to that, we've eliminated the need for two
17 prison guards to transport an inmate to a local
18 hospital and bring them back and that cost
19 factor.

20 And last, but not least, I've already
21 mentioned the quality assurance program, but the
22 quality assurance program is not a cost program,
23 it is a medical health care program. We are
24 very cognizant of treating the inmates the same
25 manner that they would be treated and maybe even

2 1 a little bit better, depending where they come
2 from, as if they were outside the prison walls.
3 We are in the business of health care, we are
4 not in the business of correctional care. Thank
5 you.

6 MR. CHAIRMAN: Thank you gentlemen very
7 much. I appreciate your testimony. In the
8 550-person inmate population that you have in
9 your system, how many are women?

10 MR. EURLACHER: I think right now we
11 are close to 60.

12 MR. CHAIRMAN: Can you give us a racial
13 breakdown of African-Americans, Hispanics, and
14 other minorities in the institutions in Bucks
15 County?

16 MR. EURLACHER: I cannot give you an
17 accurate breakdown at this time. I could get
18 that information for you. I could give you an
19 estimate. I would say approximately the Afro
20 and Latino would be about 33 percent of our
21 population.

22 MR. CHAIRMAN: Are these inmates that
23 are in Bucks County because of the nature of
24 physically the locale of Bucks County, persons
25 who are incarcerated who live in Bucks County?

3 1 MR. POLK: No. That really explains
2 the difference in the racial and ethnic make-up
3 that Mr. Khrlicher said. These are people that
4 have been either arrested and cannot pay bail or
5 have been convicted of crimes that took place in
6 Bucks County and that they do not necessarily
7 live in Bucks County. Bucks County's own
8 resident population is somewhat different racial
9 and ethnic make-up.

10 We also have some people in our county
11 prison who really have been convicted of state
12 crimes that either through plea bargaining or
13 other arrangement have been set up to serve
14 their state service here in turn in the county
15 jail. We even have at times some federal
16 prisoners that end up spending some or all of
17 their sentence at that time.

18 As you know, typically, the people in
19 the county jail would be usually short-term,
20 short sentences. People usually stay over
21 two-year sentences usually end up in the state
22 institution for the reasons given before. Some
23 of them who really should be in the state
24 institution end up in ours and even some in the
25 federal.

3

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MR. CHAIRMAN: Can you give us a breakdown delineating separate from the federal and state, what is your average net for the stay of inmates in Bucks County?

5

MR. POLK: It's probably less than six months. That's sort of not precise, but it's less than six months. So we're dealing with people with basically short sentences. This, of course, makes the problem of giving health services to people who are in for a relatively short time even more complex than it would be in a state correctional facility where you know the person is going to be there a longer time and even to follow up with certain tests and follow up with certain things from a standpoint of making sure the person is still there when you have to do the next step in the process is a little bit easier in that sense in the state institution than it is in ours, particularly since some of ours, as I mentioned, are there because they can't make bail. If they later make bail, they can be out quickly. The tests you do on them today, you want to see them in two days, they aren't there sometimes in two days, they are out on bail by then or whatever.

25

3

1 MR. CHAIRMAN: You raised this point.
2 With respect to the number of inmates, how many
3 doctors then are servicing the 550 inmates?

4 MR. POLK: Again, we have a total of --
5 First, I should say all of them are part time,
6 we do not have any full-time prison physicians.
7 They don't spend 40 hours a week in that role.
8 We have in essence four physicians who focus
9 primarily on the main jail and the other
10 physician spends his time currently primarily in
11 what we call the work release or rehabilitation,
12 where the person goes out to work at a job in
13 the community and comes home -- comes back to
14 the correctional facility at night to stay. We
15 are talking about four part-time physicians
16 focusing on the main prison where people don't
17 leave, and then the fifth physician is focusing
18 on the rehabilitation slash work release.

19 Some of the people in their work
20 release program are able with permission to even
21 go to their usual physician out in the
22 community, some of them have that ability
23 financially and other ways, and with permission
24 are able to get their medical needs taken care
25 of that way. Those who either have no such

3 1 source of care or choose not to use it are
2 getting their medical care in the work release
3 facility through our fifth physician.

4 MR. CHAIRMAN: The absence of full-time
5 physicians, you have full-time nurses?

6 MR. POLK: Yes. We actually cover, we
7 have seven day a week, three shifts a day of
8 nurses, and we have primarily full-time nurses.
9 We have some nurses just for scheduling
10 standpoint who are less than full time. They
11 may work two or three or four times a week. Our
12 typical nurse will work a full five-day week.
13 Because of seven-day coverage, that five days
14 may not necessarily be for a given nurse Monday
15 through Friday. We schedule it, as I said, to
16 have full-time coverage around the clock. And
17 during the daytime hours, we have more than one
18 nurse on duty.

4 19 MR. CHAIRMAN: Final question. How
20 does the normal routine of the day -- Let me do
21 it this way first. Make it two parts. What
22 does your system do when an inmate first comes
23 in the institution?

24 MR. POLK: All the inmates come in and
25 they get a screening by the nurse, they get a

4 1 battery of tests, which includes a tuberculin
2 test and other tests. If indicated, they will
3 be signed up to be seen by a physician to
4 follow-up what the nurse has seen. They have
5 the sick call, so that an inmate can request to
6 be seen after they are in the correctional
7 facility and the nurse will see them and can
8 either handle the problem following standing
9 orders and written in advance protocols or they
10 can be seen by the physician.

11 MR. CHAIRMAN: Now, you used the word
12 screening. You're a doctor. You used the word
13 screening as opposed to examination. Is that
14 the same thing?

15 MR. POLK: Again, you're quite right.
16 These are technical terms. The nurses sometimes
17 use the term assessment. A nurse, unless she's
18 a nurse practitioner or unless we would have and
19 we don't have physician assistants, don't do a
20 complete physical as a physician would do. But
21 they do check and they are qualified to do so,
22 things like heart and lungs and blood pressure
23 and on and on. Obviously, there is a difference
24 between the physicians and the nurses. And
25 again, since we do not employ nurse practitioner

4 1 or physician assistants, all of our nurses are
2 RNs, registered nurses. We do not use in that
3 setting licensed practical nurses or nurses
4 aides. These are all licensed registered
5 nurses, and they are qualified and legally able
6 to do what a licensed registered nurse can do,
7 which, as you correctly pointed out, is somewhat
8 different than what a physician is licensed and
9 legally able to do.

10 MR. CHAIRMAN: How many do you have?

11 MR. POLK: May I ask -- We have ten
12 full-time RNs and four part time. Again, that
13 is we're able with that combination to schedule
14 the seven day a week, three shifts a day
15 coverage. And on the daytime shifts we have
16 more than one nurse present.

17 MR. CHAIRMAN: How many
18 African-American or Hispanic nurses and doctors?

19 MR. POLK: None at this time. The
20 staff more accurately reflects the population of
21 the county. The county at this point in the
22 1990 census was 95 percent white. It had been
23 between 1 and 2 percent Hispanic, between 2 and
24 3 percent African-American, and the rest would
25 be made up of Asian and Pacific Islanders. So

4 1 people who work there or those who live
2 somewhere in the general area are more likely to
3 be taken from the pool of people that live in
4 the county while the inmates are those who would
5 be those who committed crimes or are accused of
6 having committed crimes in the county. And
7 therefore, there is somewhat different ethnic
8 make-up.

9 MR. CHAIRMAN: With 32 percent, if I
10 heard you correctly, African-Americans and
11 Latino and Hispanic individuals in the
12 institution, in your overall care of delivery,
13 particularly for psychiatrists or sociologists
14 or some other that may have a particular
15 understanding of one's particular ethnic
16 background versus another background,
17 particularly since they are in a different
18 environment, since you've already indicated
19 there, Bucks County, they are not too far from,
20 have any thoughts or consideration by you or
21 Mr. Khrlicher, have either thought or viewed the
22 opinion of whether or not it would be a
23 necessary or consideration for the institution?

24 MR. POLK: We certainly have thought
25 about it. Again, I don't have the advantage of

4 1 having heard the testimony which I understand
2 was earlier today, as well as yesterday, but
3 while we are able to staff our facilities with
4 people we hire as opposed to privatizing the
5 cooperation, recruitment, and it varies at
6 different times, nurses and physicians and other
7 health professionals to work in a prison setting
8 is not easy.

9 We certainly will give additional
10 consideration. We do attempt in our work with
11 the people who staff the operation, attempt to
12 do what we can to increase their sensitivity to
13 people of different backgrounds than themselves.
14 But there is a very real recruitment problem of
15 getting people who might be from a racial or
5 16 ethnic make-up closer to the mix of the inmates.
17 It would possibly mean people having to come
18 from other geographical areas and the increase
19 time and so forth.

20 Particularly, for the physicians, who I
21 mentioned are not full time, it's difficult to
22 ask somebody to drive an hour or more for a job
23 which on that day may only be a two or three
24 hour assignment. But that's certainly something
25 which we have considered. At the moment we are

5 1 doing our best to try to increase people's
2 sensitivity, even though they themselves may not
3 be of the ethnic or racial group that a very
4 significant proportion of the inmates are.

5 MR. CHAIRMAN: This is my final
6 question. Have you been accredited by any
7 national or statewide commissions that give
8 accreditation to standards and where you stand,
9 in terms of other county facilities throughout
10 the Commonwealth of Pennsylvania or throughout
11 the country?

12 MR. POLK: Yes. Actually, I believe I
13 mentioned in my opening statement that the
14 National Commission on Correctional Health Care,
15 which is a national accrediting body, which has
16 many sponsoring organizations, both in the
17 medical and the correctional and the criminal
18 justice side has been repeatedly checking us not
19 only on a paper evaluation but an on-site, more
20 than one day visit maybe, with a very thorough
21 check and they have been accrediting us
22 approximately every two years for the past 14
23 years. We have been continuously accredited by
24 this national accrediting body for prison health
25 services and we are currently accredited and

5 1 have been continuously since 1979.

2 MR. CHAIRMAN: Are you given points?

3 MR. POLK: Points. I don't believe it
4 is done so much with a point setup. They break
5 their standards into essential and important --
6 And you have to have, I believe you have to
7 have -- you have to be in compliance with all
8 the essential criteria or standards, and you
9 have to have, I believe, 85 percent of the
10 important standards. And we have met those
11 percentages and those criteria, and thus, we
12 have been accredited and still are.

13 MR. CHAIRMAN: Thank you very much
14 gentlemen. Mr. Krantz?

15 MR. KRANTZ: No questions,
16 Mr. Chairman.

17 MR. CHAIRMAN: Mr. O'Connell.

18 MR. O'CONNELL: No questions.

19 MR. CHAIRMAN: Mr. Boyd.

20 MR. BOYD: Just one quick question,
21 Mr. Chairman. This is in reference to you used
22 a couple of technical terms, assessment or
23 examination of inmates. After the initial entry
24 examination, how often do you examine the
25 inmates thereafter?

5 1 MR. POLK: May I just have a fast
2 consultation. Mr. Ehrlicher has reminded me
3 that even though we are primarily a short-stay
4 institution, as we discussed before, since we
5 may have some county people who will be there a
6 period of time or, as I mentioned, the federal
7 or state people, we do have a pattern, as I was
8 just reminded, that someone who is there a
9 longer time will be rechecked, to get away from
10 the other technical terms, on an annual basis.
11 Again, the overwhelming majority of our folks
12 are not going to be there that long to need or
13 to get an annual recheck.

14 MR. BOYD: Thank you, Mr. Chairman.

15 MR. CHAIRMAN: Chair recognizes
16 Mr. Parrish.

17 MR. PARRISH: Thank you, Mr. Chairman.
18 Gentlemen, could you tell me how much it costs
19 per resident for health care?

20 MR. POLK: Again, I will pass this on
21 to our money man, Mr. Ehrlicher.

22 MR. EHRLACHER: I didn't understand.
23 Our per cost per resident, my last figures were
24 \$5.40 a day.

25 MR. PARRISH: \$5.40 a day.

5 1 MR. POLK: That's just for the health,
2 not the total correctional.

3 MR. FARRISH: With regard to your
4 part-time physicians, how many of them are
5 primary care physicians and how many specialties
6 do you have within your universe of physicians?

7 MR. POLK: The basic answer there is
8 the physicians we have are the ones that come
9 that are on-site and handle the physicians sick
10 call. They are all primary physicians in the
11 sense of either general physicians or internal
12 medicine physicians. We do, however, have a
13 network of specialists available either through
14 a nearby hospital or through contractual
15 relationships with specialists in various forms.

6 16 So if someone needs a cardiologist,
17 someone breaks a leg or sprains an ankle badly,
18 you can see an orthopedic specialist and on and
19 on. Someone that is very seriously injured can
20 be hospitalized or transferred to a medical
21 school teaching hospital, if indicated. But the
22 physicians on-site are primary care physicians,
23 but they do refer. That's, obviously, one of
24 the things that make our costs where they are,
25 because things that require further specialty

6 1 care will, in fact, be referred to the
2 specialists.

3 MR. PARRISH: My last question has to
4 do with quality assurance. Could you tell us
5 what model you followed in developing your
6 quality assurance program?

7 MR. POLK: The model we use is one of
8 the standards. I mentioned the National
9 Commission on Accreditation Health Care as one
10 of its standards relates to quality assurance,
11 and spells out the criteria that a system of
12 quality assurance should be. We certainly set
13 up a model that we, in fact, have been approved
14 by the accrediting body as meeting their
15 standards.

16 Basically, it is a pattern, if I would
17 like to go into it a little bit, where we every
18 month pick a sample of the patient's charts. We
19 do it in two ways or three. One, we pick a
20 certain fraction, like every tenth chart; two,
21 we pick every patient that is referred outside
22 either admitted to a hospital or to see a
23 specialist; three, we have a disease or
24 condition of the month. One month we might take
25 everybody with a diagnosis of hypertension or

6 1 high blood pressure, another month we may take
2 someone who has diagnosis of diabetes, another
3 month everybody who has a diagnosis of epilepsy.

4 We have those charts reviewed first by
5 our head nurse to go over to make sure that the
6 various things are there, that all the blanks in
7 the forms are filled out, that the chart is
8 legible, that if somebody ordered a blood test
9 that it was done and the results got back. Then
10 we have each chart that was to be reviewed
11 reviewed by a reviewing physician. Physicians
12 rotate in rotation pattern, and each medical
13 chart is reviewed to make sure that the overall
14 history and physical findings are in line with
15 what the diagnosis was felt to be, what the
16 follow-up in the way of tests or further
17 treatment, rather the thing made sense. We do
18 that for all the charts that are selected out by
19 the various methods that we choose.

20 Then we have the results of these
21 monthly quality assurance reviews tabulated and
22 computed, and they are then reviewed at the
23 quarterly correctional health care meeting,
24 multi-disciplinary meeting that Mr. Ehrlicher
25 spoke about previously. And we in a formal

6 1 sense go over those every quarter and make sure
2 that a group as a whole agrees with the findings
3 and see if there is any systematic or
4 institutional problem for any ongoing type of
5 concern which needs special follow-up.

6 MR. PARRISH: Last question as an
7 addendum. You mentioned that you decided not to
8 privatize. Was that an individual county
9 decision or did you have discussion with other
10 counties and decide that you would use your
11 right of first refusal to not privatize?

12 MR. POLK: Well, we did send our head
13 nurse for the whole department and supervising
14 prison health nurse to several nearby counties
15 which did privatize. And we got, again, in very
16 indepth discussion with them and on-site visit
17 to these other places.

18 We then, as Mr. Ehrlacher said,
19 requested a proposal from a national firm which
20 provides this service. Then we analyzed this,
21 and again, was totally up to Bucks County
22 government. As Mr. Ehrlacher mentioned
23 previously, both on the fact that the economics
24 would not lead us to wish to privatization and
25 that the quality of care in the sense of the

6 1 level and number of staffing we thought that we
2 were doing was superior to what the proposal
3 from the firm was offering. So we would not
4 save any money. In our judgment, we would get a
5 lesser level of staffing and a lesser volume of
6 staffing than we had. So we felt there was no
7 advantage to us to privatize, and therefore, we
8 chose not to.

9 MR. PARRISH: Thank you very much.
10 Thank you, Mr. Chairman.

11 MR. CHAIRMAN: Thank you gentlemen very
12 much. We appreciate you being here and your
13 testimony.

7 14 Next person to testify will be Dr. Gary
15 Carbone. Identify yourself for the record, sir.

16 DR. CARBONE: Dr. Gary Michael Carbone.

17 MR. CHAIRMAN: You're in order. You
18 may proceed, sir.

19 DR. CARBONE: Good afternoon. I was
20 asked by your administrative assistant to appear
21 today. I don't have anything prepared, sir. I
22 was asked by your administrative assistant to
23 appear today perhaps to be of some assistance to
24 the investigation.

25 I was employed at Graterford Prison for

7 1 approximately four or five months two years ago.
2 Based on some of the conversations that I had
3 with your administrative assistant, at that time
4 he thought I may be of some help to you, and I'm
5 at your mercy.

6 MR. CHAIRMAN: At my mercy. Okay. Let
7 me ask this question, sir. In your employment
8 with the Graterford Prison, how did you find the
9 health care to be?

10 DR. CARBONE: Poor.

11 MR. CHAIRMAN: As a result of your
12 activities, were you able to document this poor
13 health service, delivery service?

14 DR. CARBONE: Document in the sense,
15 where I had written down on paper, yes, at one
16 time. However, it's been two years since I've
17 been employed at Graterford and had no reason to
18 keep any further documentation, although I do
19 have specifics that I will never forget up
20 inside my cranial vault. I'll be more than
21 happy to pass that along to you..

22 MR. CHAIRMAN: Let me do it this way,
23 so we don't have to be real lengthy about it.
24 Why don't you give an example of what you
25 encountered and what you saw as being part of

7

1 poor health care.

2 DR. CARBONE: I think, first of all,
3 since I've been here, I've heard a few terms
4 that I thought were the problem, that is
5 privatization brought up by the distinguished
6 gentlemen that just left this table. I think
7 overall that might be the root of all of this.
8 I think once you privatize health care, it
9 becomes a matter of economics for the people
10 whose company it is that is supplying health
11 care to any institution, not just in medicine,
12 but as a general principal. I think that health
13 care is something that is best left to the
14 physicians.

15 The privatization of the organization
16 that they had at Graterford was a private
17 organization that was headed by two non-primary
18 care or headed by one non-primary care physician
19 who hired a non-primary care physicians as part
20 of their administrative team. Both of those
21 individuals were psychiatrists, who hired an
22 anesthesiologist, Dr. Rahman, took him in as
23 administrator.

24 Although our licenses as physicians in
25 the State of Pennsylvania states that we are

7 1 eligible to practice medicine and surgery, which
2 it says directly under physician's license to
3 practice medicine, I feel that in a case where
4 one of your family members had a sore throat,
5 would you send them to a psychiatrist; or one of
6 your family members had a heart attack, would
7 you send them to an anesthesiologist. I was one
8 of the few primary care physicians that they had
9 there, although I know there had been other
10 people there who were primary care physicians.

11 But the administration of this system
12 they had there, private system were non-primary
13 care physicians. These are the people that were
14 dictating the policy of health care in
15 institutions. Now, on the other hand, I just
16 heard testimony from this gentleman here who
17 gave testimony on the institution that comprised
18 5 or 600 individuals, 5 or 600 inmates.

19 Graterford Prison is the seventh largest prison
20 in the world, on any given day can have anywhere
21 from 5 to 7,000 prisoners. It's ten times the
22 size of this previous man we just heard.

23 I do not have a lot of nice things to
24 say about the system in general, the medical
25 system, as far as the medical care in general..

7 1 MR. CHAIRMAN: How would you describe
2 the attitude of the private vendor who had the
3 health care services at Graterford over all?

4 DR. CARBONE: To make money at the
5 expense of common health practices, I was hired
6 to administer health care for a large population
7 of the prison. I ran the sick hall system, as
8 well as the various subspecialty clinics which
9 were in my specialty, some of which were not in
10 my specialty. I worked full time. I think I
11 was only one of two or three full-time
12 physicians that were working there at the time.
13 But I think to answer your question, to
14 characterize it, I think to make money it costs
15 to make money.

8 16 I think -- I may have this wrong. I'm
17 not a businessman. But I think if the budget is
18 \$8 million per year and you spend \$2 million on
19 health care, then your net profit is going to be
20 \$6 million, and that's what I think is the
21 bottom line in health care.

22 Let me just make my point a little bit
23 more clear for you. I was dictated policy by
24 two non-primary care physicians who were
25 psychiatrists. I was hired by them. As a

8 1 physician running a tuberculosis clinic, every
2 2 inmate that was processed through the Graterford
3 3 system coming in had a tuberculosis test. To
4 4 me, in my medical training, if someone had been
5 5 considered a recent converter, which means if
6 6 they had a tuberculosis test at another
7 7 institution six months to a year prior and had a
8 8 negative result, came to Graterford, and it was
9 9 interpreted as a positive result, those patients
10 10 were to be X-rayed and then treated with
11 11 prophylactic, anti-tuberculosis medications.
12 12 Recent converter status requires treatment of at
13 13 least one medication.

14 Just before I came down here, I made a
15 15 stop at the chairman of the Department of
16 16 Infectious Disease at the medical center to
17 17 review this. This may be something that I bring
18 18 up. Please let me. As of 1993, what is the
19 19 current treatment modalities for patients who is
20 20 recent converters of tuberculosis testing. It's
21 21 exactly that. In 1993 what I just described.
22 22 They are recent converters, those patients
23 23 require at least one medication.

24 Now, at that time in a forthright
25 25 manner, I was referring these patients for

8 1 X-rays with the idea they may indeed have
2 tuberculosis. As far as the non-primary care
3 physicians dictating policy to me, I was then
4 instructed by them not to write that on the
5 charts anymore or there would be investigation
6 as to why we have so much tuberculosis in
7 Graterford Prison. I don't know if I can-
8 substantiate that. But from the bottom of my
9 heart, I'm telling you the truth not to document
10 that information any further.

11 There have been cases there that were
12 out of my control. I ran the sick hall at
13 various clinics, and I was basically under
14 another physician, Dr. Rahman, who was, I
15 believe, the person who ran the infirmary. And
16 on various occasions when I would have very,
17 very sick people asking to go to sick hall, I
18 did indeed admit them there only to find out the
19 very next day that Dr. Rahman had sent them back
20 to the ward, to their respected prison cells.

21 It was unfortunate that my hours were
22 from 8 o'clock in the morning till 5 o'clock in
23 the afternoon, and Dr. Rahman's hours were
24 whatever time he got there in the morning, he
25 would leave about 1 or 2 o'clock in the

8 1 afternoon. So I was there at least three or
2 four hours after Dr. Rahman had left and seen
3 very few sick people in my sick hall that I had
4 been admitted to the infirmary that I found out
5 Dr. Rahman came in the next day and discharged
6 them back to the general population regardless
7 of whether they had a very acute onset.

8 I've had many discussions with the
9 director on this subject who thought perhaps if
10 the communication was a little bit better
11 between Dr. Carbone and Dr. Rahman. And on
12 these occasions then after that I had to admit
13 those patients back there, I would speak with
14 Dr. Rahman on the phone and everything would be
15 all right. The next day I would come back and
16 find out those patients were discharged back to
17 the general population. Whatever specific
18 illnesses they have, severe enough I thought
19 they needed hospitalization, it just didn't
20 occur.

21 MR. CHAIRMAN: Why do you think he did
22 that?

23 DR. CARBONE: I think Dr. Rahman is a
24 company man. I think Dr. Rahman at the time was
25 making a statement that he will run the

8 1 infirmary the way he sees fit. Now, Dr. Rahman
2 is an anesthesiologist by training. He might
3 have had one year of internal medicine training,
4 if I'm not mistaken. It's easy to find out. By
5 trade, he is an anesthesiologist, which is not a
6 primary care specialty in medicine.

7 As far as I'm concerned, he has no
8 business taking care of people who are genuinely
9 sick with diseases unrelated to what his
10 specialty might be. He's not a general
11 practitioner, he's not a general internist, he's
12 an anesthesiologist.

13 I ran the hypertension clinic.
14 Everybody knows that if you have high blood
15 pressure you should be on a salt-free diet. I
16 wrote salt-free diets for a lot of patients who
17 were not controlled very well on medicines.
18 Dr. Rahman came by and discontinued all of those
19 because it cost too much, that the prison system
20 is on low salt diet for everybody in the prison
21 system. We ate the same food as employees as
22 the prisoners did, believe me, it's not a
23 salt-free diet. Some of the things I had
24 happen.

25 There have been cases where people have

9 1 actually died as a result of gross negligence on
2 2 the part of some of these physicians that were
3 3 working there. At the risk of slandering some
4 4 of them, I will give you the specifics if you
5 5 want the physician's names.

6 MR. CHAIRMAN: We wouldn't want you to
7 7 slander physicians. What we would like to do is
8 8 have you at some point share some of those with
9 9 us so that when we do begin to look at this more
10 10 in depth. One of the concerns we have now with
11 11 this pending lawsuit that seem to be very
12 12 comprehensive with the whole prison system, that
13 13 perhaps maybe some of those other points need to
14 14 be brought out, too.

15 DR. CARBONE: I would be more than glad
16 16 to.

17 MR. CHAIRMAN: Chair recognizes
18 18 Mr. Parrish.

19 MR. PARRISH: Dr. Carbone, are you
20 20 familiar with a Robert Washington?

21 DR. CARBONE: Yes, sir, I am.

22 MR. PARRISH: . I have a chart here that
23 23 indicates some of the reasons for some of these
24 24 inmates no longer being with us. I notice on
25 25 this chart that Mr. Washington is listed under

9 1 the death category as unknown. Could you shed
2 2 any light for us on this particular and what
3 3 might the causes of death be?

4 DR. CARBONE: I know what his cause of
5 5 death is, sir. This is probably the most
6 6 despicable example that I can bring up. I was
7 7 going to wait on the invitation of Honorable
8 8 Mr. Richardson to explain.

9 Robert Washington was a patient of mine
10 10 who I seen in the clinic on various occasions
11 11 for his complaints of asthma. Mr. Washington
12 12 also had hypertension and HIV infection with
13 13 clinical AIDS. He was an older man, probably in
14 14 his late 40s, seemed to me, anyway, although I
15 15 can't remember specifically. But we indeed had
16 16 a relationship where I was caring for him with
17 17 his asthma, as well as his other medical
18 18 complaints.

19 At one time he had an acute
20 20 exacerbation of his asthma, and I sent him to
21 21 the infirmary, which had a small emergency room
22 22 from my sick hall room for specific bronchial
23 23 dilator therapy. It seemed to me that despite a
24 24 lot of these standard modalities that we use to
25 25 break bronchial spastic disease, he was

9 1 refractory and required stronger and stronger
2 medications, which I couldn't get to him on a
3 timely basis.

4 As an example, when he came to me with
5 a sore throat on Friday and I prescribed for him
6 penicillin, he wouldn't get the penicillin until
7 Monday night because of the system of having to
8 write down the prescription, submit it to the
9 pharmacy nurse at the institution, pharmacy
10 nurse would then take it to the pharmacy, the
11 pharmacy was closed until Monday. That's on a
12 weekend.

13 On a regular weekday, if I was to give
14 you the same prescription for penicillin, you
15 still won't get that medication until -- If you
16 came to me today or early this morning, I would
17 fill the prescription, you wouldn't get that
18 medicine until tomorrow night. So it's a
19 horrible system. To get someone medicine
20 urgently was difficult. Medications that were
21 required in many cases weren't available,
22 although they had emergency medicines in the
23 emergency room.

24 It was my judgment that it was in this
25 patient's best interest to be hospitalized in

9 1 the infirmary. I did that. The next day he was
2 2 discharged back to the general population. I
3 3 saw him again in sick hall, he was worse.
4 4 Again, I admitted him to the infirmary with
5 5 specific orders of intravenous medication, IV,
6 6 oxygen, supported measures, and he started to
10 7 improve. I got paid till 5 o'clock. I stayed
8 8 with that patient one day until 7 o'clock, 7:30
9 9 until he improved, knowing I wasn't getting paid
10 10 for it, and walked out knowing I did something
11 11 for this guy. Next day I come back, he's
12 12 discharged back to the general population.

13 Finally, I think he became so sick that
14 14 it was obvious to any of the primary care
15 15 doctors that he indeed required hospitalization
16 16 but he wasn't getting the medicines that I had
17 17 him on, he wasn't getting intravenous steroids,
18 18 he was only getting oxygen. Robert Washington
19 19 then realized what he was doing. I don't know
20 20 if you've ever had any experiences to see
21 21 somebody with bronchial spastic disease or
22 22 asthma, but they truly suffer, if you're not
23 23 giving them any medicine.

24 As a result of that, Robert Washington
25 25 had an attempted suicide in the infirmary. He

10

1 tried hanging himself and then he got loose and
2 tried to set fire to the oxygen hose that he was
3 connected to. On the basis of those acts, they
4 thought he was psychotic, admitted him
5 downstairs where they kept criminally insane and
6 psychotic people in a room where there was no
7 hope and that man died a miserable, miserable
8 death.

9 And it's listed here that he went to
10 Suburban General Hospital where he died. I know
11 he died in that unit. He may have been taken to
12 Suburban General Hospital that night to be
13 pronounced dead. I think that form is
14 misleading saying he died in the hospital. He
15 died by himself.

16 That is one example, sir, of what I can
17 tell you about the system of privatization in
18 health care. I will never forget that as long
19 as I live.

20 MR. PARRISH: What were the general
21 conditions under which you practiced medicine
22 while you were in the employ of the institution
23 at Graterford?

24 DR. CARBONE: Many cases that we had
25 seen come through my sick hall room were nothing

10 1 more than sore throats, bumps and bruises, and
2 the like. There is a huge population of
3 potential patients there who potentially can
4 walk in with anything. I had seen quite a lot.
5 I had seen people with an ear infection that I
6 had treated with antibiotics. I had cultured
7 some of these, some of the material that was
8 coming from the infection in the ear and found
9 that it was a Pseudomonas organism, which is
10 resistant to many antibiotics except for one.
11 I'm talking oral antibiotics, antibiotics you
12 can take by mouth. The sensitivities for this
13 organism, various intravenous antibiotics is
14 quite good. However, this was a newer
15 antibiotic and probably cost about \$8 per pill.
16 It at the time had been the only oral antibiotic
17 that was of any use for patients with bronchitis
18 from the Pseudomonas organism. To get that
19 medication for this person almost took an act of
20 God.

21 These gentlemen who preceded me were
22 saying that if indeed a physician deemed a more
23 expensive medicine necessary or another
24 evaluation by a subspecialist it was done. It
25 had to be documented. Documentation did not

10 1 suffice with this organization, and these
2 patients, obviously, did not get the antibiotics
3 that I, as a physician, prescribed, knowing in
4 my heart of heart if I could have used another
5 antibiotic I most certainly would have. And I
6 wasn't there to become more difficult, I wanted
7 a specific antibiotic, and it was very difficult
8 to obtain.

9 Subspecialty care was close to
10 impossible to attain. Patients with hernias,
11 these patients, no elected procedures were done
12 in my stay there. If an elected procedure was
13 scheduled, these patients were put on a list.
14 They had no general surgery there.

15 They had a person who was their general
16 surgeon who had one year or two years in general
17 surgery residency training and then obtained a
18 license to practice medicine. The State of
19 Pennsylvania requires that you have two years
20 postgraduate medical training and approved
21 residency training program and then you're
22 eligible to be a licensure. You need to have
23 completed five years of residency training in
24 the subspecialty of surgery. This person did
25 not. That was the general surgeon that we dealt

11

1 with.

2 When I had sent patients to this person
3 for simple procedures, like removal of a mole or
4 evacuation of hematoma, bruise, it was done by
5 her. The idea then that later on someone told
6 me that we were not to send these general
7 surgery cases to her, she wasn't a general
8 surgeon. It goes on and on.

9 MR. PARRISH: Thank you, Doctor. Thank
10 you, Mr. Chairman.

11 MR. CHAIRMAN: Thank you very much,
12 Dr. Carbone. It seems to me you definitely
13 could go on and on. Perhaps maybe we need to
14 have staff get with you to gather more
15 information to deal with these other issues that
16 certainly are unanswered.

17 DR. CARBONE: At your convenience, sir.

18 MR. CHAIRMAN: Thank you very much.

19 Next person to testify is Minister Rodney
20 Muhammad, Nation of Islam.

21 Would you please state your name for
22 the record and your title, and then you may
23 proceed with your testimony.

24 MINISTER MUHAMMAD: Thank you, first,
25 let me say in the name of Islam. I am Minister

11. 1 Rodney Muhammad, I'm here representing the
2 Honorable Lewis Fercott from here in the City of
3 Philadelphia and Delaware Valley. I'm minister
4 of Number 12 here in Philadelphia and I'm also
5 the president and director and chief executive
6 officer for Respectful Life Institute for Human
7 Development. I currently have a ministry,
8 prison ministry at Graterford right here in the
9 State of Pennsylvania.

10 Let me start by opening that I have
11 before me the book of scripture of the Moslems,
12 and in it, as I paraphrase, it states that a
13 messenger would be risen who would recite to
14 people who are in pitiful condition messages and
15 also to purify them. The question would be why
16 would they be in need of purification. It is
17 because of the state and the condition that
18 mandates a messenger being raised. Any time one
19 wants to know or one determines, let me say,
20 what type of society one wants, that will be the
21 determining factor for the educational system
22 that is built. Because the end product of
23 educational system, of course, is to produce the
24 type of person that you want to build the kind
25 of society that you want to have.

11

1 Of course, the universe, which is the
2 overall society of God himself, is a universe
3 that seems to achieve a perfect state of health.
4 Everything that goes incorrect in this universe,
5 if it is set back right, it will correct itself.
6 We should know that no doctor has the power to
7 heal or to cure. But what a doctor does have is
8 the skill to know how to arrest an acute
9 situation to allow the healing and to cure the
10 process to take place.

11 In a society where every 60 seconds
12 every crime conceivable to man takes place, we
13 have to see that, as the Pharaoh says, we are
14 really suffering from something much longer than
15 the prison situation. But of course, we don't
16 want the prison situation to seem as something
17 that is totally outside of the society itself.
18 It is a facet of society that seeks to correct
19 those who we say have gone against or made some
20 infraction towards the laws that govern our
21 society, but society has said to be trying to
22 achieve a perfect state of health. And what we
23 need as members of society is what picture it is
24 that we are seeking, what it is that we so
25 desire that we are trying to achieve.

11

1 If we look at the Flinstones and the
2 Jetsons, we could see that one could look at how
3 it was in the beginning one would like it to be
4 that way in the end. Because in a society
5 that's called the melting pot where you have
6 virtually almost every ethnic group known to man
7 on this planet, the Flinstones does not reflect
8 this. If you look at a society that's known as
9 the melting pot with every ethnic group known to
10 man, the Jetsons does not reflect this. So you
11 look in the beginning, you look in the end, and
12 you see what comes from the mind of someone, how
13 they will generally like the society to look.

14 So now we have a disproportionate
15 number of black males in particular that our
16 housed now in prison institutions throughout
17 America. This issue of health, I had wondered
18 today if I should really be here, because as a
19 minister, I am seeking for health, but I am
20 seeking for a perfect state of health through
21 spiritual development. Right now prison life is
22 a life that has been proving itself to be a
23 deplorable life. It costs an estimated
24 somewhere in 35 to \$50,000 per year to house an
25 inmate and \$8,000 or less per year to house a

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1 young black male in a college institution in
2 this land.

3 Anyone that is seeking cost efficiency,
4 it would say that it's more productive for us
5 and more cost efficient for us to house a young
6 black male in college than it does to house him
7 in a prison institution. However, we are going
8 against the grain of any desire to be cost
9 efficient when we look at the numbers and the
10 epidemic proportions that our own black males
11 are going into the prison institutions.

12 The word institutionalize comes from
13 Latin, which means to establish or ordain. This
14 suggests that when someone goes into a prison
15 institution, when they go through the process,
16 and they do the time that they are set up to do,
17 they are supposed to be a totally repaired human
18 being that comes back out into the general
19 society, able now to get back into the
20 mainstream of society and live a productive
21 life.

22 However, institutionalize does not mean
23 to repair an individual so that an individual
24 moves outside of the institution where they have
25 been housed for a protracted period of time, but

12

1 institutionalize means that one now leaves the
2 institution but the institution does not leave
3 them. This means that the individual comes back
4 into the general society with the expectations
5 of everyone but themselves that they are going
6 to make it in the general society when no means
7 have been given to them to do this.

8 If there was ever any credence given to
9 that saying that the criminal always returns to
10 the scene of crime, then we can understand why
11 many who leave jail end up right back in jail...
12 Because the very place that is supposed to help
13 in the repairing and the reforming of the
14 individual can actually be seen now in many,
15 many cases at the scene of the real crime. An
16 individual now is almost doomed to repeatedly
17 come back again and again and again to an
18 institution.

19 The word rehabilitate comes from the
20 Latin word habilitate. It means to supply with
21 the means. Of course, when you say you're going
22 to rehabilitate someone, re comes from the Latin
23 word again. So you're going to rehabilitate,
24 you're going to once again habilitate this
25 person. That means once again you're going to

12

1 supply this person with the means. The means to
2 do what? The means to live a productive life,
3 the means to live with a state of dignity. But
4 that is to suggest that they already had the
5 means before whatever took place that landed
6 them in the prison institution, that this person
7 was already in possession of this.

8 So again, as I'm talking, I hope that
9 you can follow me, because I'm speaking more in
10 concept now. In short, many times when we cite
11 certain things as a problem, we look at
12 someone's records, we look at someone's
13 background, we look at someone's life that they
14 have led up to the point, and these things are
15 cited as the problem rather than the result of
16 the problem.

17 I have in my briefcase an article from
18 the Wall Street Journal that talks about the
19 current commission report that America is moving
20 toward two societies, one black, one white.
21 This is the current commission's report after an
22 exhaustive study of what caused the cities to
23 erupt back in the '60s. Now, this, of course,
24 suggests that there may be two standards set up
25 in America. If there are two standards set up

12 1 in America, then you would find a standard that
13 2 suggests now that if the color of someone's skin
3 is white, that the conditions may be more
4 favorable coupled with someone's skin other than
5 white, the conditions may be less than
6 favorable.

7 I'm only springboarding from the
8 current commission's report now. The report
9 suggesting that America as a result of this
10 could be moving toward two societies and
11 splitting that we would have a dichotomy of race
12 in this country with the gap so wide that we can
13 never hope to bridge this gap. If this is so,
14 and we cannot say and should not think that the
15 prison institution would be exempt from any
16 biases that are in the current society that we
17 live. There are economic bias in the general
18 society we live and there will be economic
19 biases within the prison institution. If there
20 are political biases, if there are cultural
21 biases within the general society, we can expect
22 these biases to exist within the prison system.

23 I am suggesting that in general we
24 spend too much time trying to clear up cobwebs
25 when the real pain should be not to clear up

13

1 cobwebs but to kill the spider. Some years
2 back, if we just look back historically at the
3 birth of this nation, this nation was born by
4 Adrian going into the prison system, opening up
5 the jails and allowing the people to come out.
6 Please do not think that I am suggesting that we
7 do this.

8 But England did this and sailed the
9 people from one side of the Atlantic, where they
10 could have been dangerous criminals, to the
11 other side of the Atlantic, where they took on
12 new status and sons of liberty and states and
13 they built one of the most powerful nations on
14 earth and one of the most respected nations on
15 earth.

16 If this is to give us any indication of
17 what people incarcerated can do, then we need to
18 be taking a more serious look at the prison
19 program that we currently have. I will say this
20 before closing now, of course, that the
21 Honorable Elijah Muhammad, who is a man that
22 began the work of Islam in North America in the
23 1930s, was incarcerated in 1942 because they did
24 not want Elijah Muhammad teaching young black
25 men that they had no part in World War II after

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1 the bombing of Pearl Harbor. The Honorable
2 Elijah Muhammad went into jail. They, of
3 course, experienced now the teaching of Islam
4 within the prison system. As a result of this,
5 Islam has been a factor inside the penal
6 institution and it will always be one. It is a
7 factor that is not going away.

8 I am suggesting that we need to
9 consider some things, particularly in the
10 institutions that house many of our young black
11 neighbors, that the Honorable Lewis Farcott has
12 a great impact on the prison community
13 nationwide. It makes no difference whether they
14 are Catholic, Protestant, Moslem, whether they
15 consider themselves atheist, Pan-Africanist,
16 Socialist, indifferent or whatever, the
17 Honorable Lewis Farcott has a great impact on
18 nationwide.

19 We have a study course called
20 self-improvement, the basis for development. Out
21 of this course, we have had a follow-up program
22 that has proven effective that when a young
23 black man who has invested himself in this
24 program comes out of the prison institution
25 doing time either on parole for good behavior or

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1 either serving out the rest of the time that has
2 been given him through the course of law that
3 these young men have shown up in the service to
4 help the Honorable Lewis Farcott in helping him
5 proving to do more to help themselves than they
6 ever have in their life. These men move on to
7 do productive things into society. We are
8 watching other programs to look at the success
9 ratio of what they are able to produce, in terms
10 of the real rehabilitation of the human being.

11 As I said before, I have gone into
12 Graterford Prison the latter part of 1991 and
13 have been working there going maximum of one
14 time a week, and we have built a considerable
15 community there at Graterford. There have been
16 several young black men that have come out of
17 Graterford doing time that have shown up under
18 my leadership here in the City of Philadelphia
19 are now living productive lives.

14

20 What we are saying is that so much
21 money is thrown to agencies and departments and
22 centers and things that many times through the
23 bureaucratic quagmires, things may get past us.
24 This is our focus. Our focus is our people.
25 Our focus is bringing people back to a state of

14 1 health, knowing we did not have this power but
2 if we can just set the individual right, that's
3 what the doctor does. If he sets the individual
4 right with the right set of circumstances, and
5 they are truly supplied with the means, which
6 the word habilitate means, to supply one with
7 the means. You can't say a young black man is
8 supplied with the needs when he suffers from
9 substandard education, you can't say he's
10 supplied with the means when he only has out
11 before him role models that are already crime
12 figures themselves, you can't say that he's
13 being supplied with the means when he comes from
14 a poor family and then ends up in prison for 5
15 to 10 to 15 years or more and he's virtually at
16 the mercy of the state.

17 A state that, as I just heard some
18 speaking before us, they have a facility that
19 may have 33 percent minority or combination of
20 both Hispanic and black, but Bucks County does
21 not have that kind of composition. Because
22 Bucks County does not have this kind of racial
23 component, then the medical staff that treats
24 this 33 percent black and Latino people do not
25 reflect this black and Latino people. So you

14

1 may be representing Bucks County, but you're
2 certainly not representing the prison that's in
3 Bucks County. But the people are being brought
4 from other areas would suggest to me this is
5 more big business than anything.

6 So long as this kind of attitude is
7 prevailing, at least I don't see that anything
8 meaningful is going to be done, and what we're
9 doing is people are going into deplorable
10 conditions because you need health to be
11 liberted. If a person is going to be liberted
12 from a life of crime, if a person is going to be
13 liberted from a life of breaking laws, they must
14 begin to achieve a state of health. If the
15 United Nations just came out of the conclusive
16 statement that the stress is the diversion, that
17 means that none of us are exempt and without our
18 health we really don't have anything.

19 So I'm saying that just as the little
20 girl was away from home, which is just like
21 anyone being taken from home being put in prison
22 to do time before they can go home again, little
23 Dorothy ended up in a land of Oz. But there was
24 no way Dorothy could get home until she got a
25 brain, there was no way Dorothy could get home

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1 until she got a real heart, and there was no way
2 Dorothy could get home until she had enough
3 courage to live her own life that was free of
4 influences. The Wizard couldn't take her home.
5 All she had to do was come to herself and she
6 was at home again.

7 I'm saying that if a young man or a
8 young woman, anyone that goes into a prison
9 institution cannot experience that which is
10 helping them to get back to a perfect state of
11 health, I mean in the wholistic sense of the
12 word, then you cannot expect that individual to
13 have really come home, but what you really have
14 is a body that has come home but mind is still
15 in that institution. It's only a matter of time
16 before they do something to land back in that
17 institution again. Thank you very much.

18 MR. CHAIRMAN: Thank you very much for
19 your testimony. Chair recognizes Mr. Boyd.

20 MR. BOYD: Islam. Thank you for your
21 testimony. Minister Muhammad, could you talk
22 about, just give us some specifics, in terms of
23 how you support the inmates at Graterford and
24 talk about some of its successes? As the state
25 is gearing up to look at, to organize its

14 1 establishment as a more regional focus, could
2 you talk about how there may be a need for your
3 operation to do the same, if it fits a certain
4 successful train?

5 MINISTER MUHAMMAD: I'm understanding
6 you to say if the state sets up a --

7 MR. BOYD: The state correctional
8 institutions are starting to look at
9 establishing its health care delivery system in
10 a more regional focus, meaning not only looking
11 at Graterford as a delivery system but the whole
12 eastern region, which makes up about seven
13 additional institutions. Your primary focus is
14 Graterford?

15 MINISTER MUHAMMAD: That's correct.

16 MR. BOYD: Could you talk about some of
17 those programs and its successes and just
18 expound on that?

19 MINISTER MUHAMMAD: Yes, sir. Thank
20 you very much. Number one, going into
21 Graterford, there were a number of problems that
22 I had to deal with with the inmates. We had to
23 get what little community was there when I moved
24 here organized. As we worked toward that, and
25 that took a lot of spiritual counseling, I was

15

1 going up, and I go up every Friday generally,
2 and I spend maybe anywhere from one to two and a
3 half hours up there with the inmates. Usually
4 the time that I go up is time spent in the
5 chapel.

6 What we have done, I didn't want to
7 start anything without first helping us to
8 secure a good spiritual underpinning. This is
9 the wisdom that we have learned from the
10 Honorable Lewis Farcott that we should never
11 start off on economic thrust until we first make
12 people honest. Because if we start out in
13 economics with dishonesty still in our heart and
14 not rooted, then we'll just have a dishonest
15 economic system pretty much like a lot of what
16 we see today.

17 So, we spent a number of months just
18 working with spiritual development. I can't say
19 a lot about that other than we did counseling,
20 we did speaking to the larger communities that
21 we had set up. Then we began to devise
22 programs. The programs that are devised that we
23 have in operation right now, many products now
24 that are wholesome products are moved throughout
25 the prison facility by the Brothers that belong

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1 to our particular community.

2 So we have newspapers, we have books.
3 Because it has always been my feeling that
4 people who read more and learn more are liable
5 to do a whole lot less destructively as we're
6 constructing them better through reading. It
7 makes a person to feel more powerful and more
8 confident, hopefully even more responsible. So
9 books are being moved, tapes, videos. And there
10 have been several programs that the Brothers
11 have put on.

12 One of the most recent projects that
13 they have engaged in is a little black girl that
14 lost the kidneys, and she's going to need a
15 kidney operation, as I understand it, a
16 transplant and the Brothers have raised nearly
17 \$2,000 right there in Graterford Prison toward
18 this effort, and we've had people come onto WHAT
19 and other talk shows and newspaper, public
20 service announcements to help promote what the
21 Brothers are doing.

22 I was very careful on the outside not
23 to try to steal their thunder but to always
24 direct all the news media to them and what they
25 are doing, not so much what us, what we were

15

1 doing. We were just communicating to the
2 outside community what they are doing right
3 there in Graterford. So they wanted to target a
4 case of someone that they could help.

5 This black woman was a hard working
6 woman. She had to leave her job because the
7 child required so much care. Even as much as a
8 scratch on the child could be devastating for
9 her. So the mother literally was not able to
10 work now. So she can only live on the love and
11 support on anyone that donates now. So they are
12 trying to raise up the monies for the operation
13 that is needed. There are other projects that
14 are coming.

15 One of the things the Brothers do is
16 they built good economics, they are building a
17 good economic base for themselves right now at
18 Graterford. We hope to in the future secure
19 some contracts of good wholesome food that they
20 can eat. I am not aware of the total dietary
21 program that is there right now, but I know that
22 in time you're dealing with rising costs on
23 health care. It's either one of two things,
24 somebody is just rising the costs and doesn't
25 need to rise, or we're becoming unnecessarily

15 1 unhealthy. And if the latter is the case, then
2 some dietary considerations could help to reduce
3 costs in health care.

4 Now, with respect to the second concern
5 that you raised about moving regionally. I
6 don't know. I haven't studied the health care
7 system, in terms of its costs, which is more
8 cost efficient. But I would think this, whether
9 they use the current system or whether they have
16 10 a portable system, I think the real key thing is
11 who is in control of the system now. Do the
12 people who are in the institutions have enough
13 voice, even if it's not a voice where they
14 speak, I just don't think you should have an
15 institution that should has 33 percent black and
16 Hispanic and then have a totally Caucasian staff
17 of seeing after them and their needs. I think
18 that there are economic biases and political
19 biases and cultural biases in the larger
20 society, you're going to witness the same thing
21 right there in the prison institution.

22 I remind us that we may think of it in
23 light, in terms of cultural biases, but there
24 was a black man that was diagnosed as mentally
25 retarded who discarded this diagnosis and went

16

1 on to earn a Ph.D. in social psychology and he
2 produced an exam. They went into WATTS, where
3 most of the children have failed the
4 standardized American test. He gave them the
5 same standardized American test, but he reworded
6 the questions to reflect the culture expression
7 of those children right there in the community
8 at WATTS. When the test was reworded to express
9 the cultural expression of those children within
10 their own areas where they live, they understood
11 the questions more. And when the questions were
12 understood more, 98 percent of those children
13 passed those standardized tests.

14 So this issue of cultural bias and the
15 cultural misunderstandings that can exist and
16 prevail, they have a great impact on the quality
17 of service that someone can receive, because it
18 has a lot to do with the patient's level and all
19 of that. So if the thing is mobile, I don't
20 know enough about it to know if it would be more
21 cost efficient. But you don't want to, when it
22 comes to health, you don't want to look to cut
23 costs if it's going to cut the chances of people
24 being more helpful and then you run a greater
25 risk of people being less healthy.

16

1 Now, if the state is in control of this
2 or federal government is in control of that, I
3 don't know which one can make it worse, but I
4 would think that if it's mobile and it's over on
5 this part of the state today, and this is the
6 only unit you have to deal with, somebody gets
7 sick over here at the same time, I don't know
8 that you have somebody that is, what we would
9 call an adequate staff to deal with that
10 situation.

11 So I would think that before they
12 implement something like that there should be a
13 lot of considerations that are taking place.
14 But, of course, if it's going to do something
15 that's going to end up either spending more
16 dollars or rerouting and redirecting more and
17 more dollars that already are not getting to the
18 people whom the dollars were first raised for or
19 appropriated for, then I'm certainly not for it.
20 We need to scrap it and look it over and see
21 about some other approach.

22 MR. BOYD: Thank you, Muhammad. One
23 final question, what has, if I could, Mr. Chair,
24 what has been the relationship between your
25 organization and the Graterford administration,

16

1 in terms of receptiveness and assisting you in
2 establishing this kind of network?

3 MINISTER MUHAMMAD: Glad you asked that
4 question. In some respects the relations, I
5 won't say they've been good, but they haven't
6 been bad. I haven't had as much contact with
7 the administration, other than by letter, to
8 make a formal request of our desire to set up
9 ministry there at Graterford. We did not
10 request this when we first went in, we first
11 went in to begin to work the community.

12 However, we did contact Graterford
13 administration, and we were told to contact
14 Harrisburg I think Chaplain Mayo was the one I
15 was told to contact, who would authorize this
16 and get me set up with the State of
17 Harrisburg -- through the City of Harrisburg for
18 the Commonwealth of Pennsylvania, to work not
19 only Graterford, but many other institutions
20 throughout the Commonwealth, because I'm getting
21 letters from everyone that wants me to come in
22 and set up these programs.

23 The thing that, I think at least one of
24 the things that I was led to believe was
25 preparing our efforts to get this done was that

1 they thought the Islamic community already had a
2 chaplaincy set up. We reminded them that we had
3 more than one faction there at this time and
4 that we felt it should be recognized. We did
5 not request this before coming in. We requested
6 this long after we came in to give them evidence
7 of the other community and to give them evidence
8 of our intentions. I don't think that they can
9 say that we're serving ill motives when we have
10 law abiding members in our community. They
11 can't say that the members who represent the
12 Honorable Lewis Farcott there at Graterford,
13 they can't say that these people are giving them
14 problems now. They bring the papers in, they
15 bring the tapes in, the books in, and they are
16 trying to be upright. That's what we teach,
17 that's what we subscribe to.

18 So it's kind of been back and forth
19 between Harrisburg and Graterford. When I
20 contacted Harrisburg, Harrisburg wrote me back
21 saying that the chaplain at Graterford saying
22 they are already set up, but they are not set up
23 to service our community, they are not set up
24 for counseling, they are not set up for helping
25 us to build a stronger community, but they force

17

1 us to work out through the office of our
2 financial transactions and things like that. Of
3 course, this doesn't give our community a sense
4 of dignity and independence to be able to work.
5 We don't mind working in conjunction with
6 another community, but this is not working in
7 conjunction, this is just working in suggestion
8 to, in my judgment.

9 If we can recognize under the Christian
10 boundary, if you will, that there is a Catholic
11 priest there, there is a Protestant chaplain
12 there, there are members of the cloth of other
13 religious denominations, I think that we can all
14 go back to the creation of man. We did not see
15 all these religions. All there was was man and
16 God and man was nominated and now man
17 denominated himself. He is expressing himself
18 through a lot of religious denominations.

19 So if this is going to be the case,
20 then we feel that our community is legitimate
21 and that it should be recognized and that we
22 should be able to set up in Graterford, as well
23 as the other institutions throughout the
24 Commonwealth of Pennsylvania that are
25 communicating with me right now even as I speak.

17

1 MR. BOYD: Thank you. No further
2 questions, Mr. Chairman.

3 MR. CHAIRMAN: Thank you. Mr. Parrish.

4 MR. PARRISH: No questions. Just glad
5 to see you, my Brother.

6 MR. CHAIRMAN: Brother, Minister, we
7 thank you very much for coming here today.
8 Thanks for your testimony.

9 Mr. Michael Ruggieri.

10 (Recess)

11 MR. CHAIRMAN: The time of recess
12 having expired, committee meeting will come back
13 to order. The next person to testify will be
14 Mr. Mike Ruggieri.

15 MR. RUGGIERI: Good afternoon. My name
16 is Michael Ruggieri.

17 MR. CHAIRMAN: Would you spell your
18 name just to make sure we have it correct on the
19 record?

20 MR. RUGGIERI: R-u-g-g-i-e-r-i.

21 MR. CHAIRMAN: Thank you very much.

22 MR. RUGGIERI: We the People Living
23 with AIDS, I'm on the board of directors, also
24 write a monthly column for We the People Living
25 with Aids. I'm on the board of directors of

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1 Aids Coalition Prisons and Jails in
2 Pennsylvania. I work as a teacher for the
3 faculty in educational training center in
4 Hahnemann University, Pennsylvania State
5 Education, representative treatment action work
6 project of San Francisco. I'm contributing
7 owner to Path. I'm real involved in AIDS
8 advocacy, also great, great, great, great
9 grandson of Zachary Taylor, 12th president of
10 the United States and James Madison. My family
11 has been involved in the politics for quite a
12 while.

13 My reason for being here today,
14 Mr. Boyd had called me to your aid and asked me
15 to come speak today on testimony on health care
16 in the prison situation. I was diagnosed with
17 AIDS in 1986, which I probably had for at least
18 two years before that. I had it for about nine
19 years. I was diagnosed in prison. I was put in
20 the hole, kept in isolation. I was in Chester
21 County Prison, I was in Dauphin County Prison.
22 I had state sentence, spent most of my state
23 sentence in the county prisons. My laundry was
24 burned, I was discriminated against,
25 confidentiality was breached, suffered cruel and

17 1 unusual punishment, I filed a lawsuit.

18 2 I suffered while I was in prison. I
3 had dietary problems, I had holes in my
4 esophagus where I couldn't eat solid food. More
5 or less, the attitude in prison was that it was
6 my own stupid fault for getting AIDS, I should
7 have thought more about it before I got it. I
8 was just to deal with it. When I told the
9 medical staff I was sick, they told me we won't
10 be able to deal with these, what do you expect
11 us to do, you're in jail.

12 I didn't feel like being denied health
13 care should be part of my punishment. I could
14 deal with the punishment, but I couldn't deal
15 with being denied health care, especially at the
16 time I was diagnosed. I was scared, I didn't
17 know a whole lot about AIDS. Pretty much in
18 shock at being put in the hole. Started reading
19 the bible a lot. They told me I had six months
20 to two years to live. They would do what they
21 could to get me out of prison. Nobody did
22 anything for me. I put in numerous sick call
23 requests, I wouldn't be put in. Things were
24 really bad.

25 There was a lot of inmates that were

18

1 not real literate. I was more articulate, so I
2 started writing letters to elected officials,
3 churches, and outside agencies, as far as to try
4 and get some help. Newspaper picked the story
5 up, came into the prison. I started to get some
6 publicity, things got a tiny bit better.

7 The health care at that time, Prison
8 Health Services was out of Wilmington, Delaware,
9 was the health care provider at the prison.
10 They had a budget that consisted of \$5.86 per
11 inmate per year with a scaling for insurance
12 between 15 and \$25,000 a year for catastrophic
13 illness, accidents, and single injury or AIDS.

14 Most of the doctors that worked there
15 were retired and their medical training was
16 probably 40, 50 years ago, and they weren't
17 really aware of what was going on with AIDS.
18 They weren't infectious disease specialists.

19 We had a four-bed infirmary. You were
20 shackled on your stomach on all fours, no TV, no
21 smoking, no bathroom door. There was a shower,
22 nobody got to use that. This was for men and
23 women. Four-bed infirmary. Their diagnostic
24 equipment consisted of paper thermometers, blood
25 pressure testers, stethoscope, and tongue

18

1 depressers. That was about it. The cure for
2 everything was generic Tylenols that crumbled
3 after half the time. It was really poor.

4 I had several problems, especially with
5 my dietary. My mouth was ulcerated real bad.
6 Other times they would say we don't have the
7 medication, we don't know what to do. They have
8 to write to the main company and get permission
9 to do tests that I needed. See, I couldn't
10 swallow. I couldn't swallow.

11 Pretty much in the county prison
12 situation, they figured you're either going to
13 stay or get out to keep costs down unless you
14 get so sick they are afraid you are going to die
15 in prison. Then they would start to speed up
16 your release or parole or whatever. A lot of
17 people saw, especially when dealing with AIDS,
18 don't want to speak up because of the
19 discrimination and fear of harassment and
20 whatever remains. So I, more or less, did a lot
21 by like breaching my confidentiality that we're
22 talking about.

23 I did start getting medication after a
24 while. One prison I was in, I had to wear a red
25 arm band to disclose to anybody. Everybody knew

18 1 that people that had AIDS was more or less let
2 it be known. There was a lot of problems.

3 I was from Prison Outreach. I get
4 letters from inmates from prisons all over the
5 State of Pennsylvania and other states. And I
6 contact a lot direct treatments and sometimes I
7 have some success in helping get inmates
8 treatments, sometimes I didn't. Sometimes I
9 like to bring the attention the Policy 5.03 or
10 Policy OM, PA pursuant to Section 681. These
11 are policies dealing with terminal illnesses in
12 prison like AIDS.

13 While infirmary and prison can't really
14 take care of the medical needs of the inmates,
15 they can petition the judge for reconsideration
16 sentence and the judge can write a court order,
17 move an inmate to another facility subject to
18 the court for treatment. There is a lot of
19 problems in this because after a judge sentences
20 an inmate, after 30 days he loses his
21 jurisdiction. The state parole board assumes
22 your jurisdiction. They aren't very cooperative
23 in dealing with an inmate until he comes up with
24 minimum sentence for parole. Then they do
25 paperwork and all that.

18

19

19

1 In the meantime inmates are suffering.
2 They aren't getting the right attention. The
3 overall cost reduction is they don't take
4 inmates and put him in the real hospital, and
5 people in the medical department don't really no
6 how to deal with the major terminal illnesses.
7 There is not much sympathy for people with AIDS,
8 homosexuals, drug addicts, prostitutes, and
9 whatever. There is a lot of moral judgments.

10 But the thing is a lot of opportunistic
11 infections associated with AIDS are contagious,
12 such as tuberculosis, which is airborne. A lot
13 of people come down with tuberculosis now. It
14 isn't just a problem with people in prisons that
15 you can get rid of the lower eschelon criminals.
16 These people are having visitors, guards working
17 there, administrators, faculties, they are
18 giving it to their children who bring it to
19 school through the adult community and giving it
20 to other people. Problem is going to escalate
21 like the national deficit. It's got to be dealt
22 with.

23 A lot of these private health care
24 companies, their goal is cost reduction. They,
25 more or less, train people to work for them, not

19

1 write anything in the records that they can be
2 held criminally liable for unless they take it
3 to court. U.S. Supreme court in the recent,
4 they are taking for 1983 Civil Rights petition
5 filed against where they subpoenaed the medical
6 records. So they write things that are very big
7 in medical records so that they can't be held
8 criminally liable. In effect this is what they
9 are doing, being negligent with people lives,
10 trying to keeping costs down.

11 County prisons might have a smaller
12 budget than someone in the state prisons. They
13 don't have as much money to work with. When
14 they have been on a contract for \$6.1 million,
15 they have a year to work in that budget. If
16 they have a couple of people with AIDS, they are
17 costing a couple hundred thousand dollars for
18 health care, they wipe out the budget.
19 Everything is all involved in that budget.

20 People are getting minimal health care.
21 They have a list of approved medications,
22 chronic medications for serious illnesses. They
23 have a list of timely lengthy processes where
24 they have to write to a big company owner of
25 health care to get permission to use treatments,

19

1 medications, or take them out. In the meantime,
2 people and their conditions are getting worse
3 and worse. A lot of times people don't get the
4 medication before they die. Just seeing people
5 that are in prison don't have family support,
6 church support, something, they aren't real
7 articulate, they are norm. Somebody that has
8 got a lawyer, family that they need health care,
9 those people might get a little better
10 treatment.

11 It's a lot of disadvantaged people they
12 are homeless or whatever, sick. There is
13 something stupid. You have a lot of people in
14 there from shoplifting because they are hungry
15 or whatever. I'm not saying it's right. It is
16 a serious threat to society and they are being
17 killed in jail. Then you have more and more,
18 House Bill 743, House Bill 930, House Bill 804,
19 301, where they want to make mandatory testing,
20 mandatory sentences of HIV and a whole lot of
21 other tests. I guess at one time they wanted to
22 make summer camps for people with AIDS. I don't
23 want to see something like that happen.

24 I don't think it's an enormous problem
25 that's going to go away. It's just getting

19 1 worse. The number of HIV positive inmates as
2 shown, statistics show, not the numbers, and
3 these are likely underestimation of the true.
4 As of February 11th, 1992, there were reportedly
5 278 HIV positive inmates in Pennsylvania
6 institutions, 38 with full-blown symptoms, 14
7 out of 88 were to the AIDS. These numbers are
8 high. Realities are a problem with far more
9 injectable positive than being reported. No
10 records are kept of the number of HIV positive
20 11 inmates in the county prisons.

12 Estimating that the serum positivity
13 rates in Pennsylvania prisons and jails range
14 from 3 percent to 12 percent. Actual number of
15 HIV infected people in Pennsylvania State
16 Correctional Institutions is probably between
17 630,520 people, and this would mean between
18 1,170, 4,680 HIV infected inmates in the state
19 and no end in sight. As of April this year,
20 7,826 people in Pennsylvania with AIDS. That's
21 probably much higher than that, because that's
22 just reported cases. This problem isn't going
23 to go away. It's unfortunate. It's going to
24 cost a lot of money to deal with. It's got to
25 be dealt with or the problem is going to get

1 worse.

2 This is more or less why I'm here, to
3 let people know this is a problem. I have six
4 recommendations made up by prison society and
5 coalition for prison and jails. First one being
6 Secretary of Health and Commissioner of
7 Corrections should convene and personally
8 participate in deliberations that enter the part
9 on HIV planning counsel, including
10 representatives from the community to develop
11 effective public health system into state
12 prisons and jails.

13 Number two, Pennsylvania Secretary of
14 Health should order this department to regulate
15 and issue detailed up-to-date standards of care
16 for HIV disease and ensure that they are
17 disseminated to all prisons and jail health care
18 providers. Extra emphasis should be placed on
19 the frequency unrecognized patients of HIV
20 disease. Minimum standards developed by the
21 National Center of HIV Disease and publish in
22 its March 1991 report on HIV disease in
23 correctional facilities or a model.

24 Number three, Secretary of Health and
25 Corrections in the Governor's office of

20

1 administration should cooperate to expand
2 current HIV training for programs for state
3 health care workers to reach health care workers
4 providing care to people with HIV and county
5 prisons and jails.

6 Four, Parkinson Health and Correctional
7 should provide more funding, logistical support
8 to our county health departments and local AIDS
9 service organization, and to state and county
10 prisons to supply specialized counseling,
11 education, and other care.

12 Five, correctional administrators must
13 understand and enforce the limitations of
14 confidentiality of HIV-related information act.
15 Under state law, HIV testing cannot be
16 compelled, must be confidential by appropriate
17 counts. Moreover, results of HIV tests and
18 other HIV-related information cannot be
19 distributed to non-medical personnel without
20 subject written permission.

21 Number six, quality of health should
22 assure that its public information materials
23 explain how confidentiality is involved and all
24 of its implications for prisons and should put
25 its legal staff at the disposal of local gag

20

1 law.

2 I'm contacted by a lot of prisons,
3 Graterford, director of treatment. I've had
4 conversations with the superintendents of
5 Rockview, Smithview, Camp Hill, and others.
6 Some of them are looking for people to come in
7 and provide support, educational seminars. It
8 seems to be a problem with Department of
9 Corrections, Diane Marks, I don't really know
10 who the problem is, there is so much paperwork,
11 things have to go through this person and that
12 person and you get bounced around.

13 I work closely with a lot of health
14 departments, Montgomery County Health
15 Department, I've been trying to get into
16 Graterford. They have a contract for bid
17 proposal or something to get in there.
18 Everything is just tied up in Harrisburg or
19 wherever.

20 All I can do is ask you to use your
21 influence to chart the problems, I've talked to
22 people. I'm not saying cut people loose from
23 jail or anything like. Provide a little better
24 health care, centralize health care so there is
25 one company providing health care whether it's

20 1 by state or private. It should be a little more
2 controlled, more updated, people should have
3 up-to-date training. It really needs to be
4 looked at how it is to be addressed. If you
5 have any questions, I would be glad to answer
6 them.

7 MR. CHAIRMAN: Thank you very much.
8 Mr. O'Connell.

9 MR. O'CONNELL: No questions.

10 MR. CHAIRMAN: Mr. Parrish.

11 MR. PARRISH: No questions. Thank you
12 for your testimony.

13 MR. CHAIRMAN: I just have one
14 question. In cell blocks across the
15 Commonwealth of Pennsylvania, do you believe as
16 an individual person who has worked with those
17 who have HIV and those who have full-blown AIDS
18 that there should be a separate wing for
19 communicable diseases in the institution?

20 MR. RUGGIERI: The only way that I can
21 see isolating people would be to the fact where
22 the immune system is weakened to the point where
23 breath of germs or poor hygiene of other inmates
24 would be a threat to them. As long as they are
25 still healthy and not real sick, I think they

1 should be allowed to participate in everything
2 everybody else is participating in, jobs,
3 recreation, and everything else.

4 I've had AIDS for nine years, I ride a
5 motorcycle, I play sports. In jail, I didn't
6 have a lot of problems. I'm not gay, so I
7 didn't have a lot of that kind of harrassment.
8 A lot of people with HIV that are gay suffer
9 discrimination and violent behavior. I was
10 never a weak one or coward. People always had
11 to think about what they said to me. I found a
12 lot of different responses. I had people talk
13 to me that wanted to prove they were still
14 friends, shake hands, help me, whatever. People
15 that didn't know what to say or say something
16 that would offend me were real careful about the
17 words. I had a lot of people just act natural
18 around me. And after people got over the
19 initial shock, they came back to just acting
20 normal.

21 I do everything a normal person does.
22 I have to be careful if I have sex with a woman,
23 I use condoms and all that. But with people
24 saying you can't date and all that when you're
25 HIV, I've had a couple girlfriends since I was

1 HIV. I haven't given it to them. I try not to
2 spread it. You don't have that with every
3 person out there. There is some cases that they
4 want to spread it.

5 The big danger is the people who don't
6 know they are HIV and they have HIV and spread
7 it. There is a lot of people you know shooting
8 and people smoking crack and shooting heroin,
9 prostitutes out on the streets, spreading it
10 like crazy. People living in abandoned houses,
11 people at fire hydrants, go into restaurants and
12 use the bathrooms. It's terrible.

13 All the companies are left, all these
14 disadvantaged people, there is help for them.
15 Help runs for everybody, no matter what color
16 they are. I'm friends with every colored
17 person. Our board of directors is gay,
18 straight, black, white, Hispanic. We have
19 everything down there. We have street people,
20 homeless, bankers, nurses. We can't solve every
21 person's problem. We sure try. We give them a
22 lot of support trying. I just would like to see
23 governments get a little more interested in
24 helping people.

25 We get a little bitter sometimes when

1 we see money going to all these other countries
2 and this peoples hate us, but we're right over
3 there dropping all kinds of medicine, lending
4 them money, building buildings. We had people
5 that are sleeping on steam beds, they won't keep
6 them. We have people with AIDS that are
7 homeless, they are dying because they are in the
8 cold. We have a lot of problems.

9 Correctional facilities, they don't
10 really partake people. The gay education,
11 profession, something they do when they came
12 out, when maybe they wouldn't be going back to
13 jail all the time. They come in with court
14 costs, fines, supervision fee for probation and
15 parole, they can't afford a car. If they can
16 get one, they can't afford the insurance. They
17 can't afford rent, bus fare, clothes for the
18 job. Think about what these people are up
19 against.

20 It's bad enough just being out on the
21 street. Coming out of a jail where you had
22 bills and trying to make it, plus having to make
23 reports and therapy. It's impossible for the
24 large people to ever get back into the street,
25 get back into the community. They need more

1 help before they get out the door. We need more
2 places like group homes, halfway houses where
3 they phase back into the community, help them
4 get in a job. Not all these people have
5 families, friends, wives or anything to come out
6 to. They are better off in jail, some of them.

7 They know when they come out, they are
8 never going to be able to comply with the law of
9 probation, they just come out and go on a spree,
10 drinking, drugging, whatever it is they were in
11 there, go back in jail, that's where all their
12 friends are. They don't have anyone outside. A
13 lot of that has got to be changed. It's never
14 going to change. We're just going to have to
15 build more and more prisons, more and more
16 violent disgusted people that are angry about
17 everything.

18 Big problem is now with overpopulation.
19 People are living and living longer, more
20 treatment, more medications. These problems are
21 never going to end. We're going to have to
22 start doing like Australia, economize instead of
23 other continents, economize other plants. I
24 guess that's why we're working on the space
25 program. There isn't any answer in sight. We

2

1 all know that.

2 MR. CHAIRMAN: Any other questions? We
3 thank you very much for your testimony. And we
4 appreciate the input. I don't think economizing
5 plants, I don't think we're going to economize
6 plants. I appreciate the rest of the testimony
7 related to the health care and your sincerity
8 and concern. Thank you very much.

9 Mrs. Frances Zemel here?

10 (No audible response)

11 MR. CHAIRMAN: Dr. Walter Tsou.

12 DR. TSOU: The last speaker.

13 MR. CHAIRMAN: Good afternoon. Do you
14 have a prepared testimony?

15 DR. TSOU: I do.

16 MR. CHAIRMAN: State your name for the
17 record, and you are in order. You may proceed.

18 DR. TSOU: Representative Richardson,
19 members of the Health and Welfare Committee,
20 ladies and gentlemen.

21 I am Dr. Walter Tsou, and I serve as
22 medical director and deputy director for
23 Personal Health Services at the Montgomery
24 County Health Department. I wish to express my
25 appreciation to you and the members of the .

2 1 committee for the opportunity to speak about
2 prison health services. In the limited time
3 that I have available, I would like to
4 concentrate on the issue of tuberculosis in the
5 prisons. I understand you've heard extensive
6 testimony on this topic, also. So I apologize
7 if some of this is redundant.

8 MR. CHAIRMAN: That's all right.

9 DR. TSOU: I choose TB because it is a
10 serious disease and its management is
11 illustrative of the problems within prisons. My
12 familiarity with this subject stems from our
13 health department's work in the state
14 correctional institution at Graterford, which is
15 in Montgomery County. As you know, Graterford
16 is the largest correctional facility in
17 Pennsylvania and has an inmate population of
18 over 4,000.

19 We first learned about a tuberculosis
20 problem in Graterford in July of 1991 when
21 approximately nine active cases of tuberculosis
22 were reported to the Pennsylvania Health
23 Department. Investigation by the Pennsylvania
24 Health Department at that time concluded that
25 Graterford was ill prepared for handling

2 1 tuberculosis cases. When our health department
2 began operations in October of 1991, we began to
3 work with officials at Graterford in an effort
4 to improve their TB program. While there has
5 been a substantial improvement in the awareness
6 and efforts by Graterford on the management of
7 tuberculosis, there are still areas that require
8 improvement. While many of these problems are
9 related to staffing shortages, several problems
10 can be resolved with stronger administrative
11 oversight. I enumerate some of the problems
12 below.

13 One, transfer of medical information
14 from hospitals and other correctional facilities
15 to and from Graterford is inadequate.
16 Procedures and methods for procuring previous
17 medical records and the transfer of these
18 records to other correctional facilities is
19 necessary for the proper continuity of medical
20 care for inmates. It is costly for Pennsylvania
21 to repeat medical work-ups on individuals who
22 have been previously evaluated. The delay in
23 information, especially in patients with active
24 tuberculosis, could seriously jeopardize the
25 health of other inmates and staff.

2 1 Two, because the volume and tracking of
2 2 medical information is so extensive at a large
3 3 institution, such as Graterford, a uniform TB
4 4 registry used by all state correctional
5 5 facilities and/or computerization of this
6 6 information is necessary.

7 Three, internal mechanisms for
8 8 gathering medical lab and X-ray results and
9 9 placing these results on the chart or brought to
10 10 the physician's attention needs to be
11 11 standardized and expedited. As a health
12 12 department, we have occasionally learned about
13 13 lab results on inmates even before the medical
14 14 staff at Graterford. This is not acceptable.

15 Respiratory isolation rooms must be
16 16 made available for all inmates suspected of
17 17 having tuberculosis. Currently Graterford only
18 18 has three such rooms and our own county prison
19 19 has none. These rooms should reverse flow
20 20 ventilated to prevent the spread of tuberculosis
21 21 throughout the infirmary.

22 Five, information on the arrivals,
23 23 discharges, or transfers must be shared with the
24 24 medical staff by the administration responsible
25 25 for security. Occasionally, the medical staff

3 1 was left unaware that the inmate had already
2 left Graterford. In at least two cases, inmates
3 with active tuberculosis were released and lost
4 to follow-up in the community.

5 Six, standard follow-up must be
6 developed to assure that all inmates with
7 suspected tuberculosis take and finish their
8 medications. A review mechanism must be
9 developed to review the medication
10 administration records daily. Non-compliant
11 inmates need to be identified and reviewed with
12 the attending physician.

13 Seven, a person dedicated by each
14 prison must accept responsibility to report all
15 communicable diseases to the local health
16 department. This is necessary to assure that
17 appropriate treatment and follow-up has been
18 provided. Furthermore, our department has
19 assisted Graterford in some of their TB
20 screenings but reporting is less than ideal.

21 Eight, finally, privatization of prison
22 health services has resulted in duplicative
23 administrative structures and led to
24 miscommunications and/or delays. The medical
25 record department at Graterford is administered

3 1 separately from the medical care providers,
2 which simply makes no sense.

3 The bottom line is that while much
4 progress has been made, we still need to improve
5 the management of tuberculosis within our
6 correctional facilities in Pennsylvania.

7 Multi-drug resistant tuberculosis, a disease
8 which currently is extremely deadly and has
9 become a very real problem in several states.

10 Prisons in New York City have been radically
11 changed because of the threat of drug resistant
12 tuberculosis. Our prisons in Pennsylvania have
13 been described as overcrowded, with high risk
14 inmates, with HIV disease, drug use, and poor
15 medical compliance. All of these factors serve
16 as a perfect milieu for developing drug
17 resistant TB.

18 In the 1920s, tuberculosis was among
19 the five leading causes of death in America.
20 Most of the American public would like prisoners
21 to be locked up and forgotten. But unless we
22 provide the necessary resources and exercise
23 appropriate public health principals now in our
24 correctional facilities, we will regret our
25 current pecuniary indecisiveness and .

3 1 bureaucratic complacency. Like a ticking time
2 bomb, we can no longer afford to wait. It's
3 time to act, and the time is now. Thank you.

4 MR. CHAIRMAN: Thank you very much.
5 Doctor, you've testified before this committee
6 before. It's good to see you again. You had
7 enumerated a number of some of the problems. I
8 would like to know whether or not you've had any
9 opportunity at all to ever meet with the
10 Department of Corrections.

11 DR. TSOU: We have not had an
12 opportunity to meet with Commissioner Lehman.
13 We've had had phone conversations with his
14 medical director, Dr. Julie Anderson, and we
15 have been working on a regular basis with deputy
16 superintendent of treatment at Graterford,
17 Mr. Thomas Stachlek, S-t-a-c-h-l-e-k.

18 MR. CHAIRMAN: He's the deputy
19 commissioner of health. Have you met this Diane
20 Marks, director of health services for
21 Pennsylvania Department of Corrections?

22 DR. TSOU: I have not.

23 MR. CHAIRMAN: She's supposed to be the
24 director. She was here, but they couldn't talk.
-25 They were gagged by the Attorney General's

3 1 Office. And the Department of Corrections told
2 them that they couldn't answer any questions. I
3 just wanted to know if you had a chance to talk
4 to them, maybe she'll talk to you and maybe you
5 can find out what is going on.

6 DR. TSOU: I can tell you that the
7 Department of Corrections has released a
8 document describing their policies and
9 procedures concerning tuberculosis.

10 MR. CHAIRMAN: Does it work? See,
11 people can always release documents. Those
12 documents look so good on paper. But what does
4 13 it mean to the inmates who are walking around
14 feeling like they are amongst people who have
15 tuberculosis when it's like a closed mouth
16 thing.

17 One of the things I can say today was
18 that I was appreciative of someone who told us,
19 it was Dr. Ross, who said it's the way you frame
20 your question that gets us sometimes the
21 answers. We were at Graterford yesterday and I
22 asked whether or not there were any cases of
23 AIDS up there, they told me no. They said it
24 was the way I asked the question is why I got
25 that answer, in terms of the tuberculosis

4 1 problem. Maybe you can help shed some light.

2 DR. TSOU: Did they say that there are
3 no cases of AIDS?

4 MR. CHAIRMAN: No AIDS.

5 DR. TSOU: Tuberculosis.

6 MR. CHAIRMAN: Tuberculosis. They said
7 they tested everybody in the institution, and
8 that all those persons that were tested, if they
9 needed, if they needed medicine, they were given
10 corrected medicine.

11 DR. TSOU: They've made the same
12 statements to us. There are situations where
13 people are considered TB suspects where the
14 actual diagnosis, culture diagnosis has not
15 returned yet. And they do have patients in
16 there who are TB suspects, who are pending a
17 diagnosis, formal diagnosis. It takes usually
18 six weeks for these culture results to come
19 back.

20 MR. CHAIRMAN: Isn't that a cute way of
21 subterfuge?

22 DR. TSOU: Yes. I think that's
23 probably not giving you the full answer.

24 MR. CHAIRMAN: In other words, it's not
25 borderline lying, but it's close to it?

4 1 DR. TSOU: I don't want to indict them.

2 MR. CHAIRMAN: I don't want you to
3 indict anybody. It's like stretching the truth?

4 DR. TSOU: The truth, yes.

5 MR. CHAIRMAN: Or the lack thereof. In
6 other words, they don't give all the
7 information, so they can't accuse you of doing
8 anything that looks malicious. But at the same
9 time, you have all these inmates that are being
10 subjected to this health care.

11 What do you believe is the thrust or
12 the movement behind this regionalization concept
13 that they've come up with now that they want to
14 put seven or eight institutions under three
15 different regions dividing up the health care
16 for the Commonwealth of Pennsylvania eastern,
17 central, and western part of the Commonwealth,
18 so that a health care provider in each one of
19 these areas would then become the primary care
20 vendor for those seven or eight institutions by
21 region?

22 DR. TSOU: I have, I guess, more
23 questions than answers to that. In the large
24 part it's related to the quality of who the
25 vendor might be that would serve those eight

4 1 institutions in a given range. A highly
2 competent and qualified vendor with individuals
3 working at a variety of regional correctional
4 facilities with common administrative roles and
5 methods for providing medical care could be
6 actually advantageous to the Commonwealth. But
7 again, the caveat has to be what qualifications,
8 what qualifies such a vendor. Does that make
9 sense?

10 MR. CHAIRMAN: Yes, that makes sense.
11 Because as they are moving, they have already
12 lifted RFPs. My concern is whether or not the
13 bureaucracy that presently exists now by
14 institution by institution to farm this out now
15 regionally, I just want to know whether or not
16 not only the quality of insurance but the
17 assurance that there is going to be some medical
18 delivery service to these inmates who in some
19 cases are indicating, particularly the severe
20 cases of medical illness and other psychological
21 illnesses in the institution, which is mental
22 illness, I'm just wondering how they are going
23 to get a fix on it.

24 They say it's going to be more cost
25 containment, but I'm not sure. We're just

4 1 trying to get for the record so our committee
2 can vote and say we support this or don't
3 support conceptually how that is going to work.
4 I agree with you it's going to depend on who is
5 the person who gives the care.

6 Contract, I don't want to get the
7 contracts. It's going to be built in prior to
8 before they be allowed to be given this contract
9 where certain things are not taken into
10 consideration of the prisoners inside, the kind
11 of coalitions, because many inmates we talked to
12 yesterday feel the people there don't even care.
13 They seem like next number, come on in, next
14 number. Then after one doctor can say this guy
5 has got a serious illness, the next doctor come
15 in and discharges him. I don't understand.

17 Isn't there something about code of
18 ethics amongst doctors that if you diagnose this
19 individual patient as having the sickness, the
20 next day the very, without consulting the
21 doctor, the very next day you discharge him?

22 DR. TSOU: I mentioned to you, there is
23 lack of communication internally, at least in
24 our experience with Graterford.

25 MR. CHAIRMAN: Is it done on purpose?

5 1 DR. TSOU: I think it's not good
2 medical care that you're describing. I have
3 previously testified in front of this committee
4 that the delivery of health care and financing
5 of health care should be considered separately.
6 One of the complaints that you've raised here is
7 illustrative of that point, because we may
8 develop a wonderful cost containment program for
9 prison health services. But if a delivery is
10 fear of quality care, then we have not done
11 ourselves a service to either inmates or the
12 Commonwealth.

13 So I think that to help us perhaps
14 define better that a high level quality of care
15 is administered in the prisons, some efforts
16 should be instituted by the Department of
17 Corrections to describe minimum quality
18 standards for providing health care in the
19 correctional facilities.

20 MR. CHAIRMAN: Thank you. Chair
21 recognizes Mr. Parrish.

22 MR. PARRISH: No questions,
23 Mr. Chairman. Thank you again, Doctor, for your
24 testimony.

25 MR. CHAIRMAN: Chair recognizes

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1 Mr. O'Connell.

2 MR. O'CONNELL: No questions.

3 MR. CHAIRMAN: We thank you very much.

4 We appreciate your comments. Look forward to
5 working with you.

6 Let me for the record thank again
7 Mr. David Yurky, Y-u-r-k-y, who is a volunteer
8 and worker of my office, and has been the
9 coordinator of these past two days of tour at
10 Graterford and hearing and hearing here today at
11 City Council and to also the rest of the staff
12 that office also helped. David has been working
13 on this for quite some time. We want to thank
14 you for helping with the matters of some of
15 those persons that did testify here today.

16 The Chair would also like to recognize
17 the presence of Mrs. Lois Williamson, who is
18 here, who is a prison advocate who is nationally
19 and locally and carries a lot of respect with
20 the kind of work that she does in and out of
21 prison throughout the Commonwealth of
22 Pennsylvania.

23 It is of particular interest that while
24 we will adjourn these hearings today, it is the
25 intention of this Chair, along with

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1 collaboration with the House Judiciary
2 Committee, that we may need another two days of
3 hearings on this prison health care issue,
4 because we certainly did not get much
5 information from the Department of Corrections
6 on this whole health care delivery system. And
7 we must get that on the record.

8 The other thing is that there will be
9 subsequent meetings that the staff will
10 encounter with the Department of Corrections
11 while this lawsuit is pending. I would like to
12 ask that to make sure that we get a copy of the
13 lawsuit from the ACLU so that that can be
14 affixed to the notes of testimony of these two
15 days of hearing, because there was one
16 impediment from hearing from the Department of
17 Corrections. So we need those to be directly
18 tied to this testimony. So that when people
19 read this testimony, they'll understand why we
20 cannot get certain answers.

21 The other thing is that I just believe
22 that there is much to be desired in correctional
23 institutions when it comes to health. We only
24 went to Graterford, and that probably houses
25 more African-Americans and Latino and Hispanic

5 1 persons than any other prison throughout the
2 2 Commonwealth, particularly geographically
3 3 located near the City of Philadelphia. And the
4 4 western part of the state, we have Western Penn
5 5 out in Pittsburgh. I still don't believe that
6 6 the population is as great as it is with respect
7 7 to Philadelphia and Graterford. The rest of the
8 8 institutions are spread out all over the
9 9 Commonwealth and very difficult to get to in
10 10 traveling. A lot of us have problems getting to
11 11 see those other ones inside the institution.

12 As relates to the health care, my
13 13 concern that if, in fact, we're going to move
14 14 reasonably, that's got to be taken into
15 15 consideration of who is administering the health
16 16 care to these individuals, particularly without
6 17 compassion or concern of the individual's
18 18 health. It may be a preconceived notion, sort
19 19 of like low expectancy of individuals that live
20 20 or reside in institutions, such as in prison
21 21 systems in Pennsylvania. And therefore, if the
22 22 clinical persons have a low esteem and a low
23 23 expectation of the people that they are supposed
24 24 to be helping, then they probably are not going
25 25 to be getting health care that they need. That

6 1 needs to be factored into any RFPs that are
2 going to be presented to the Commonwealth before
3 these vendors are allowed to get the contracts.
4 That's got to be a prerequisite for getting it
5 and also should be tied to insurance of quality
6 of care for those individual inmates.

7 So on that note, we're going to adjourn
8 this hearing with the proviso that the
9 chairperson, both Health and Welfare Committee
10 and the Judiciary Committee will be calling for
11 additional hearings on this subject matter of
12 prison health care for the Commonwealth of
13 Pennsylvania. This meeting is adjourned at 4:50
14 p.m.

15 (Hearing concluded at 4:50 P.M.)
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C E R T I F I C A T E

I, Tammy J. Rinehart, Reporter, Notary Public, duly commissioned and qualified in and for the County of York, Commonwealth of Pennsylvania, certify that the foregoing is a true and accurate transcript of my stenotype notes taken by me and subsequently reduced to computer printout under my supervision, and that this copy is a correct record of the same.

This certificate does not apply to any reproduction of the same by any means unless under my direct control and/or supervision.

Dated this 21st day of May, 1993.

BY: 
Tammy J. Rinehart, Reporter
Notary Public