Testimony before the Pennsylvania House Aging and Youth Committee

Elder Abuse in Pennsylvania Informational Hearing

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Diane A. Menio, Executive Director

100 South Broad Street ♦ Suite 1500 ♦ Philadelphia, PA 19110

800-356-3606

www.carie.org

www.caregivergps.org

Introduction

Good morning. My name is Diane Menio and I represent the Center for Advocacy for the Rights and Interests of the Elderly (CARIE). Thank you for your interest in elder abuse and for the opportunity to present testimony today.

Founded in 1977, CARIE is a nonprofit organization dedicated to improving the quality of life for frail older adults. CARIE's focus of concern spans the long term care continuum from those who live at home to those who are living in facilities. Older adults with physical or psychological impairments are often a silent group and are not able to advocate for their needs. CARIE works to protect their rights and promote awareness of their special needs and concerns. CARIE provides a range of services to help older victims of crime, abuse, and financial exploitation. In addition, we provide extensive outreach and education measures to try to prevent problems from occurring. Our professional abuse prevention training programs are packaged under the Competence with Compassion™ brand promoting a stronger and better trained workforce with a goal of providing quality care for frail older adults with long term care needs. "An Abuse Prevention Training Program" teaches long term care staff abuse prevention techniques. "Creating an Ethical Culture for Long-Term Care" is designed to educate and assist long term care practitioners in making ethical decisions. CARIE coordinates Pennsylvania's Senior Medicare Patrol (PA-SMP) program to help fight Medicare and Medicaid fraud. We have more than 75 retired Medicare beneficiaries who provide peer education about health care fraud and inform consumers what they can do about it. The PA-SMP program is available to help staff tables at legislative fairs when needed.

Elder Abuse - the Issues

Elder abuse is a major problem that causes great suffering. Elder abuse is about 40 years behind child abuse and about 20 years behind domestic violence in terms of knowledge of the problem and a cohesive national response. The World Health Organization captured the essence of the issue when it stated, "Elder abuse is a violation of human rights and a significant cause of illness, injury, loss of productivity, isolation and despair." The mistreatment of elders occurs in both private homes and institutional settings. Elder abuse takes many forms – physical, sexual, neglect, self-neglect, psychological and financial, and it cuts across all racial, ethnic, socioeconomic and geographic boundaries. Although poverty, disability, mental incapacity, increasing old age (those 85+) are all factors that create the greatest risk. The National Center on Elder Abuse (www.ncea.aoa.gov) is good source for further information and resources about the problem.

Researchers believe that elder abuse is underreported, since many victims suffer from dementia, feel shame, or fear being forced into a nursing facility, but even so, the statistics are staggering. It is estimated that 10% of those over 60 living at home are victims of abuse and this may reflect only a fraction of the problem. Even more disturbing is that almost half of people with dementia become victims of abuse or neglect. The issue of the unbefriended elderly with dementia and the lack of a national focus on this population prompted CARIE to draft a white paper that is being used to help advocate for their needs.

Financial abuse is of epidemic proportions. The MetLife Mature Market Institute estimates that the annual financial loss for victims is estimated at \$2.9 billion in 2010, an increase from \$2.6 billion in 2008. The economic cost of elder abuse is a major drain on Medicare, Medicaid and private dollars.

Older adults depend upon these resources to help meet their needs as they age, and some lose everything including their homes. Once gone, they often never receive adequate retribution for their loss.

Unfortunately, the victimization of older adults does not end there. Various crimes, scams, schemes and frauds are routinely perpetrated on older adults often with devastating outcomes. Older adults also experience abuse and exploitation at the hands of their guardians and fiduciaries, the very people who are supposed to be responsible for their well-being.

Policy Recommendations - Addressing the problems

The need to prevent and stop elder abuse and financial exploitation is imperative. One of the solutions to elder abuse is for older adults and their families to talk about and plan for possible incapacity. For those showing early signs of dementia, this is particularly important, as they may eventually lose all capacity to make decisions including whom they would prefer to act on their behalf. Financial capacity is often the first type of decision-making to deteriorate with the onset of dementia or cognitive impairment, and this decline makes older adults vulnerable to abuse. Since residents of long term care facilities such as nursing homes, assisted living, personal care homes, and continuing care retirement communities may also be victimized, interventions to stop or prevent abuse and financial exploitation should also be targeted to consumers in residential settings. Here are a few recommendations to consider.

- 1. Improve awareness of and intervention in elder abuse and financial exploitation by conducting an ongoing broad-based public education campaign. Provide outreach and education about elder abuse, financial exploitation, and signs of diminished capacity to financial and health care professionals. More needs to be done to stress the importance of financial planning through educational campaigns especially targeting physicians who are on the front lines of identifying declines in health. Banks should be encouraged and supported in playing a more active role in detecting and preventing abuse. Certified Public Accountants (CPAs) should be educated since they are in a unique position particularly at tax time to spot "red flags" that should be reported. Judges and court staff may not be sensitive to the unique needs of older victims due to ageism and a lack of training. There is a need to have court staff and law enforcement learn about the unique issues impacting older adults and be made aware of beneficial resources.
- Increase support for legal services to ensure that these extremely important services are
 accessible to older adults who face complicated rules involved with vital public programs, who
 need assistance in completing advance planning documents, and who are targeted for scams
 and abuse.
- 3. Improve funding and provide better technical support to local Older Adults Protective Services (OAPS) to enable OAPS staff to more effectively respond to cases of abuse.
- 4. Encourage law enforcement and prosecutors to investigate cases of financial abuse in a timely way, and seek and secure restitution for victims of financial exploitation and scams.

- 6. Prevent premature guardianships and develop a standardized system of routine monitoring, reporting and oversight of guardians. Encourage the use of the least restrictive form of guardianship when guardianship is needed. Guardianship and alternatives to guardianship also needs to be explored in conjunction with elder abuse and OAPS. Guardianship should only be used as an option of last resort. However, guardianship is often the only tool in the toolbox for OAPS when someone is being abused and has issues with capacity. Since guardianship takes all rights and control away from the consumer, other alternatives such as financial management or bill paying services should be made available. Walking the tightrope of balancing safety versus an individual's autonomy and freedom is a daunting task in abusive situations. If guardianship is indeed the most appropriate option, guardians should be monitored to make sure the older adult is not further victimized by less than well meaning guardians. Legal services should also be available to help represent consumers in court and provide assistance during the guardianship process. Some best practices for guardianship should be implemented I've brought a copy of recommendations that we made after completing a statewide study of guardianship in 2012.
- 7. For individuals in institutional settings, it is important that standards be maintained for adequate staffing and training of staff as these factors frequently contribute to poor care, neglect and abuse if standards are not met. Educate administrators and staff at long term care facilities about the warning signs of exploitation, how to report problems, as well as available community resources.
- 8. Help make the criminal justice system friendlier to older victims of crime and abuse by increasing support and better publicizing the Victim Assistance Program to include television and radio PSAs. Make video technology available at local police districts for preliminary hearings to make it easier for seniors to participate because travel to court can be challenging for older adults and it would minimize their fear of contact with the perpetrator and the perpetrator's supporters in court. When presenting cases to be heard to the judge, both for preliminary hearings and trials, prioritize cases involving seniors regardless of the defense attorney status. For example, when at all possible, senior victims cases should be heard first. They should not have to wait just because their predators cannot afford private counsel. Victims Compensation Assistance Program (VCAP) claims should expand the timeframe for making amended police reports so that seniors or their estate/caregivers can properly inventory losses in cases of burglary, thefts, etc. Two weeks is not enough time in many

cases. Finally, include transportation costs for trips to court for Protection from Abuse (PFA) hearings and private criminal complaints filings and attendant costs.

- 9. The American Bar Association Commission on Law and Aging has background information and many useful policy recommendations including good model acts for states to enact, such as the Uniform Power of Attorney Act (UPAA) that would create clear standards for agent conduct. The Pennsylvania Joint State Government Commission released a report in March 2010, "Powers of Attorney: Proposed Amendments to the Probate, Estates and Fiduciaries Code," that made recommendations as to what provisions of the UPAA are needed in Pennsylvania. Another model act worth reviewing is the Uniform Multi-Person Accounts Act to serve as an alternative to the traditional joint bank account, which allows someone to help manage the account and pay bills on behalf of the owner of the account, but upon death, the account is distributed based on the Will.
- 10. Explore Maine's lead in passing a law (L.D. 527) that deems that people with dementia or other cognitive impairments are not able to provide consent to financially abusive conduct that constitutes a crime, and that their consent cannot be induced by "undue influence," or caused by manipulation. This may offer another tool to law enforcement and prosecutors to pursue cases where the person is left destitute because of the misuse of their assets by someone who had a right to use them.

Conclusion

Elder abuse is a problem most people would rather ignore. While we cannot alleviate all of the suffering, we can do better. Fighting elder abuse requires a multidisciplinary approach but unfortunately, systems are not adequate to address all of the needs. Informing the public about how to prevent elder abuse in their lives and families is a good first step. We must not let our loved ones live in isolation and we must encourage older adults and their families to talk and plan for incapacity. Older adults should be taught how to be good consumers and to reach out for help when needed. Whenever possible, we must also try to better incorporate elder abuse issues into the aging, law enforcement, legal rights, mental health, and disability rights networks. We all must work to balance autonomy, privacy, and safety of older adults when confronting elder abuse.

We hope you will continue to explore measures to reduce the incidence of elder abuse by improving Pennsylvania's ability to respond to the problem and help older consumers address abuse, ensure their autonomy and safety, protect their savings and homes, and fight crime and scams. We would be pleased to work along with you to help advance a positive agenda to ensure the dignity and safety of older Pennsylvanians. Thank you again for the opportunity to comment and for sponsoring today's hearing.

Chart of Recommendations

CARIE Guardianship Study

7/31/2012

100 South Broad Street/Suite 1500, Philadelphia, PA 19110

Recommendation #	Recommendation	Sources	Responsibility
	SYSTEMS CHANGE RECOMMENDATION	NS	
1.1	 A centralized Office of Guardianship Support should be established in Pennsylvania. This should be a conflict-free entity that supports guardians and protects the rights of all citizens under guardianship. This entity should be responsible to: Train guardians Oversee a guardian registry Monitor guardian compliance with reporting requirements Develop and implement a statewide guardianship certification system and requirements Conduct education and develop training materials Provide education and support about resources and alternatives to guardianship Support judges in their work and their understanding about alternatives through publications of desk reference materials on available alternatives. 	JSGC 2007, CCJ/COSC 2010, Focus Groups, A40, A48, A55, A59, A60, L37, L41	PA Legislature
1.2	AAAs should receive guidance that articulates expectations and be provided with written policy on all aspects of guardianship. The guidance should include: • Expectations about the role of the AAA in the guardianship process, • Recommendations around the investigation and research AAAs will be expected to do prior to and during the process of seeking guardianship, • Requirements around how to prevent conflicts of interest-specifically addressing shared or combined jobiresponsibilities it is serving as Ombudsman and Guardian or Protective Services Worker and Ombudsman, • Requirement to include in AAA policies clear processes and procedures for how decisions are made to file for guardianship and by whom (lines of authority), and		PDA

Recommendation #	Recommendation	Sources	Responsibility
	 Requirement to specify how guardians will fulfill their obligations: and be monitored by the AAA in service to ward(s). 		
1.3	The Long-Term Care Ombudsman staff and volunteers should be	Focus Groups, Key	PDA
	thoroughly trained in guardianship matters and provided guidance in	Informant Interviews, A31	
	their role as resident advocate for persons who have a guardian.		
	Ombudsman should be empowered to report to courts instances of		
	guardian misuse of power or neglect and should be advised to alert the		
	court when a nursing facility closes or is unstable to help guardians and		
	the court with relocation of residents.		
1.4	Develop and provide a required training on the Guardianship process for Nursing Home, Personal Care Home, Assisted Living, and LIFE administrators as part of initial licensure and/or as a continuing education topic.	Focus Groups, Key Informant Interviews	PDA in partnership with Dept. of Education and representative Associations
	PRE-HEARING RECOMMENDATIONS		
, <u></u> _.	Training and Public Education		
2.1	A curriculum should be developed and required for all Protective Services	Focus Groups, Key	PDA
	workers and supervisors. The training should include: formalized,	Informant Interviews, A6,	
	standardized training in how to do capacity assessments, how to	A10, L22-23, L31	
	understand changes in capacity, and how to evaluate causes of		
	incapacity. Existing guardianship training should be broadened so that		
	more than just a basic overview is offered; the range of offerings should		

more than just a basic overview is offered; the range of offerings should include more advanced practice guardianship discussions and guidance. The Commonwealth should partner with statewide healthcare Focus Groups PDA, DOH, OLTL/DPW, PA 2.2 associations to develop and implement a strategy to educate healthcare Dept. of Education, PA providers about the importance of and how to conduct early and routine Medical Society, Nursing Home/PCH/Assisted Living/ cognitive function screenings for older patients. Home Care Associations The new Office of Guardianship Support should partner with appropriate WINGSPREAD 1988 -Office of Guardian Support in 2.3 state agencies to launch a statewide, public education campaign to Recommendation II-D, partnership with other state educate older adults, family members, lawyers, judges, providers and the WINGSPAN 2001 - 10, 11, agencies/stakeholders general public about what guardianship is and about what alternatives and 57, JSGC 2007, A58

4	Chart of Recommendations with key sources and responsibility

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2.11	Expert evaluations should be accepted only from a licensed professional who knows the AIP and, if not, by someone who has taken sufficient time to meet the individual, get familiar with their family and circumstances, and reach a conclusion in the context of the individual's medical history, records of which the professional has reviewed.	Key Informants, Focus Groups	Courts
	<u>Petition</u>		
2.12	All petitions should specify whether there is an actual or anticipated conflict such that adequate time, resources, and advanced preparation can be allocated for the hearing. Additionally, petitions should include a statement of what steps were taken to identify interested persons.	Key Informants, Lawyer Survey, A14, L24	Courts
	Guardian Selection		The state of the s
2.13	AAA petitions for guardianship should only recommend a proposed guardian that the AAA has fully screened and has determined to be qualified to serve as guardian. Further, the Petition should recommend a guardian that is in line with the AIP's understood preferences about who would serve as guardian or serve as decision-maker through prior executed estate planning or decision making documents.	WINGSPREAD 1988, III-E, A27-28, A31	PDA
	<u>Guardian Screening - Pre-Hearing</u>		
2.14	Professional guardians should be required to have guardian certification and a State Board of Guardianship should be created to oversee the certification and ongoing compliance of guardians. Additionally, all professional and lay guardians should be subject to background check requirements that include such things as a credit check, judgment check, criminal background check, and child abuse clearance check. These items should be required to be attached to the petition for guardianship.	1987 House Select Committee Report, JSGC 2007, Key Informants, A26- 28, A31, L22-23, L26	PA Legislature
	Less Restrictive Alternatives		
2.15	Attorneys and judges should have access to complete information, including continuing legal education and continuing judicial education sessions, about less restrictive alternatives.	WINGSPREAD 1988 – Recommendation I-A, JSGC 2007, A58, L40	Courts in partnership with PBA

2.16	Further study should be conducted to evaluate whether sufficient funds are provided to local AAAs to provide the services that serve as alternatives to guardianship. To do this may require an evaluation of whether AAAs have sufficient funds and infrastructure to provide supports for families in crisis who need a temporary solution but end up in guardianship because of the absence of supports during the crisis.	Key Informants, Focus Groups, A41-42, A51-52, A54, L16, L19	PDA
2.17	The Pennsylvania Legislature should enact a requirement for registration of Powers of Attorney. A standard form for Powers of Attorney should be developed and implemented that incorporates necessary provisions for succession and success in the event of conflict.	Key Informants, Focus Groups, A54, L18-19	PA Legislature:
2.18	A process or forum (mediation) within which to resolve problems with a POA so as to help avoid those guardianships that are filed as a consequence of problems with an agent under POA or with a POA instrument should be explored and implemented.	Key Informants, Focus Groups, L18, L19	PDA in partnership with PBA and other stakeholders
2.19	Options should be explored that address how to ensure that Nursing Facilities are completely evaluating all avenues to facilitate getting paid before they involve the AVA to pursue guardianship as a means of accessing the funds to pay for care.	Focus Groups, A45-46	PDA, OLTL/DPW
2.20	OPTIONS counseling should incorporate questions and information about incapacity planning. Likewise, these questions and information should be incorporated into the Aging Waiver and other LTSS programs' service coordination and an annual responsibility to visit the topic of incapacity planning to prevent the need for guardianship.	Key Informants, Focus Groups	PDA, OLTL/DPW

should be required to address these issues through motions prior

to the hearing.

Expert Witnesses in a manner that may minimize the cost of participation.

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3.5	Consistent policies should be adopted to ensure that guardianship hearings are private and respectful of the AIP and that they not take place in a courtroom with strangers present.	Key Informants	AOPC, Courts
	On or off the record		
3.6	The Courts should ensure that the entire guardianship hearing is on the record.	Key Informants, L20	Courts
	<u>Confidentiality of Records</u>		
3.7	Confidentiality of records related to guardianship should be studied	Key Informants, focus groups	PA legislature, Courts
	<u>Guardian Selection</u>		
3.8	A guardian in line with the ward's preferences should be appointed whenever possible.	WINGSPREAD 1988 Recommendation III-E	Courts
	Guardians Qualifications		
3,9	The proposed guardian should be required to be present at the guardianship hearing and should be subject to questioning by both parties and the Court as to the qualifications presented in the Petition and as to the proposed guardian's understanding of all the duties and responsibilities to the ward and to the Court.	Key Informants, A28, A30, L22, L27	Courts
	Training and Information for Guardian	<u>S</u>	
3.10	The new Office of Guardianship Support should facilitate a collaboration of the Courts, the PDA, the PA Bar Association, and the other interested stakeholders in developing a model orientation and training programs for guardians, following appointment, which must be completed within a fixed number of days (e.g. 30 days) from appointment. The Model guardian training and orientation can include handbooks, online interactive materials, and videos.	JSGC 2007, NPCS 3.3.13, CCJ/COSC 2010, A31, L23	Office Guardian Support in collaboration with PDA, PBA and other stakeholders

4.2	Further study should explore whether there should be fixed review hearings or whether they should be triggered only upon a capacity reevaluation finding a need for Court review. Specifically, the study could evaluate whether courts would be more inclined to grant limited guardianships if they know the matter will be returning annually for review and possible adjustment to the guardianship order. Standards for Guardians' Performance	NPCS 3.3.16 (recommending period review by the court), 1987 House Select Committee (recommending time limited guardianships)	AOPC, Courts in collaboration with key stakeholders
4.3	The new Office of Guardian Support should facilitate collaboration between the Courts, the PDA, the PA Bar Association, the PA Legislature, and other interested stakeholders in developing and implementing written standards or rules of practice and procedure for guardians. These should: • include ethical obligations and should be applicable to all professional and lay guardians; and • specify that a guardian should "exercise authority only as necessitated by the ward's limitations and, to the extent possible, shall encourage the ward to participate in decisions, act on the ward's own behalf, and develop or regain the capacity to manage the ward's personal affairs." Additionally: • a guardian should become and/or remain personally, acquainted with the ward: • maintain sufficient contact with the ward to know of the ward's capacities, limitations, needs, opportunities, desires, personal values, and physical and mental health; and • the guardian should be required to consider the expressed desires and personal values of the ward to the extent known to the guardian and to, at all time, actin the ward is	WINGSPREAD 1988 = Recommendation 1-B; IV-C, and V-D; WINGSPAN 2001 Recommendation #45, National WINGSPAN 1 Implementation Session 2004, Third National Guardianship Summit 2011, Conference of State Court Administrators 2010 UGPPA 314, A28, A31, A48, A57, I26, I31-33, I40	Office of Guardian Support in collaboration with the courts, PDA, PBA, PA Legislature and other stakeholders
4.4	best interest and exercise reasonable care, diligence, and prudence. A prohibition on conflicts of interest such that guardians and guardianship agencies not directly provide services such as housing, medical care, and social services to their own wards, absent court approval and monitoring should be enacted and enforced.	WINGSPREAD 1988 – Recommendation VI-A, WINGSPAN 2001	PA Legislature

4.8	The court order should require guardians to cooperate with other surrogate decision-makers (such as any other guardian, conservator, agent under a power of attorney, health care proxy, trustee, VA fiduciary and representative payee for the ward.	Third National Guardianship Summit 2011, A32, A54, A57, L31	Courts
4.9	The Courts should require guardians of the estate to keep records of the administration of the estate and to make them available for examination on reasonable request of an interested person and should report on the assets under control and a list of receipts, disbursements, and distributions during the reporting period (PA Statute only requires this for income).	UGPPA 1997, A35, A40, A47-48, L22-23, L27, L35- 36, L41	Courts
	Guardian Support		
4,10	The new Office of Guardianship Support should develop programs for ongoing training and assistance of guardians: in meeting their duties to their wards and to the Court	WINGSPREAD 1988 — Recommendation V-A, WINGSPAN-2001, A27-28, A31, A51, L22-23, L40-41	Office of Guardian Support in collaboration with stakeholders
e e e e e e e e e e e e e e e e e e e	Guardians' Fees		
4.11	The Guardianship Statute should be revised to indicate that guardians fees may not be paid from income or principal unless approved by the Court and to establish parameters for what is reasonable compensation based on elements such as those recommended by the Third National Guardianship Summit (2011).	JSGC 2007; Third National Guardianship Summit 2011	PA Legislature
	Involvement of the LTC Ombudsmar		
4.12	The Long-Term Care Ombudsman program should include training and materials on the proper role of the ombudsman in advocating for residents with guardians in conformance with Federal Jaw.	Key Informants, Focus Groups, A31	PDA
4.13	The AAA should ensure that the Ombudsman is conflict-free and is able to advocate on behalf of long term care consumers regardless of whether they have a guardian.	Focus Groups, A31	PDA

	Penalties for Guardians
4.18	The Guardianship Statute should be amended to adopt language that
	makes failure of a guardian to file a timely report or fulfill other
	requirements a breach of duty and that imposes and authorizes penalties
	for a breach of duty.

JSGC 2007, A37, L22

PA Legislature